

2023 FasTrack National Invitational - 2/10/2023

Ocean Breeze Athletic Complex

Results

Event 1 Men 3000 Meter Run

Name	School	Finals
Finals		
1 Henderson, Shane	Stony Brook	8:02.82
32.538 (32.538)	1:04.559 (32.022)	1:37.208 (32.649)
2:09.724 (32.516)	2:42.383 (32.660)	3:14.974 (32.591)
3:47.692 (32.719)	4:20.136 (32.445)	4:53.466 (33.330)
5:26.566 (33.100)	5:59.093 (32.527)	6:31.179 (32.087)
7:02.679 (31.500)	7:32.828 (30.149)	8:02.818 (29.990)
2 Santos, Carlos	Stony Brook	8:06.30
32.855 (32.855)	1:04.865 (32.010)	1:37.413 (32.548)
2:09.932 (32.520)	2:42.651 (32.720)	3:15.155 (32.505)
3:47.871 (32.716)	4:20.335 (32.465)	4:53.537 (33.202)
5:26.624 (33.088)	5:59.219 (32.595)	6:31.397 (32.178)
7:02.949 (31.552)	7:34.542 (31.594)	8:06.299 (31.758)
3 Brennan, Evan	Stony Brook	8:09.31
32.978 (32.978)	1:05.738 (32.760)	1:37.774 (32.037)
2:10.250 (32.476)	2:42.889 (32.639)	3:15.434 (32.546)
3:48.108 (32.674)	4:20.654 (32.546)	4:53.762 (33.109)
5:26.830 (33.069)	5:59.513 (32.683)	6:31.866 (32.354)
7:04.768 (32.902)	7:37.676 (32.909)	8:09.306 (31.630)
4 Coffey, Matthew	St. Joseph's	8:19.60
33.154 (33.154)	1:05.442 (32.289)	1:37.865 (32.424)
2:10.581 (32.716)	2:43.362 (32.781)	3:16.184 (32.823)
3:49.519 (33.335)	4:23.251 (33.732)	4:57.443 (34.192)
5:31.833 (34.390)	6:06.419 (34.587)	6:40.879 (34.460)
7:15.406 (34.528)	7:48.655 (33.250)	8:19.597 (30.942)
5 Johnson, Colton	St. Joseph's	8:22.31
32.925 (32.925)	1:05.513 (32.588)	1:38.251 (32.739)
2:11.364 (33.114)	2:44.174 (32.810)	3:16.791 (32.618)
3:50.227 (33.436)	4:24.246 (34.020)	4:58.291 (34.045)
5:32.568 (34.277)	6:07.244 (34.676)	6:41.714 (34.471)
7:17.019 (35.305)	7:50.726 (33.708)	8:22.305 (31.580)
6 Bridger, Matt	La Salle	8:25.59
32.908 (32.908)	1:05.821 (32.914)	1:38.487 (32.666)
2:11.678 (33.191)	2:44.677 (33.000)	3:17.472 (32.795)
3:50.628 (33.156)	4:24.538 (33.910)	4:58.727 (34.190)
5:33.158 (34.431)	6:07.251 (34.094)	6:41.666 (34.415)
7:15.755 (34.090)	7:49.432 (33.677)	8:25.586 (36.155)
7 Sandras, Alex	La Salle	8:27.00
33.622 (33.622)	1:06.826 (33.205)	1:39.539 (32.714)
2:12.884 (33.345)	2:45.638 (32.754)	3:19.543 (33.905)
3:52.429 (32.886)	4:26.345 (33.917)	4:59.959 (33.615)
5:34.144 (34.185)	6:08.143 (34.000)	6:42.693 (34.550)
7:17.469 (34.776)	7:51.679 (34.211)	8:26.992 (35.313)
8 Bragg, Eben	Stony Brook	8:28.90
33.910 (33.910)	1:07.144 (33.234)	1:39.846 (32.703)
2:13.179 (33.333)	2:46.601 (33.423)	3:20.499 (33.898)
3:54.334 (33.836)	4:29.534 (35.200)	5:04.539 (35.005)
5:39.809 (35.270)	6:15.320 (35.512)	6:50.945 (35.625)
7:26.070 (35.125)	7:58.735 (32.665)	8:28.896 (30.161)

9 Gargani, Anthony	St. Joseph's	8:29.96
33.405 (33.405)	1:06.574 (33.170)	1:39.259 (32.685)
2:12.642 (33.384)	2:46.203 (33.561)	3:20.015 (33.813)
3:54.103 (34.088)	4:29.267 (35.165)	5:03.170 (33.904)
5:37.179 (34.010)	6:12.219 (35.040)	6:47.650 (35.432)
7:23.209 (35.560)	7:57.459 (34.250)	8:29.953 (32.495)
10 Lyndaker, Nicholas	St. Lawrence	8:35.93
33.224 (33.224)	1:06.124 (32.900)	1:39.003 (32.880)
2:12.221 (33.219)	2:45.900 (33.680)	3:19.806 (33.906)
3:53.894 (34.088)	4:29.052 (35.159)	5:04.406 (35.355)
5:40.067 (35.661)	6:15.645 (35.579)	6:51.548 (35.903)
7:27.083 (35.535)	8:02.434 (35.352)	8:35.927 (33.493)
11 Hazlett, Charlie	La Salle	8:36.83
32.678 (32.678)	1:05.288 (32.610)	1:38.014 (32.726)
2:11.009 (32.996)	2:43.563 (32.554)	3:16.559 (32.997)
3:50.007 (33.448)	4:24.034 (34.027)	4:58.518 (34.485)
5:33.420 (34.903)	6:08.639 (35.219)	6:46.451 (37.813)
7:24.361 (37.910)	8:00.929 (36.568)	8:36.829 (35.900)
12 Forrest, Josh	St. Joseph's	8:38.62
36.282 (36.282)	1:12.295 (36.013)	1:46.386 (34.091)
2:20.692 (34.307)	2:54.994 (34.302)	3:30.483 (35.490)
4:06.381 (35.899)	4:42.227 (35.846)	5:17.888 (35.661)
5:53.663 (35.775)	6:28.122 (34.460)	7:02.193 (34.071)
7:37.182 (34.990)	8:10.473 (33.291)	8:38.615 (28.142)
13 Fogarty, Andrew	Unattached	8:39.16
36.566 (36.566)	1:12.894 (36.328)	1:46.962 (34.069)
2:21.921 (34.960)	2:56.820 (34.899)	3:31.514 (34.695)
4:07.447 (35.934)	4:43.130 (35.683)	5:19.282 (36.153)
5:54.067 (34.785)	6:28.418 (34.351)	7:01.840 (33.422)
7:36.979 (35.140)	8:09.482 (32.504)	8:39.154 (29.672)
14 Casey, Jack	Columbia	8:39.66
33.152 (33.152)	1:06.030 (32.879)	1:38.689 (32.659)
2:11.944 (33.256)	2:45.390 (33.446)	3:19.034 (33.644)
3:53.214 (34.180)	4:28.474 (35.260)	5:04.069 (35.596)
5:39.554 (35.485)	6:15.076 (35.523)	6:51.218 (36.142)
7:28.363 (37.145)	8:04.979 (36.616)	8:39.659 (34.681)
15 Nelson, Owen	Columbia	8:41.09
32.725 (32.725)	1:05.011 (32.286)	1:37.713 (32.702)
2:11.179 (33.466)	2:45.189 (34.011)	3:19.269 (34.080)
3:53.609 (34.340)	4:28.590 (34.981)	5:03.892 (35.302)
5:40.109 (36.217)	6:16.214 (36.105)	6:53.280 (37.067)
7:30.340 (37.060)	8:05.979 (35.639)	8:41.086 (35.108)
16 Fontanez, John	Stony Brook	8:41.78
36.408 (36.408)	1:13.242 (36.835)	1:47.091 (33.850)
2:21.236 (34.145)	2:56.213 (34.978)	3:30.740 (34.527)
4:06.638 (35.899)	4:42.441 (35.804)	5:18.075 (35.634)
5:53.389 (35.315)	6:27.691 (34.302)	7:01.753 (34.063)
7:36.708 (34.955)	8:10.152 (33.445)	8:41.773 (31.621)
17 Taylor, Jared	Monmouth	8:42.82
36.223 (36.223)	1:13.176 (36.953)	1:47.735 (34.560)
2:22.971 (35.236)	2:57.627 (34.657)	3:32.547 (34.920)
4:08.651 (36.105)	4:43.909 (35.258)	5:20.173 (36.265)
5:54.961 (34.788)	6:29.295 (34.335)	7:03.028 (33.734)
7:37.793 (34.765)	8:11.906 (34.114)	8:42.813 (30.907)

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results****Finals ... (Event 1 Men 3000 Meter Run)**

Name	School	Finals
18 Guy, Kenneth	Temple	8:43.53
35.889 (35.889)	1:12.248 (36.360)	1:46.199 (33.951)
2:20.962 (34.764)	2:55.548 (34.586)	3:30.947 (35.400)
4:06.951 (36.004)	4:42.630 (35.680)	5:18.425 (35.795)
5:53.542 (35.118)	6:27.541 (34.000)	7:01.361 (33.820)
7:37.022 (35.662)	8:10.688 (33.666)	8:43.528 (32.840)
19 Brocato, Adam	Kutztown	8:43.78
36.723 (36.723)	1:13.390 (36.667)	1:48.005 (34.615)
2:22.471 (34.466)	2:57.350 (34.880)	3:32.152 (34.803)
4:08.176 (36.024)	4:43.085 (34.910)	5:18.746 (35.662)
5:53.885 (35.139)	6:28.336 (34.452)	7:02.214 (33.878)
7:37.231 (35.017)	8:11.044 (33.814)	8:43.771 (32.728)
20 Baah-Mensah, Steven	Monmouth	8:46.32
35.177 (35.177)	1:10.339 (35.163)	1:45.199 (34.860)
2:20.317 (35.118)	2:55.564 (35.248)	3:30.848 (35.285)
4:06.373 (35.525)	4:41.349 (34.976)	5:16.936 (35.587)
5:53.982 (37.046)	6:30.627 (36.645)	7:06.584 (35.958)
7:41.447 (34.863)	8:14.983 (33.537)	8:46.316 (31.333)
21 Ainscoe, Shane	Monmouth	8:46.45
36.994 (36.994)	1:13.491 (36.498)	1:47.813 (34.322)
2:22.373 (34.560)	2:56.981 (34.608)	3:31.738 (34.758)
4:07.720 (35.982)	4:42.804 (35.085)	5:18.620 (35.816)
5:53.596 (34.976)	6:27.768 (34.173)	7:01.513 (33.745)
7:36.810 (35.297)	8:10.823 (34.014)	8:46.450 (35.627)
22 McGarrity, Brian	East Strouds	8:47.10
36.140 (36.140)	1:12.485 (36.345)	1:47.980 (35.495)
2:22.866 (34.886)	2:57.894 (35.029)	3:32.792 (34.899)
4:08.684 (35.892)	4:44.186 (35.503)	5:20.141 (35.955)
5:55.936 (35.795)	6:30.855 (34.919)	7:06.025 (35.170)
7:40.761 (34.736)	8:14.882 (34.122)	8:47.092 (32.210)
23 Chukoskie, Cole	Lafayette	8:47.46
35.833 (35.833)	1:11.593 (35.760)	1:46.472 (34.880)
2:21.951 (35.479)	2:57.776 (35.825)	3:32.712 (34.936)
4:08.686 (35.975)	4:44.069 (35.384)	5:19.902 (35.834)
5:55.412 (35.510)	6:30.946 (35.534)	7:06.347 (35.402)
7:41.253 (34.906)	8:14.766 (33.513)	8:47.458 (32.693)
24 Habalar, Port	Kutztown	8:48.99
37.113 (37.113)	1:13.656 (36.543)	1:48.301 (34.645)
2:22.727 (34.427)	2:57.814 (35.087)	3:32.305 (34.491)
4:08.391 (36.087)	4:43.640 (35.249)	5:19.601 (35.962)
5:54.676 (35.075)	6:30.234 (35.559)	7:05.112 (34.879)
7:40.352 (35.240)	8:15.393 (35.041)	8:48.989 (33.596)
25 Fowler, Sam	Lafayette	8:49.24
36.622 (36.622)	1:12.971 (36.349)	1:46.574 (33.604)
2:21.426 (34.852)	2:55.958 (34.533)	3:31.514 (35.556)
4:07.746 (36.233)	4:43.390 (35.644)	5:19.076 (35.687)
5:54.294 (35.218)	6:28.771 (34.478)	7:04.145 (35.374)
7:40.597 (36.453)	8:15.831 (35.235)	8:49.235 (33.404)
26 Retzios, Carrington	Monmouth	8:51.20
34.728 (34.728)	1:10.147 (35.420)	1:44.827 (34.680)
2:20.205 (35.379)	2:55.332 (35.127)	3:30.691 (35.360)
4:06.157 (35.466)	4:41.117 (34.960)	5:16.823 (35.707)
5:53.789 (36.966)	6:30.789 (37.000)	7:06.934 (36.145)
7:41.885 (34.951)	8:16.802 (34.918)	8:51.198 (34.396)

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

27	Christianson, Josh	Temple	8:52.30	Finals ... (Event 1 Men 3000 Meter Run)		
	34.875 (34.875)	1:09.887 (35.013)	1:44.506 (34.619)	Name	School	Finals
	2:19.951 (35.445)	2:54.787 (34.837)	3:30.804 (36.017)	36 Roberts, Michael	Utica	9:01.11
	4:06.998 (36.195)	4:43.479 (36.481)	5:19.450 (35.971)	35.320 (35.320)	1:12.249 (36.930)	1:49.613 (37.365)
	5:56.100 (36.650)	6:32.112 (36.012)	7:07.529 (35.418)	2:26.405 (36.792)	3:02.948 (36.544)	3:39.390 (36.442)
	7:42.872 (35.344)	8:18.296 (35.424)	8:52.299 (34.004)	4:15.769 (36.380)	4:53.107 (37.339)	5:29.776 (36.669)
28	Soto, Devon	Elizabethtow	8:54.15	6:07.508 (37.733)	6:44.312 (36.804)	7:19.308 (34.997)
	35.589 (35.589)	1:10.824 (35.235)	1:45.881 (35.057)	7:53.989 (34.681)	8:28.522 (34.533)	9:01.102 (32.581)
	2:21.502 (35.621)	2:57.298 (35.797)	3:33.131 (35.833)	37 Schabener, Cody	Kutztown	9:04.38
	4:09.137 (36.007)	4:44.584 (35.447)	5:20.587 (36.004)	36.863 (36.863)	1:13.092 (36.229)	1:49.340 (36.249)
	5:56.327 (35.740)	6:32.357 (36.031)	7:08.508 (36.151)	2:25.886 (36.546)	3:02.568 (36.683)	3:39.227 (36.659)
	7:44.809 (36.301)	8:20.391 (35.582)	8:54.147 (33.756)	4:16.054 (36.828)	4:52.887 (36.834)	5:29.503 (36.616)
29	Fowler, Gavin	Colgate	8:55.55	6:06.952 (37.449)	6:44.464 (37.513)	7:21.448 (36.985)
	36.426 (36.426)	1:12.083 (35.657)	1:45.926 (33.844)	7:57.842 (36.394)	8:32.137 (34.296)	9:04.372 (32.235)
	2:20.830 (34.904)	2:55.533 (34.704)	3:31.216 (35.684)	38 Huber, Jacob	Kutztown	9:07.10
	4:07.256 (36.040)	4:42.936 (35.680)	5:19.039 (36.103)	37.033 (37.033)	1:13.614 (36.581)	1:49.561 (35.947)
	5:54.356 (35.318)	6:29.917 (35.561)	7:06.476 (36.560)	2:27.177 (37.616)	3:03.680 (36.504)	3:39.591 (35.911)
	7:43.357 (36.881)	8:20.897 (37.540)	8:55.543 (34.646)	4:16.239 (36.649)	4:53.336 (37.097)	5:29.972 (36.636)
30	Maiwald, Jakob	Haverford	8:55.82	6:07.772 (37.800)	6:45.007 (37.235)	7:22.146 (37.140)
	36.179 (36.179)	1:12.425 (36.246)	1:47.486 (35.061)	7:58.960 (36.815)	8:34.997 (36.038)	9:07.098 (32.101)
	2:23.008 (35.523)	2:58.970 (35.962)	3:34.072 (35.102)	39 Keith, Philip	Wesleyan	9:07.38
	4:09.841 (35.770)	4:45.417 (35.576)	5:21.798 (36.382)	34.252 (34.252)	1:09.894 (35.643)	1:45.057 (35.164)
	5:57.582 (35.785)	6:32.908 (35.326)	7:09.044 (36.136)	2:20.494 (35.437)	2:55.947 (35.454)	3:31.617 (35.670)
	7:45.735 (36.691)	8:22.272 (36.538)	8:55.812 (33.540)	4:08.447 (36.831)	4:44.960 (36.513)	5:21.988 (37.029)
31	Forry, Dan	Belmont Harr	8:56.13	5:58.965 (36.977)	6:36.754 (37.790)	7:15.419 (38.665)
	35.158 (35.158)	1:10.321 (35.163)	1:44.938 (34.618)	7:54.041 (38.622)	8:31.798 (37.758)	9:07.377 (35.579)
	2:20.107 (35.170)	2:55.103 (34.996)	3:30.552 (35.449)	40 Beni, Ryne	St. Joseph's	9:08.08
	4:05.916 (35.365)	4:40.853 (34.938)	5:16.579 (35.726)	32.831 (32.831)	1:10.032 (37.202)	1:47.147 (37.115)
	5:53.554 (36.975)	6:30.525 (36.971)	7:07.577 (37.053)	2:24.577 (37.430)	3:01.606 (37.030)	3:38.210 (36.605)
	7:44.732 (37.155)	8:21.978 (37.246)	8:56.127 (34.149)	4:15.395 (37.185)	4:52.283 (36.889)	5:28.927 (36.645)
32	Tardugno, Nick	Stony Brook	8:56.28	6:06.702 (37.775)	6:44.701 (37.999)	7:22.431 (37.730)
	36.745 (36.745)	1:13.063 (36.319)	1:46.880 (33.817)	7:59.367 (36.937)	8:35.406 (36.039)	9:08.080 (32.675)
	2:21.566 (34.686)	2:56.631 (35.065)	3:31.345 (34.715)	41 Orfano, Jake	Unattached	9:09.99
	4:07.413 (36.069)	4:42.448 (35.035)	5:18.345 (35.897)	36.813 (36.813)	1:13.267 (36.455)	1:49.927 (36.660)
	5:54.096 (35.752)	6:28.868 (34.772)	7:04.187 (35.320)	2:26.707 (36.780)	3:03.187 (36.481)	3:39.982 (36.795)
	7:41.227 (37.040)	8:19.218 (37.991)	8:56.271 (37.053)	4:16.907 (36.925)	4:54.481 (37.575)	5:31.027 (36.547)
33	Brown, Justin	Lafayette	8:56.41	6:08.427 (37.400)	6:45.894 (37.468)	7:22.807 (36.913)
	35.822 (35.822)	1:11.842 (36.020)	1:46.787 (34.945)	7:59.844 (37.038)	8:35.942 (36.099)	9:09.982 (34.040)
	2:22.251 (35.464)	2:58.048 (35.798)	3:32.914 (34.866)	42 Williams, Zach	St. Joseph's	9:10.04
	4:08.947 (36.034)	4:44.374 (35.427)	5:20.319 (35.945)	36.051 (36.051)	1:12.593 (36.542)	1:46.856 (34.264)
	5:55.749 (35.430)	6:31.810 (36.061)	7:08.281 (36.471)	2:21.846 (34.990)	2:56.569 (34.723)	3:31.967 (35.399)
	7:45.120 (36.840)	8:22.001 (36.881)	8:56.402 (34.401)	4:08.518 (36.551)	4:44.534 (36.016)	5:20.942 (36.409)
34	O'Neill, Daniel	American	8:59.64	5:57.842 (36.900)	6:35.875 (38.033)	7:14.411 (38.536)
	36.069 (36.069)	1:12.727 (36.659)	1:47.166 (34.439)	7:53.912 (39.502)	8:31.765 (37.853)	9:10.036 (38.271)
	2:22.159 (34.994)	2:57.253 (35.095)	3:31.929 (34.676)	43 Dougherty, Francis	Lafayette	9:10.25
	4:07.996 (36.067)	4:43.629 (35.634)	5:19.944 (36.315)	35.901 (35.901)	1:12.087 (36.187)	1:47.008 (34.921)
	5:55.896 (35.952)	6:31.392 (35.497)	7:08.571 (37.179)	2:22.550 (35.542)	2:58.312 (35.762)	3:33.512 (35.200)
	7:46.863 (38.293)	8:25.011 (38.149)	8:59.631 (34.620)	4:09.379 (35.868)	4:44.946 (35.567)	5:21.317 (36.372)
35	Seals, Xavier	Georgian Cou	9:00.19	5:58.582 (37.265)	6:37.034 (38.452)	7:15.652 (38.619)
	34.477 (34.477)	1:11.699 (37.222)	1:49.462 (37.764)	7:54.270 (38.618)	8:32.203 (37.934)	9:10.244 (38.041)
	2:27.195 (37.733)	3:04.396 (37.201)	3:40.448 (36.053)	44 Lilienthal, Levi	Vassar	9:11.68
	4:16.871 (36.423)	4:53.732 (36.862)	5:29.909 (36.177)	37.359 (37.359)	1:13.374 (36.015)	1:49.915 (36.541)
	6:07.967 (38.059)	6:45.632 (37.665)	7:20.945 (35.314)	2:26.322 (36.408)	3:02.787 (36.465)	3:39.061 (36.275)
	7:54.848 (33.904)	8:30.023 (35.175)	9:00.186 (30.163)	4:15.833 (36.773)	4:52.458 (36.625)	5:29.511 (37.053)
				6:07.267 (37.757)	6:45.037 (37.770)	7:21.758 (36.721)
				7:58.757 (37.000)	8:35.710 (36.953)	9:11.679 (35.970)

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

45	Krenzer, Joseph	RIT	9:11.77
	36.067 (36.067)	1:12.353 (36.287)	1:47.277 (34.924)
	2:23.622 (36.346)	2:59.399 (35.777)	3:34.854 (35.455)
	4:10.330 (35.476)	4:46.475 (36.145)	5:23.215 (36.740)
	6:01.042 (37.827)	6:39.282 (38.241)	7:18.372 (39.090)
	7:57.327 (38.956)	8:35.366 (38.039)	9:11.766 (36.400)
46	Kratz, Cameron	Lafayette	9:12.24
	35.021 (35.021)	1:12.025 (37.005)	1:49.397 (37.372)
	2:26.184 (36.788)	3:02.408 (36.225)	3:38.883 (36.475)
	4:15.590 (36.707)	4:52.152 (36.562)	5:29.177 (37.025)
	6:07.386 (38.210)	6:45.316 (37.930)	7:23.009 (37.694)
	8:00.677 (37.668)	8:38.455 (37.779)	9:12.240 (33.785)
47	Mulholland, Brandon	Cortland St.	9:13.41
	35.865 (35.865)	1:12.957 (37.093)	1:49.026 (36.069)
	2:25.458 (36.433)	3:02.257 (36.800)	3:38.512 (36.255)
	4:15.639 (37.127)	4:52.824 (37.185)	5:29.797 (36.974)
	6:07.846 (38.049)	6:45.483 (37.638)	7:23.135 (37.652)
	8:00.622 (37.488)	8:37.822 (37.200)	9:13.408 (35.586)
48	Schulz, Thomas	Monmouth	9:14.64
	36.788 (36.788)	1:12.527 (35.740)	1:49.250 (36.723)
	2:25.422 (36.173)	3:01.920 (36.498)	3:38.149 (36.230)
	4:15.462 (37.313)	4:52.699 (37.238)	5:29.368 (36.670)
	6:06.992 (37.625)	6:44.648 (37.656)	7:21.357 (36.709)
	7:59.593 (38.237)	8:38.146 (38.553)	9:14.634 (36.489)
49	Russell, Patrick	St. Lawrence	9:16.00
	37.057 (37.057)	1:13.762 (36.705)	1:49.785 (36.023)
	2:26.977 (37.192)	3:03.466 (36.490)	3:39.839 (36.374)
	4:16.391 (36.552)	4:53.495 (37.105)	5:30.269 (36.775)
	6:08.283 (38.015)	6:46.067 (37.785)	7:23.944 (37.877)
	8:02.091 (38.147)	8:39.992 (37.902)	9:15.999 (36.007)
50	Wiley, Aiden	Hofstra	9:16.76
	36.172 (36.172)	1:12.559 (36.387)	1:47.427 (34.868)
	2:23.320 (35.894)	2:59.187 (35.868)	3:34.507 (35.320)
	4:10.002 (35.496)	4:45.729 (35.727)	5:22.109 (36.380)
	5:59.180 (37.071)	6:37.224 (38.045)	7:16.010 (38.786)
	7:55.488 (39.479)	8:36.520 (41.032)	9:16.760 (40.240)
51	Platania, Kayden	Kutztown	9:16.99
	36.303 (36.303)	1:13.036 (36.733)	1:49.667 (36.631)
	2:26.523 (36.857)	3:02.967 (36.444)	3:39.247 (36.281)
	4:15.862 (36.615)	4:52.947 (37.085)	5:29.654 (36.708)
	6:07.531 (37.877)	6:45.432 (37.902)	7:23.324 (37.892)
	8:01.307 (37.983)	8:39.712 (38.406)	9:16.985 (37.273)
52	Zuch, Dylan	St. Joseph's	9:17.78
	8:07.494 (8:07.494)	8:44.296 (36.802)	9:17.771 (33.475)
53	Khan, Kamal	Montclair St	9:19.03
	8:07.028 (8:07.028)	8:43.470 (36.443)	9:19.030 (35.560)
54	Sullivan, Andrew	Colgate	9:22.10
	8:07.796 (8:07.796)	8:45.236 (37.440)	9:22.091 (36.855)
55	Marks, Peter	Colgate	9:22.30
	34.806 (34.806)	1:11.327 (36.522)	1:47.792 (36.465)
	2:24.290 (36.499)	3:01.437 (37.147)	3:37.907 (36.471)
	4:15.078 (37.171)	4:51.983 (36.905)	5:28.665 (36.682)
	6:10.719 (42.055)	6:49.357 (38.638)	7:28.027 (38.671)
	8:07.277 (39.250)	8:45.223 (37.946)	9:22.299 (37.076)
56	Comisky, James	New Haven	9:26.00
	8:17.588 (8:17.588)	8:55.972 (38.384)	9:25.997 (30.025)

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results****Finals ... (Event 1 Men 3000 Meter Run)**

Name	School	Finals
57 Hibshman, Owen	St. Joseph's	9:27.84
8:14.834 (8:14.834)	8:53.343 (38.510)	9:27.832 (34.489)
58 Mullen, Matthew	Cortland St.	9:28.71
35.165 (35.165)	1:12.720 (37.555)	1:48.882 (36.162)
2:24.751 (35.870)	3:01.457 (36.707)	3:38.340 (36.883)
4:15.241 (36.901)	4:51.708 (36.468)	5:28.814 (37.106)
6:10.129 (41.315)	6:49.217 (39.088)	7:28.844 (39.628)
8:08.972 (40.128)	8:49.168 (40.197)	9:28.705 (39.537)
59 Smolowitz, Andrew	Muhlenberg	9:32.00
8:15.119 (8:15.119)	8:53.770 (38.651)	9:31.993 (38.224)
60 Royal, Tye	St. Lawrence	9:32.10
35.452 (35.452)	1:11.314 (35.862)	1:47.153 (35.840)
2:23.457 (36.305)	2:59.916 (36.459)	3:36.122 (36.206)
4:13.818 (37.697)	4:53.369 (39.551)	5:33.762 (40.393)
6:14.162 (40.400)	6:55.064 (40.903)	7:36.125 (41.061)
8:15.889 (39.765)	8:55.229 (39.340)	9:32.093 (36.865)
61 Kositz, Anthony	Kutztown	9:34.19
8:17.991 (8:17.991)	8:56.995 (39.005)	9:34.189 (37.195)
62 Thompson, Jay	Kutztown	9:37.09
36.351 (36.351)	1:13.260 (36.910)	1:49.828 (36.569)
2:26.771 (36.943)	3:03.390 (36.620)	3:40.233 (36.844)
4:17.644 (37.411)	4:55.597 (37.954)	5:34.495 (38.898)
6:14.110 (39.615)	6:54.612 (40.503)	7:35.755 (41.143)
8:16.840 (41.085)	8:58.847 (42.008)	9:37.086 (38.239)
63 Chandler, Jack	American	9:37.93
36.604 (36.604)	1:13.498 (36.895)	1:49.828 (36.330)
2:27.336 (37.508)	3:03.340 (36.005)	3:39.805 (36.465)
4:16.843 (37.039)	4:54.172 (37.330)	5:31.672 (37.500)
6:11.649 (39.977)	6:53.218 (41.570)	7:35.488 (42.270)
8:18.560 (43.072)	8:59.313 (40.754)	9:37.921 (38.608)
64 Bantle, Christopher	New Haven	9:46.17
8:27.090 (8:27.090)	9:07.435 (40.345)	9:46.166 (38.731)
65 Balla, Thomas	Gwynedd-Merc	9:50.25
8:29.864 (8:29.864)	9:11.063 (41.199)	9:50.242 (39.180)
66 Jamolawicz, Joseph	Georgian Cou	9:59.04
8:37.060 (8:37.060)	9:19.973 (42.914)	9:59.036 (39.063)
67 Heaney, Brendan	St. Peter's	10:01.77
8:45.038 (8:45.038)	9:25.189 (40.151)	10:01.762 (36.573)
68 Rosky, Thomas	Georgian Cou	10:02.58
8:44.696 (8:44.696)	9:24.832 (40.136)	10:02.572 (37.740)
--- Ross, Colin	Stony Brook	DNF
32.342 (32.342)	1:04.371 (32.030)	1:36.952 (32.581)
2:09.524 (32.573)	2:42.157 (32.633)	3:14.755 (32.599)
3:47.496 (32.741)	4:19.911 (32.415)	4:53.251 (33.340)
5:26.358 (33.107)		
--- Faust, Anthony	Holy Family	DNS
--- Silveri, Michael	Hofstra	DNS
--- Tarsia, Adam	CCNY	DNS
--- Bingham, Aleksei	RIT	DNS
--- Markovina, Paul	Hofstra	DNS
--- Dufrene, Caden	Bloomsburg	DNS

2023 FasTrack National Invitational - 2/10/2023

Ocean Breeze Athletic Complex

Results

Event 2 Women 60 Meter Hurdles

Name	School	Prelims
Preliminaries		
1 Dawkins, Danella	Stony Brook	8.88q
2 Chin, Anabella	St. Joseph's	9.08q
3 Woodrum, Kaelyn	Coppin State	9.16q
4 Warren, Isabelle	Monmouth	9.17q
5 Shirek, Isatu	Temple	9.24q
6 Dolo, Mikell	St. Peter's	9.28q
7 Dennis, Jahmilia	Vassar	9.33q
8 Smith, Alexis	St. Peter's	9.34q
9 Awono, Angel	Lafayette	9.34
10 Martin, Aminah	Columbia	9.48
11 Blake, Camylin	Columbia	9.48
12 Updike, Meredith	Monmouth	9.48
13 Adzakro, Shalom	Georgian Cou	9.49
14 Palmer, Erin	Coppin State	9.53
15 Taylor, Alyson	Seton Hill	9.55
16 Gulotti, Sophia	Temple	9.57
17 Heffernan, Ashley	Rochester	9.58
18 Regnante, Allison	RIT	9.61
19 Hickey, Maeghan	Iona	9.66
20 Pusey, Shanell	Holy Family	9.69
21 Jones, Nyoki	Holy Family	9.76
22 Estabine, Guerlourde	St. Thomas A	9.79
23 Peacock, Catherine	Vassar	9.83
24 Rutledge, Anne	Monmouth	9.89
25 Evans, Febe	Delaware Sta	10.08
26 Richardson, Theresa	La Salle	10.14
27 Stevens, Faye	Vassar	10.15
28 Castagnier, Hayley	St. Lawrence	10.38
29 Jensen, Nora	Vassar	10.74
--- Sesay, Isha	Wheeling	DNS
--- Celestin, Andree	Fairleigh Di	DNS
--- Mulryne, Cassidy	St. Joseph's	DNS

Event 2 Women 60 Meter Hurdles

Name	School	Finals
Finals		
1 Dawkins, Danella	Stony Brook	8.91
2 Smith, Alexis	St. Peter's	8.99
3 Chin, Anabella	St. Joseph's	9.07
4 Woodrum, Kaelyn	Coppin State	9.11
5 Warren, Isabelle	Monmouth	9.22
6 Dolo, Mikell	St. Peter's	9.29
7 Dennis, Jahmilia	Vassar	9.41
8 Shirek, Isatu	Temple	9.68

Event 3 Women 60 Meter Hurdles College

Name	School	Finals
Finals		
1 Celestin, Andree	Fairleigh Di	9.55
2 Richardson, Ashley	Delaware Sta	9.85
3 Searles, Nikki	Adelphi	9.89
4 Gysin, Nicole	St. Thomas A	9.95

Finals ... (Event 3 Women 60 Meter Hurdles College)

Name	School	Finals
5 Matthews, Niki	Muhlenberg	10.14
6 Jordahl-Henry, Julia	Columbia	10.35
7 Deschamps, Hazel	Kutztown	10.43
8 Bertini, Kaylee	St. Lawrence	10.43
9 Markovchick, Rhianne	Kutztown	10.44
10 Black, Kiran	St. Lawrence	10.50
11 Walters, Imagen	Wesleyan	10.51
12 Kemp, Amira	Farmingdale	10.73
13 Boggs, Abby	Monmouth	10.83
14 Gallo, Julianne	Lafayette	11.01
15 Mazzucco, Emily	New Haven	11.46
16 Khan, Zuha	CCNY	12.03

Event 4 Men 60 Meter Hurdles

Name	School	Prelims
Preliminaries		
1 Foster, Greg	Princeton	8.02q
2 Chisholm, Tayshaun	Delaware Sta	8.08q
3 Tan, Easton	Princeton	8.12q
4 Shelton, Jaden	Delaware Sta	8.20q
5 Morse, Brett	Cortland St.	8.20q
6 Aigbekaen, Jovan	Princeton	8.35q
7 Kreutzer, Albert	Princeton	8.40q
8 Martin, Hunter	Seton Hill	8.42q
9 Jones, Terrance	Holy Family	8.44
10 Emile, Jordan	New Haven	8.47
11 Paige, Chris	Princeton	8.47
12 Geier, Erik	St. Lawrence	8.48
13 Harris, Anthony	Coppin State	8.48
14 Strong, David	Monmouth	8.48
15 Jones, Aaron	Cortland St.	8.55
16 Brodnik, Peter	Rochester	8.58
17 Smith, Joseph	Holy Family	8.59
18 Titus, Joshua	Stony Brook	8.61
19 Babalola, Oluwadolapo	Stony Brook	8.61
20 Ryan, Miles	Stony Brook	8.65
21 Cantoral, Brad	Monmouth	8.68
22 Sulli, Luke	Adelphi	8.69
23 Roberts, Timothy	LIU	8.70
24 Love, Kyle	Kutztown	8.71
25 Goode, Amiri	Coppin State	8.73
26 Hilario, Seth	Stony Brook	8.85
27 Hartman, Ben	Seton Hill	8.85
28 Ngaima, Madda	La Salle	8.92
29 Rankl, Evan	Monmouth	8.93
30 Stover, Leconte	Monmouth	8.93
31 Martin, Cameryn	Montclair St	8.99
32 Jean-Michel, Henry	Georgian Cou	9.03

Event 4 Men 60 Meter Hurdles

Name	School	Finals
Finals		
1 Chisholm, Tayshaun	Delaware Sta	7.85
2 Foster, Greg	Princeton	7.92

2023 FasTrack National Invitational - 2/10/2023

Ocean Breeze Athletic Complex

Results

3	Shelton, Jaden	Delaware Sta	8.08
4	Tan, Easton	Princeton	8.09
5	Aigbekaen, Jovan	Princeton	8.18
6	Morse, Brett	Cortland St.	8.19
7	Martin, Hunter	Seton Hill	8.29
8	Kreutzer, Albert	Princeton	8.46

Event 5 Men 60 Meter Hurdles College

Name	School	Finals
------	--------	--------

Finals

1	Iwuagwu, Travis	Cortland St.	8.78
2	Wiggins-Imgram, Ivan	Coppin State	8.78
3	Jerome, Rodney	Farmingdale	8.85
4	Doerner, Matthew	RIT	8.90
5	Stocken, Joseph	Farmingdale	8.93
6	Carulli, Nick	Wesleyan	8.98
7	Fisher, Miles	St. Thomas A	9.26
8	Halpin, Carter	SU Running C	9.26
9	Weaver, Owen	Kutztown	9.43
10	Gibbard, Thomas	Monmouth	9.44
11	Gado, Habibu	CCNY	9.52
12	Epstein, Samuel	Colgate	9.52
13	Peters, Nathaniel	New Haven	9.54
14	Seo, Jae Young	Vassar	9.60
15	Barban, Zach	Lafayette	9.66
16	Oliveira-Nurse, Antonio	CCNY	9.84
17	Bergman, Maxwell	Vassar	11.05
18	Kalala, Kamunga	CCNY	11.43

Event 6 Women 5000 Meter Run

Name	School	Finals
------	--------	--------

Finals

1	Delahanty, McKenzie	Monmouth	17:18.59
	38.466 (38.466)	1:20.450 (41.985)	2:01.532 (41.083)
	2:42.722 (41.190)	3:23.904 (41.183)	4:05.018 (41.115)
	4:46.018 (41.000)	5:27.156 (41.138)	6:08.009 (40.854)
	6:49.607 (41.599)	7:31.790 (42.183)	8:13.370 (41.580)
	8:55.888 (42.519)	9:38.016 (42.128)	10:20.568 (42.553)
	11:03.589 (43.021)	11:45.885 (42.296)	12:28.239 (42.355)
	13:10.687 (42.448)	13:53.147 (42.460)	
	15:18.638 (42.432)	16:00.544 (41.906)	16:41.583 (41.040)
	17:18.587 (37.004)		
2	Turner, Sennett	Rochester	18:06.08
	41.040 (41.040)	1:23.784 (42.745)	2:07.208 (43.425)
	2:50.487 (43.279)	3:34.335 (43.849)	4:17.474 (43.140)
	5:01.796 (44.322)	5:45.922 (44.126)	6:29.755 (43.834)
	7:13.525 (43.770)	7:57.028 (43.504)	8:40.720 (43.692)
	9:24.014 (43.295)	10:07.114 (43.100)	10:51.043 (43.930)
	11:34.677 (43.634)	12:18.519 (43.843)	13:02.738 (44.220)
	13:47.031 (44.293)	14:31.063 (44.033)	
	15:58.474 (43.807)	16:41.919 (43.445)	17:25.540 (43.621)
	18:06.080 (40.540)		

Finals ... (Event 6 Women 5000 Meter Run)

Name	School	Finals
3 Myers, Sarah	St. Joseph's	18:16.92
40.233 (40.233)	1:22.327 (42.094)	2:04.250 (41.924)
2:46.620 (42.370)	3:28.628 (42.009)	4:11.581 (42.953)
4:54.783 (43.203)	5:37.722 (42.940)	6:20.789 (43.067)
7:04.063 (43.275)	7:47.537 (43.475)	8:32.247 (44.710)
9:16.928 (44.681)	10:01.170 (44.242)	10:46.285 (45.115)
11:30.627 (44.342)	12:15.086 (44.460)	13:00.472 (45.386)
13:46.122 (45.651)	14:31.832 (45.710)	
16:04.325 (46.620)	16:50.037 (45.712)	17:34.402 (44.366)
18:16.917 (42.515)		
4 Watson, Olivia	St. Lawrence	18:24.12
39.541 (39.541)	1:22.585 (43.045)	2:05.763 (43.179)
2:49.228 (43.465)	3:33.199 (43.971)	4:16.858 (43.660)
5:01.324 (44.466)	5:45.507 (44.184)	6:29.258 (43.751)
7:13.402 (44.144)	7:57.563 (44.162)	8:41.833 (44.270)
9:25.662 (43.830)	10:09.514 (43.852)	10:54.277 (44.763)
11:38.887 (44.610)	12:23.366 (44.480)	13:08.119 (44.754)
13:54.185 (46.066)	14:39.374 (45.190)	
16:10.068 (44.735)	16:56.177 (46.110)	17:40.734 (44.557)
18:24.112 (43.379)		
5 Sheehy, Katherine	St. Lawrence	18:37.17
39.421 (39.421)	1:22.309 (42.889)	2:05.562 (43.253)
2:48.957 (43.396)	3:32.870 (43.913)	4:16.569 (43.700)
5:01.035 (44.466)	5:45.803 (44.769)	6:29.543 (43.740)
7:13.857 (44.314)	7:58.047 (44.190)	8:42.602 (44.556)
9:27.408 (44.806)	10:12.507 (45.100)	10:58.387 (45.880)
11:44.116 (45.729)	12:29.650 (45.535)	13:15.302 (45.653)
14:01.577 (46.275)	14:47.813 (46.237)	
16:19.919 (46.168)	17:06.658 (46.740)	17:52.827 (46.169)
18:37.170 (44.344)		
6 Domaracki, Rachel	Houghton	18:37.50
40.154 (40.154)	1:23.379 (43.225)	2:06.842 (43.463)
2:50.182 (43.341)	3:34.025 (43.843)	4:17.968 (43.944)
5:02.618 (44.650)	5:47.067 (44.450)	6:31.820 (44.753)
7:16.552 (44.733)	8:01.839 (45.287)	8:47.154 (45.315)
9:32.312 (45.159)	10:18.109 (45.797)	11:04.147 (46.038)
11:49.806 (45.660)	12:35.237 (45.432)	13:20.774 (45.537)
14:06.892 (46.118)	14:53.158 (46.267)	
16:25.517 (46.105)	17:11.962 (46.445)	17:57.104 (45.143)
18:37.499 (40.395)		
7 Tavares, Jennifer	Monmouth	18:39.14
40.897 (40.897)	1:24.912 (44.015)	2:09.792 (44.880)
2:54.715 (44.924)	3:41.551 (46.836)	4:28.992 (47.442)
5:15.302 (46.310)	5:59.453 (44.152)	6:42.574 (43.121)
7:27.469 (44.895)	8:12.947 (45.479)	8:58.304 (45.357)
9:43.517 (45.213)	10:27.370 (43.854)	11:12.077 (44.707)
11:56.283 (44.207)	12:41.168 (44.885)	13:26.612 (45.444)
14:11.225 (44.614)	14:56.135 (44.910)	
16:26.142 (44.685)	17:11.342 (45.200)	17:56.707 (45.366)
18:39.134 (42.427)		

2023 FasTrack National Invitational - 2/10/2023

Ocean Breeze Athletic Complex

Results

8	Fitzgibbon, Melissa	Elizabethtown	18:45.24	Finals ... (Event 6 Women 5000 Meter Run)			
	41.497 (41.497)	1:25.383 (43.886)	2:10.152 (44.769)	Name	School	Finals	
	2:55.122 (44.970)	3:41.865 (46.744)	4:27.813 (45.949)	13	Byerley, Ann	RIT	19:18.27
	5:13.077 (45.265)	5:59.367 (46.290)	6:43.377 (44.011)		40.033 (40.033)	1:23.187 (43.155)	2:07.167 (43.980)
	7:28.769 (45.392)	8:13.933 (45.165)	8:59.527 (45.595)		2:50.410 (43.244)	3:34.531 (44.121)	4:18.662 (44.132)
	9:44.933 (45.406)	10:30.499 (45.566)	11:16.402 (45.904)		5:03.684 (45.022)	5:49.691 (46.007)	6:36.478 (46.788)
	12:01.916 (45.514)	12:47.994 (46.079)	13:33.481 (45.487)		7:23.686 (47.208)	8:11.244 (47.559)	8:58.617 (47.374)
	14:19.752 (46.272)	15:04.507 (44.755)			9:45.620 (47.003)	10:33.450 (47.830)	11:21.537 (48.087)
	16:35.942 (45.450)	17:21.962 (46.020)	18:06.022 (44.060)		12:10.020 (48.484)	12:58.282 (48.262)	13:46.394 (48.113)
	18:45.234 (39.213)				14:33.824 (47.430)	15:22.054 (48.230)	
9	Percy, Erin	RIT	18:46.66		16:58.601 (48.250)	17:46.888 (48.288)	18:34.345 (47.457)
	39.922 (39.922)	1:22.902 (42.981)	2:06.579 (43.677)		19:18.265 (43.920)		
	2:49.539 (42.960)	3:33.448 (43.910)	4:17.140 (43.692)	14	Nicinski, Allison	DeSales	19:35.80
	5:01.554 (44.415)	5:45.655 (44.101)	6:30.038 (44.384)		40.587 (40.587)	1:24.280 (43.694)	2:08.904 (44.625)
	7:14.705 (44.667)	7:59.586 (44.881)	8:45.215 (45.630)		2:54.967 (46.064)	3:41.705 (46.738)	4:28.041 (46.336)
	9:31.258 (46.044)	10:17.867 (46.610)	11:03.958 (46.091)		5:13.484 (45.444)	5:59.728 (46.245)	6:45.088 (45.360)
	11:50.332 (46.374)	12:36.727 (46.395)	13:23.276 (46.550)		7:31.608 (46.520)	8:18.739 (47.131)	9:06.262 (47.524)
	14:10.447 (47.171)	14:57.621 (47.175)			9:54.492 (48.230)	10:43.163 (48.671)	11:31.993 (48.830)
	16:32.512 (47.439)	17:20.269 (47.758)	18:05.672 (45.403)		12:20.428 (48.435)	13:08.869 (48.441)	13:58.007 (49.139)
	18:46.654 (40.983)				14:47.244 (49.237)	15:36.735 (49.491)	
10	Benninger, Katherine	Rochester	18:56.38		17:16.425 (50.238)	18:06.543 (50.119)	18:54.284 (47.741)
	38.940 (38.940)	1:21.080 (42.140)	2:04.039 (42.960)		19:35.793 (41.510)		
	2:48.262 (44.224)	3:32.534 (44.272)	4:17.321 (44.787)	---	Myles, Isabella	Seton Hill	DNF
	5:01.914 (44.594)	5:46.137 (44.223)	6:29.973 (43.837)		39.702 (39.702)	1:22.604 (42.902)	2:05.752 (43.149)
	7:14.902 (44.929)	8:01.531 (46.630)	8:48.127 (46.596)		2:48.939 (43.187)	3:31.200 (42.261)	4:13.599 (42.400)
	9:34.582 (46.455)	10:21.136 (46.555)	11:08.831 (47.695)		4:55.991 (42.392)	5:39.200 (43.210)	6:23.334 (44.135)
	11:56.233 (47.403)	12:43.794 (47.561)	13:30.944 (47.150)		7:08.292 (44.958)	7:53.830 (45.539)	8:39.428 (45.599)
	14:19.178 (48.235)	15:07.789 (48.611)			9:25.079 (45.651)		
	16:43.945 (48.202)	17:31.985 (48.040)	18:18.505 (46.520)	---	Marion, Abigail	West Chester	DNS
	18:56.377 (37.872)			---	Villafuerte Castro, Leslie	Hofstra	DNS
11	Lawson, Alicia	Rochester	18:57.38	Event 7 Men 5000 Meter Run			
	39.196 (39.196)	1:21.800 (42.605)	2:05.726 (43.926)	Name	School	Finals	
	2:49.690 (43.965)	3:33.649 (43.960)	4:17.193 (43.545)	Finals			
	5:02.122 (44.930)	5:46.443 (44.321)	6:31.228 (44.785)	1	LaRochelle, Peter	Haverford	14:46.81
	7:16.337 (45.110)	8:01.213 (44.876)	8:47.780 (46.567)		35.557 (35.557)	1:10.605 (35.048)	1:45.455 (34.850)
	9:34.120 (46.340)	10:21.379 (47.260)	11:09.256 (47.877)		2:20.015 (34.560)	2:54.775 (34.760)	3:30.111 (35.336)
	11:57.164 (47.909)	12:45.251 (48.087)	13:31.116 (45.865)		4:05.693 (35.583)	4:40.915 (35.222)	5:16.286 (35.371)
	14:18.039 (46.924)	15:06.332 (48.294)			5:51.583 (35.298)	6:27.153 (35.570)	7:02.946 (35.794)
	16:41.797 (47.677)	17:29.150 (47.353)	18:15.107 (45.957)		7:38.920 (35.974)	8:14.699 (35.780)	8:50.328 (35.630)
	18:57.376 (42.270)				9:26.246 (35.919)	10:02.652 (36.406)	10:38.462 (35.810)
12	Bremer, Morgan	Rochester	19:12.45		11:14.575 (36.113)	11:50.656 (36.081)	
	39.545 (39.545)	1:21.978 (42.434)	2:05.946 (43.968)		13:02.607 (35.892)	13:38.328 (35.721)	14:13.501 (35.173)
	2:49.902 (43.957)	3:33.842 (43.940)	4:17.582 (43.740)		14:46.804 (33.304)		
	5:02.347 (44.765)	5:46.746 (44.400)	6:31.459 (44.714)	2	Skutt, Michael	St. Lawrence	14:50.34
	7:15.911 (44.452)	8:01.711 (45.800)	8:48.417 (46.707)		35.501 (35.501)	1:11.156 (35.655)	1:45.890 (34.735)
	9:35.457 (47.040)	10:22.196 (46.739)	11:10.293 (48.098)		2:20.426 (34.536)	2:55.121 (34.696)	3:30.402 (35.281)
	11:58.563 (48.270)	12:47.039 (48.476)	13:35.062 (48.023)		4:05.965 (35.563)	4:41.181 (35.216)	5:16.481 (35.300)
	14:24.283 (49.222)	15:13.947 (49.665)			5:51.902 (35.422)	6:27.507 (35.605)	7:03.541 (36.034)
	16:51.887 (48.793)	17:41.023 (49.136)	18:28.729 (47.706)		7:39.847 (36.307)	8:16.302 (36.455)	8:52.781 (36.479)
	19:12.446 (43.717)				9:29.666 (36.886)	10:06.251 (36.585)	10:42.760 (36.510)
					11:19.710 (36.950)	11:56.661 (36.952)	
					13:09.614 (36.453)	13:45.534 (35.920)	14:19.699 (34.165)
					14:50.339 (30.640)		

2023 FasTrack National Invitational - 2/10/2023

Ocean Breeze Athletic Complex

Results

Results				Finals ... (Event 7 Men 5000 Meter Run)					
				Name		School		Finals	
3	Spergel, Zach	Rochester	14:53.25	8	Yalamanchili, Vishal	Rochester	15:19.84		
	35.795 (35.795)	1:11.411 (35.616)	1:46.179 (34.769)		36.595 (36.595)	1:12.728 (36.134)	1:48.845 (36.117)		
	2:20.717 (34.539)	2:55.404 (34.687)	3:30.674 (35.270)		2:24.001 (35.157)	2:59.572 (35.571)	3:35.347 (35.775)		
	4:06.288 (35.615)	4:41.486 (35.198)	5:16.802 (35.317)		4:11.958 (36.611)	4:47.773 (35.815)	5:23.066 (35.294)		
	5:52.160 (35.358)	6:27.780 (35.620)	7:03.790 (36.010)		5:58.981 (35.915)	6:34.861 (35.880)	7:11.139 (36.279)		
	7:40.103 (36.314)	8:16.561 (36.458)	8:52.994 (36.434)		7:47.656 (36.517)	8:24.776 (37.121)	9:01.455 (36.679)		
	9:29.361 (36.368)	10:05.556 (36.195)	10:42.065 (36.509)		9:39.011 (37.557)	10:16.036 (37.025)	10:53.446 (37.410)		
	11:18.566 (36.502)	11:55.071 (36.505)			11:32.361 (38.915)	12:10.402 (38.042)			
	13:08.256 (36.416)	13:44.892 (36.636)	14:20.742 (35.850)		13:26.593 (38.524)	14:05.285 (38.692)	14:43.901 (38.616)		
	14:53.249 (32.507)				15:19.840 (35.940)				
4	Myers, Christopher	Lancaster Ci	14:53.87	9	Millar, David	Widener	15:20.10		
	35.972 (35.972)	1:10.683 (34.711)	1:45.123 (34.440)		37.296 (37.296)	1:13.858 (36.562)	1:49.831 (35.973)		
	2:19.632 (34.510)	2:53.890 (34.258)	3:29.279 (35.390)		2:25.510 (35.680)	3:00.873 (35.364)	3:36.691 (35.818)		
	4:04.598 (35.320)	4:40.100 (35.502)	5:15.876 (35.777)		4:13.226 (36.535)	4:48.824 (35.599)	5:25.773 (36.950)		
	5:51.376 (35.500)	6:26.913 (35.538)	7:02.791 (35.879)		6:01.969 (36.196)	6:37.405 (35.436)	7:12.976 (35.571)		
	7:38.686 (35.895)	8:14.542 (35.856)	8:50.091 (35.550)		7:50.854 (37.879)	8:28.107 (37.254)	9:05.272 (37.165)		
	9:26.054 (35.963)	10:02.551 (36.497)	10:38.858 (36.308)		9:43.519 (38.247)	10:21.988 (38.470)	11:00.769 (38.781)		
	11:15.001 (36.144)	11:51.580 (36.579)			11:39.397 (38.629)	12:16.050 (36.653)			
	13:04.922 (36.866)	13:41.978 (37.056)	14:18.355 (36.377)		13:32.000 (37.687)	14:10.266 (38.266)	14:47.131 (36.865)		
	14:53.862 (35.508)				15:20.091 (32.961)				
5	Bratt, Aaron	Haverford	15:10.11	10	Anderson, Davis	Vassar	15:20.23		
	36.345 (36.345)	1:12.136 (35.792)	1:46.651 (34.515)		34.797 (34.797)	1:10.485 (35.689)	1:46.747 (36.262)		
	2:21.366 (34.715)	2:56.166 (34.801)	3:31.318 (35.152)		2:23.318 (36.572)	3:00.427 (37.109)	3:37.422 (36.995)		
	4:07.029 (35.711)	4:42.611 (35.583)	5:18.341 (35.730)		4:13.912 (36.490)	4:50.522 (36.611)	5:27.287 (36.765)		
	5:54.701 (36.361)	6:30.455 (35.754)	7:06.782 (36.328)		6:04.265 (36.978)	6:41.429 (37.165)	7:18.605 (37.176)		
	7:43.300 (36.518)	8:20.134 (36.835)	8:57.011 (36.878)		7:55.724 (37.120)	8:32.571 (36.847)	9:10.514 (37.944)		
	9:34.234 (37.223)	10:11.587 (37.354)	10:49.139 (37.552)		9:47.785 (37.271)	10:25.439 (37.655)	11:03.416 (37.977)		
	11:26.981 (37.842)	12:04.961 (37.981)			11:41.274 (37.859)	12:19.066 (37.792)			
	13:20.629 (37.953)	13:58.636 (38.007)	14:35.674 (37.039)		13:34.462 (37.950)	14:12.029 (37.568)	14:48.125 (36.096)		
	15:10.106 (34.433)				15:20.229 (32.105)				
6	Koel, Jimmy	Temple	15:11.33	11	Brunacini, Nathaniel	Rochester	15:20.98		
	35.949 (35.949)	1:12.531 (36.583)	1:48.635 (36.104)		37.031 (37.031)	1:13.596 (36.565)	1:49.574 (35.979)		
	2:24.273 (35.639)	2:59.796 (35.524)	3:35.871 (36.075)		2:25.245 (35.671)	3:00.609 (35.365)	3:36.439 (35.830)		
	4:12.587 (36.716)	4:48.636 (36.049)	5:23.861 (35.225)		4:13.116 (36.677)	4:49.361 (36.245)	5:26.097 (36.737)		
	5:59.766 (35.906)	6:36.051 (36.285)	7:12.176 (36.125)		6:02.893 (36.796)	6:40.362 (37.470)	7:18.059 (37.697)		
	7:49.169 (36.994)	8:26.670 (37.501)	9:04.530 (37.860)		7:56.104 (38.045)	8:34.272 (38.169)	9:12.517 (38.245)		
	9:41.572 (37.043)	10:19.485 (37.913)	10:57.423 (37.939)		9:50.593 (38.076)	10:28.101 (37.508)	11:05.660 (37.560)		
	11:34.767 (37.345)	12:12.394 (37.627)			11:44.306 (38.646)	12:22.910 (38.605)			
	13:25.665 (36.481)	14:02.361 (36.697)	14:39.242 (36.881)		13:38.258 (37.557)	14:16.451 (38.193)	14:51.128 (34.678)		
	15:11.328 (32.086)				15:20.975 (29.847)				
7	Marmol, Zack	Temple	15:13.48	12	Colescott, Miles	Haverford	15:22.10		
	36.764 (36.764)	1:13.325 (36.561)	1:49.441 (36.117)		36.309 (36.309)	1:11.957 (35.649)	1:46.421 (34.464)		
	2:24.763 (35.322)	2:59.811 (35.049)	3:35.585 (35.774)		2:21.134 (34.714)	2:55.941 (34.808)	3:31.051 (35.110)		
	4:12.326 (36.741)	4:48.195 (35.870)	5:23.593 (35.399)		4:06.770 (35.720)	4:42.389 (35.620)	5:18.636 (36.248)		
	5:59.305 (35.712)	6:35.099 (35.795)	7:11.361 (36.263)		5:54.981 (36.345)	6:30.943 (35.963)	7:07.848 (36.905)		
	7:47.878 (36.517)	8:24.477 (36.600)	9:00.681 (36.205)		7:45.421 (37.574)	8:22.971 (37.550)	9:00.202 (37.231)		
	9:37.076 (36.395)	10:14.291 (37.215)	10:50.591 (36.301)		9:36.855 (36.653)	10:14.497 (37.643)	10:53.152 (38.655)		
	11:27.476 (36.885)	12:05.143 (37.667)			11:32.010 (38.858)	12:10.867 (38.858)			
	13:20.380 (37.572)	13:58.922 (38.543)	14:36.862 (37.940)		13:27.645 (39.108)	14:07.605 (39.960)	14:45.118 (37.514)		
	15:13.477 (36.615)				15:22.091 (36.973)				

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

13	Tomasi, Harry	Cortland St.	15:24.65	Finals ... (Event 7 Men 5000 Meter Run)		
	36.516 (36.516)	1:12.431 (35.915)	1:48.193 (35.763)	Name	School	Finals
	2:23.673 (35.480)	2:59.409 (35.736)	3:35.787 (36.379)	18 Duff, Ryan	Bloomsburg	15:29.85
	4:12.499 (36.712)	4:48.433 (35.935)	5:24.198 (35.765)	36.499 (36.499)	1:12.914 (36.415)	1:49.820 (36.906)
	6:00.065 (35.867)	6:36.265 (36.200)	7:12.633 (36.369)	2:25.861 (36.041)	3:02.352 (36.491)	3:39.663 (37.312)
	7:49.796 (37.164)	8:27.393 (37.597)	9:04.987 (37.595)	4:17.147 (37.485)	4:55.730 (38.583)	5:32.832 (37.103)
	9:43.235 (38.248)	10:21.771 (38.536)	11:00.496 (38.725)	6:09.680 (36.848)	6:46.833 (37.154)	7:24.699 (37.866)
	11:39.673 (39.178)	12:18.501 (38.828)		8:01.815 (37.116)	8:38.881 (37.066)	9:16.647 (37.766)
	13:35.334 (38.437)	14:13.494 (38.160)	14:50.240 (36.746)	9:54.999 (38.353)	10:32.533 (37.535)	11:09.693 (37.160)
	15:24.648 (34.409)			11:46.267 (36.575)	12:24.526 (38.259)	
14	Kasper, Caleb	Houghton	15:25.66	13:39.873 (36.709)	14:17.620 (37.747)	14:54.526 (36.906)
	35.768 (35.768)	1:13.050 (37.282)	1:50.845 (37.795)	15:29.845 (35.320)		
	2:27.878 (37.034)	3:05.606 (37.728)	3:43.422 (37.817)	19 Coleman, Matthew	St. Lawrence	15:32.29
	4:20.074 (36.652)	4:56.537 (36.463)	5:34.039 (37.503)	36.685 (36.685)	1:12.993 (36.309)	1:48.414 (35.421)
	6:10.535 (36.496)	6:47.491 (36.956)	7:25.369 (37.879)	2:23.483 (35.070)	2:59.159 (35.676)	3:35.504 (36.345)
	8:02.572 (37.204)	8:40.319 (37.747)	9:17.290 (36.971)	4:12.222 (36.719)	4:48.045 (35.823)	5:23.334 (35.290)
	9:55.251 (37.961)	10:32.835 (37.585)	11:09.993 (37.159)	5:59.371 (36.037)	6:35.647 (36.277)	7:12.704 (37.057)
	11:47.124 (37.131)	12:24.838 (37.715)		7:50.599 (37.895)	8:28.737 (38.139)	9:07.105 (38.368)
	13:39.092 (36.861)	14:15.936 (36.845)	14:51.894 (35.959)	9:45.512 (38.408)	10:24.166 (38.655)	11:02.991 (38.825)
	15:25.657 (33.764)			11:41.291 (38.300)	12:20.151 (38.860)	
15	Carideo, Alex	Leonia Track	15:25.77	13:38.810 (39.500)	14:17.941 (39.131)	14:55.981 (38.040)
	35.193 (35.193)	1:12.102 (36.910)	1:49.062 (36.960)	15:32.281 (36.301)		
	2:25.561 (36.500)	3:02.641 (37.080)	3:40.187 (37.546)	20 Penna, Matt	Iona	15:34.28
	4:17.845 (37.659)	4:55.907 (38.062)	5:33.273 (37.367)	36.119 (36.119)	1:12.264 (36.145)	1:46.836 (34.572)
	6:09.556 (36.283)	6:46.266 (36.710)	7:24.132 (37.867)	2:21.665 (34.830)	2:56.443 (34.779)	3:31.695 (35.252)
	8:01.527 (37.395)	8:39.075 (37.549)	9:16.513 (37.439)	4:07.302 (35.608)	4:42.996 (35.694)	5:18.806 (35.810)
	9:54.760 (38.247)	10:32.309 (37.550)	11:09.403 (37.095)	5:55.261 (36.455)	6:31.677 (36.417)	7:08.276 (36.600)
	11:46.824 (37.421)	12:24.330 (37.506)		7:45.031 (36.755)	8:22.762 (37.732)	9:01.091 (38.330)
	13:38.563 (36.805)	14:15.672 (37.110)	14:52.095 (36.423)	9:39.369 (38.278)	10:18.376 (39.008)	10:57.898 (39.522)
	15:25.762 (33.667)			11:37.484 (39.586)	12:16.444 (38.960)	
16	McMorrow, Owen	Colgate	15:26.03	13:38.930 (41.527)	14:19.056 (40.127)	14:58.579 (39.523)
	36.211 (36.211)	1:12.667 (36.457)	1:49.532 (36.865)	15:34.272 (35.694)		
	2:25.263 (35.731)	3:01.657 (36.394)	3:38.538 (36.882)	21 Gavio, Michael	Bloomsburg	15:36.84
	4:15.411 (36.873)	4:51.944 (36.534)	5:28.997 (37.054)	38.187 (38.187)	1:16.056 (37.870)	1:54.277 (38.222)
	6:05.917 (36.920)	6:42.947 (37.030)	7:19.792 (36.846)	2:32.123 (37.846)	3:08.977 (36.855)	3:45.747 (36.770)
	7:57.411 (37.619)	8:34.851 (37.440)	9:12.667 (37.817)	4:22.306 (36.559)	4:59.870 (37.565)	5:37.312 (37.443)
	9:50.145 (37.478)	10:27.664 (37.520)	11:05.860 (38.196)	6:14.278 (36.966)	6:50.773 (36.495)	7:27.323 (36.550)
	11:44.035 (38.175)	12:22.533 (38.499)		8:04.028 (36.705)	8:41.194 (37.166)	9:18.350 (37.156)
	13:38.787 (38.290)	14:16.300 (37.514)	14:52.344 (36.045)	9:55.696 (37.346)	10:33.322 (37.627)	11:10.787 (37.465)
	15:26.030 (33.686)			11:48.973 (38.187)	12:27.284 (38.311)	
17	Gaitanis, Nick	Rochester	15:26.11	13:44.331 (38.527)	14:23.433 (39.103)	15:01.527 (38.094)
	36.983 (36.983)	1:13.190 (36.207)	1:49.299 (36.110)	15:36.832 (35.306)		
	2:24.981 (35.682)	3:00.419 (35.439)	3:36.314 (35.895)	22 Weiner, Griffin	Rochester	15:37.50
	4:12.942 (36.629)	4:49.147 (36.205)	5:25.274 (36.127)	36.801 (36.801)	1:12.771 (35.971)	1:49.098 (36.327)
	6:01.293 (36.020)	6:37.540 (36.247)	7:14.098 (36.559)	2:24.593 (35.495)	3:00.221 (35.629)	3:36.169 (35.948)
	7:51.156 (37.058)	8:28.944 (37.789)	9:07.424 (38.480)	4:12.866 (36.697)	4:48.977 (36.112)	5:25.549 (36.572)
	9:45.828 (38.405)	10:24.269 (38.441)	11:02.705 (38.436)	6:01.672 (36.124)	6:37.924 (36.252)	7:14.782 (36.859)
	11:41.564 (38.860)	12:20.697 (39.134)		7:53.328 (38.546)	8:32.180 (38.852)	9:11.529 (39.350)
	13:38.540 (38.801)	14:16.894 (38.355)	14:53.120 (36.226)	9:50.241 (38.713)	10:28.446 (38.205)	11:07.161 (38.715)
	15:26.104 (32.985)			11:46.900 (39.740)	12:26.012 (39.113)	
				13:43.414 (38.500)	14:22.886 (39.472)	15:00.093 (37.208)
				15:37.492 (37.400)		

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

Results				Finals ... (Event 7 Men 5000 Meter Run)					
				Name		School		Finals	
23	Boyle, Landon		East Strouds	15:41.97	28	Patry, Owen	St. Lawrence	15:51.80	
	38.650 (38.650)	1:16.261 (37.611)	1:54.693 (38.433)			37.681 (37.681)	1:15.681 (38.000)	1:54.032 (38.352)	
	2:32.925 (38.232)	3:09.450 (36.525)	3:46.532 (37.082)			2:32.452 (38.420)	3:10.672 (38.220)	3:48.071 (37.400)	
	4:23.169 (36.638)	5:00.556 (37.387)	5:38.487 (37.932)			4:26.199 (38.129)	5:03.323 (37.125)	5:41.974 (38.651)	
	6:15.257 (36.770)	6:52.894 (37.638)	7:31.192 (38.299)			6:20.407 (38.433)	6:58.922 (38.516)	7:37.445 (38.523)	
	8:07.895 (36.703)	8:46.021 (38.126)	9:25.209 (39.189)			8:15.953 (38.509)	8:54.914 (38.961)	9:33.519 (38.605)	
	10:04.567 (39.358)	10:43.891 (39.325)	11:22.727 (38.837)			10:11.813 (38.295)	10:49.923 (38.110)	11:28.270 (38.347)	
	12:02.554 (39.827)	12:41.952 (39.398)				12:07.197 (38.928)	12:45.704 (38.507)		
	13:58.786 (38.630)	14:36.595 (37.810)	15:11.857 (35.263)			14:03.499 (39.285)	14:41.608 (38.110)	15:18.522 (36.915)	
	15:41.962 (30.105)					15:51.797 (33.275)			
24	Chang, Kai		Vassar	15:44.20	29	Williams, Zach	Colgate	15:52.43	
	33.696 (33.696)	1:09.537 (35.841)	1:46.886 (37.350)			37.522 (37.522)	1:13.690 (36.168)	1:50.118 (36.429)	
	2:23.711 (36.825)	3:00.859 (37.149)	3:38.064 (37.205)			2:26.780 (36.662)	3:04.904 (38.125)	3:42.801 (37.897)	
	4:15.122 (37.059)	4:52.327 (37.205)	5:30.016 (37.690)			4:19.790 (36.990)	4:56.743 (36.954)	5:33.814 (37.071)	
	6:08.366 (38.350)	6:46.496 (38.130)	7:24.457 (37.962)			6:10.200 (36.386)	6:47.218 (37.019)	7:25.085 (37.867)	
	8:01.973 (37.516)	8:40.155 (38.182)	9:18.389 (38.235)			8:02.318 (37.234)	8:39.922 (37.604)	9:18.066 (38.145)	
	9:56.801 (38.412)	10:36.345 (39.545)	11:15.357 (39.013)			9:57.022 (38.957)	10:36.613 (39.591)	11:15.411 (38.798)	
	11:55.502 (40.145)	12:34.632 (39.130)				11:55.134 (39.724)	12:35.447 (40.314)		
	13:52.772 (39.383)	14:32.257 (39.486)	15:09.584 (37.327)			13:55.537 (40.601)	14:35.933 (40.396)	15:15.485 (39.552)	
	15:44.195 (34.611)					15:52.421 (36.936)			
25	O'Dell, Quinn		St. Joseph's	15:46.15	30	Tramontano, Michael	Wesleyan	15:52.90	
	36.605 (36.605)	1:13.598 (36.994)	1:51.101 (37.503)			37.336 (37.336)	1:15.952 (38.616)	1:53.463 (37.512)	
	2:28.168 (37.068)	3:05.879 (37.711)	3:43.813 (37.935)			2:31.762 (38.299)	3:09.083 (37.322)	3:46.229 (37.146)	
	4:21.521 (37.708)	4:59.581 (38.060)	5:37.504 (37.924)			4:24.246 (38.017)	5:02.831 (38.585)	5:42.127 (39.296)	
	6:14.770 (37.266)	6:52.406 (37.636)	7:30.757 (38.352)			6:20.648 (38.522)	6:59.133 (38.485)	7:37.712 (38.579)	
	8:08.865 (38.108)	8:47.309 (38.445)	9:25.880 (38.571)			8:16.151 (38.440)	8:55.126 (38.975)	9:33.814 (38.689)	
	10:04.759 (38.880)	10:43.791 (39.032)	11:22.978 (39.188)			10:12.015 (38.201)	10:50.927 (38.913)	11:29.302 (38.375)	
	12:02.269 (39.291)	12:41.473 (39.205)				12:08.560 (39.258)	12:47.662 (39.102)		
	13:58.348 (37.747)	14:35.892 (37.544)	15:12.637 (36.745)			14:04.947 (38.491)	14:42.678 (37.732)	15:19.327 (36.649)	
	15:46.145 (33.509)					15:52.891 (33.565)			
26	Davis, RJ		Cortland St.	15:47.61	31	O'Keefe, John	Unattached	15:53.01	
	38.797 (38.797)	1:16.379 (37.583)	1:55.496 (39.117)			36.214 (36.214)	1:12.245 (36.031)	1:48.159 (35.915)	
	2:33.640 (38.145)	3:11.037 (37.398)	3:49.029 (37.992)			2:23.223 (35.065)	2:58.892 (35.670)	3:35.284 (36.392)	
	4:27.073 (38.045)	5:04.515 (37.442)	5:41.745 (37.230)			4:12.214 (36.930)	4:48.512 (36.299)	5:25.753 (37.241)	
	6:19.388 (37.644)	6:57.350 (37.962)	7:36.236 (38.886)			6:03.512 (37.760)	6:41.542 (38.030)	7:20.395 (38.853)	
	8:14.145 (37.910)	8:52.174 (38.030)	9:30.374 (38.200)			7:59.747 (39.353)	8:38.580 (38.833)	9:17.828 (39.249)	
	10:09.205 (38.831)	10:47.962 (38.758)	11:26.341 (38.379)			9:56.552 (38.725)	10:35.914 (39.362)	11:15.582 (39.669)	
	12:04.605 (38.265)	12:43.004 (38.400)				11:54.532 (38.950)	12:34.601 (40.069)		
	13:58.099 (36.964)	14:37.042 (38.943)	15:12.548 (35.507)			13:54.136 (39.581)	14:34.511 (40.376)	15:14.594 (40.083)	
	15:47.609 (35.061)					15:53.002 (38.409)			
27	Serrano, Matthew		St. Lawrence	15:51.52	32	Argerakis, Peter	Unattached	15:55.32	
	37.471 (37.471)	1:15.612 (38.141)	1:53.872 (38.261)			35.372 (35.372)	1:12.798 (37.426)	1:50.606 (37.808)	
	2:32.348 (38.476)	3:10.488 (38.140)	3:47.824 (37.336)			2:27.604 (36.999)	3:05.317 (37.714)	3:43.164 (37.847)	
	4:25.938 (38.115)	5:03.072 (37.134)	5:41.452 (38.381)			4:20.719 (37.555)	4:58.166 (37.447)	5:36.075 (37.910)	
	6:19.584 (38.132)	6:57.622 (38.038)	7:35.534 (37.913)			6:14.047 (37.972)	6:52.027 (37.980)	7:30.407 (38.380)	
	8:13.867 (38.334)	8:52.486 (38.619)	9:30.625 (38.140)			8:09.492 (39.086)	8:48.952 (39.460)	9:28.142 (39.191)	
	10:08.901 (38.276)	10:47.679 (38.779)	11:26.016 (38.337)			10:07.777 (39.635)	10:47.304 (39.527)	11:26.727 (39.424)	
	12:04.829 (38.814)	12:48.227 (43.398)				12:05.901 (39.174)	12:44.923 (39.023)		
	14:00.806 (38.634)	14:39.413 (38.608)	15:17.127 (37.714)			14:03.239 (39.125)	14:42.181 (38.942)	15:19.635 (37.455)	
	15:51.517 (34.390)					15:55.311 (35.676)			

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

33	Betz, Holden	Monmouth	15:56.47	Finals ... (Event 7 Men 5000 Meter Run)			
	35.943 (35.943)	1:11.665 (35.722)	1:47.025 (35.360)	Name	School	Finals	
	2:23.798 (36.774)	3:00.946 (37.148)	3:38.140 (37.195)	38 Koen, Derick	RIT	16:15.10	
	4:14.208 (36.069)	4:50.803 (36.595)	5:27.558 (36.755)	35.549 (35.549)	1:12.358 (36.810)	1:49.336 (36.978)	
	6:04.645 (37.087)	6:42.033 (37.389)	7:20.063 (38.030)	2:24.082 (34.747)	3:01.917 (37.835)	3:39.963 (38.046)	
	7:58.252 (38.189)	8:37.440 (39.189)	9:16.371 (38.931)	4:16.872 (36.910)	4:55.606 (38.734)	5:33.767 (38.162)	
	9:55.423 (39.053)	10:34.007 (38.585)	11:14.148 (40.141)	6:11.706 (37.939)	6:50.535 (38.830)	7:30.097 (39.562)	
	11:55.338 (41.190)	12:36.754 (41.416)		8:08.552 (38.455)	8:47.870 (39.319)	9:27.765 (39.895)	
	13:58.947 (40.783)	14:39.252 (40.305)	15:18.288 (39.037)	10:08.006 (40.241)	10:48.228 (40.223)	11:28.537 (40.310)	
	15:56.462 (38.175)			12:07.955 (39.418)	12:48.242 (40.288)		
34	Schreiber, Adam	Cortland St.	16:01.39	14:09.951 (41.735)	14:52.202 (42.251)	15:33.777 (41.576)	
	38.960 (38.960)	1:16.581 (37.621)	1:55.746 (39.165)	16:15.098 (41.321)			
	2:33.890 (38.145)	3:11.302 (37.412)	3:49.199 (37.898)	39 Koepp, Josh	Cortland St.	16:17.05	
	4:27.415 (38.216)	5:04.711 (37.296)	5:42.007 (37.297)	38.462 (38.462)	1:16.178 (37.717)	1:55.246 (39.068)	
	6:20.143 (38.136)	6:58.640 (38.497)	7:37.210 (38.570)	2:33.340 (38.095)	3:10.732 (37.392)	3:48.747 (38.015)	
	8:15.689 (38.480)	8:54.442 (38.754)	9:33.264 (38.822)	4:26.802 (38.055)	5:04.124 (37.323)	5:41.512 (37.388)	
	10:11.573 (38.310)	10:50.703 (39.130)	11:29.622 (38.920)	6:19.810 (38.299)	6:58.607 (38.797)	7:36.946 (38.340)	
	12:08.810 (39.188)	12:47.920 (39.110)		8:16.272 (39.326)	8:54.674 (38.403)	9:34.171 (39.497)	
	14:06.154 (39.985)	14:45.704 (39.550)	15:25.140 (39.436)	10:12.842 (38.672)	10:52.018 (39.176)	11:31.710 (39.692)	
	16:01.384 (36.245)			12:11.962 (40.253)	12:53.432 (41.470)		
35	Faust, Anthony	Holy Family	16:03.30	14:16.598 (41.264)	14:57.582 (40.984)	15:37.816 (40.235)	
	36.389 (36.389)	1:14.114 (37.725)	1:51.692 (37.579)	16:17.041 (39.225)			
	2:29.163 (37.471)	3:06.202 (37.039)	3:44.115 (37.914)	40 Mazza, Jordan	Unattached	16:58.79	
	4:21.844 (37.730)	5:00.363 (38.520)	5:38.884 (38.521)	39.507 (39.507)	1:17.222 (37.715)	1:54.526 (37.305)	
	6:16.260 (37.376)	6:54.465 (38.205)	7:32.812 (38.348)	2:32.097 (37.572)	3:09.815 (37.718)	3:46.976 (37.161)	
	8:11.570 (38.758)	8:51.542 (39.972)	9:31.741 (40.200)	4:24.732 (37.756)	5:02.561 (37.830)	5:41.207 (38.647)	
	10:12.140 (40.400)	10:51.037 (38.897)	11:30.572 (39.536)	6:19.791 (38.584)	6:59.587 (39.796)	7:40.472 (40.886)	
	12:09.998 (39.426)	12:49.322 (39.324)		8:22.509 (42.037)	9:04.129 (41.620)	9:47.290 (43.161)	
	14:09.275 (39.927)	14:49.196 (39.921)	15:27.497 (38.302)	10:29.080 (41.790)	11:10.481 (41.401)	11:54.186 (43.705)	
	16:03.292 (35.795)			12:38.553 (44.368)	13:23.337 (44.784)		
36	Dufrene, Caden	Bloomsburg	16:04.25	14:54.572 (45.427)	15:39.173 (44.601)	16:21.881 (42.708)	
	39.259 (39.259)	1:16.532 (37.274)	1:54.707 (38.175)	16:58.788 (36.908)			
	2:31.976 (37.270)	3:08.830 (36.855)	3:45.622 (36.793)	41 Brown, William	New Haven	16:58.84	
	4:22.184 (36.562)	4:59.647 (37.464)	5:37.170 (37.523)	37.107 (37.107)	1:15.259 (38.153)	1:52.876 (37.617)	
	6:14.459 (37.290)	6:51.890 (37.431)	7:29.927 (38.037)	2:31.638 (38.763)	3:10.109 (38.471)	3:48.568 (38.460)	
	8:08.234 (38.308)	8:46.950 (38.716)	9:26.313 (39.364)	4:26.894 (38.326)	5:07.169 (40.275)	5:48.151 (40.982)	
	10:05.670 (39.357)	10:44.663 (38.994)	11:24.016 (39.353)	6:29.248 (41.098)	7:10.692 (41.444)	7:52.840 (42.149)	
	12:03.962 (39.946)	12:44.792 (40.830)		8:35.102 (42.262)	9:17.595 (42.494)	9:59.922 (42.328)	
	14:08.404 (41.611)	14:49.919 (41.515)	15:28.862 (38.943)	10:42.725 (42.803)	11:25.447 (42.723)	12:08.165 (42.718)	
	16:04.244 (35.383)			12:50.296 (42.131)	13:33.530 (43.235)		
37	Young, Colin	St. Lawrence	16:10.98	14:59.457 (42.510)	15:41.665 (42.209)	16:23.272 (41.607)	
	39.683 (39.683)	1:16.819 (37.136)	1:54.946 (38.127)	16:58.832 (35.561)			
	2:32.611 (37.665)	3:10.946 (38.335)	3:47.546 (36.600)	--- Valdevit, Luke	East Strouds	DNF	
	4:25.617 (38.071)	5:02.276 (36.660)	5:41.720 (39.445)	37.960 (37.960)	1:15.396 (37.436)	1:53.089 (37.694)	
	6:19.267 (37.548)	6:57.997 (38.730)	7:35.954 (37.958)	2:31.368 (38.280)	3:08.188 (36.820)	3:45.942 (37.755)	
	8:15.530 (39.576)	8:54.799 (39.270)	9:34.264 (39.465)	4:22.780 (36.838)	5:00.140 (37.360)	5:38.201 (38.061)	
	10:14.370 (40.106)	10:54.817 (40.448)	11:35.885 (41.068)	6:15.564 (37.364)	6:53.375 (37.811)	7:31.524 (38.150)	
	12:16.629 (40.745)	12:56.686 (40.057)		8:09.427 (37.904)	8:48.685 (39.258)	9:28.032 (39.348)	
	14:15.988 (38.734)	14:57.120 (41.132)	15:36.094 (38.975)	10:08.632 (40.600)			
	16:10.977 (34.884)			--- Beck, Brian	Hofstra	DNS	
				--- Carolan, Patrick	Widener	DNS	
				--- Longosiwa, Abraham	Hofstra	DNS	

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results****Event 8 Women 60 Meter Dash**

Name	School	Prelims
Preliminaries		
1 Oku, Gifty	Coppin State	7.71q
2 Rose, Sydney	St. Joseph's	7.71q
3 White, Khaliyah	Delaware Sta	7.72q
4 Davis, Nevaeh	La Salle	7.78q
5 Hodge, Jada	Stony Brook	7.79q
6 Cervenak, Jessica	Monmouth	7.87q
7 Cerbone, Dana	Stony Brook	7.88q
8 Lewis, Jazmyn	The Speed Ac	7.89q
9 Walker, Judith	St. Joseph's	7.91
10 Vandergrift, Aaliyah	St. Peter's	7.92
11 Riley, Shaunelle	Fairleigh Di	7.92
12 Allen, Ahliyah	La Salle	7.93
13 Sharps, Malea	Maryland-Eas	7.95
14 Riley, Shantelle	Fairleigh Di	7.97
15 Salkey, Ariel	Holy Family	7.98
16 Camp, Brandi	St. Joseph's	7.99
17 Gosier, Vernetta	St. Peter's	7.99
18 Davis, Jaelyn	Stony Brook	8.01
19 Atkins, Akajia	Stony Brook	8.03
20 McNeil, Alexxis	Farmingdale	8.03
21 Pittman, Autumn	Cortland St.	8.05
22 Francis, Traci	Vassar	8.06
22 Fashina, Aronke	La Salle	8.06
24 Thomas, Jazmine	Maryland-Eas	8.08
25 Dotts, Chloe	American	8.09
26 Shanks, Annabelle	Rochester	8.11
27 LaBelle, Alyssa	Cortland St.	8.16
28 Moses, Jahsaiah	Haverford	8.17
29 Chardon, Karla	Goldey-Beaco	8.18
30 Sorvino, Carli	Monmouth	8.22
31 Howell, Zyon	Monmouth	8.22
32 Ofotan, Jewel	Temple	8.23
33 D'Aulerio, Olivia	Haverford	8.24
34 Sobczyk, Kendall	Cortland St.	8.25
35 Bohorquez Gonzalez, Yan	Georgian Cou	8.25
36 Hill, Caroline	RIT	8.27
--- Greig, Lauren	Temple	DNS
--- Henry-Ellis, Kimoya	Holy Family	DNS
--- Morris, Akayla	Fairleigh Di	DNS
--- Bryant, Sanai	St. Peter's	DNS

Event 8 Women 60 Meter Dash

Name	School	Finals
Finals		
1 Rose, Sydney	St. Joseph's	7.62
2 Oku, Gifty	Coppin State	7.69
3 White, Khaliyah	Delaware Sta	7.72
4 Hodge, Jada	Stony Brook	7.80
5 Davis, Nevaeh	La Salle	7.84
6 Cervenak, Jessica	Monmouth	7.86
7 Lewis, Jazmyn	The Speed Ac	7.89
8 Cerbone, Dana	Stony Brook	7.90

Event 9 Women 60 Meter Dash College

Name	School	Finals
Finals		
1 Castagnier, Hayley	St. Lawrence	7.14
2 Girdy, Maya	East Strouds	7.20
3 Hall, Mikayla	Holy Family	7.23
4 Thomas, Lauren	Lafayette	7.23
5 Woodrum, Kaelyn	Coppin State	7.26
6 Smith, Patrice	Columbia	7.32
7 Gerber, Daphna	New Haven	7.51
8 Turner, Sydonia	Holy Family	8.11
9 Perez-Fry, Lola	Vassar	8.29
10 Kyriacou, Christina	Rochester	8.34
11 Bennett, Taylor	La Salle	8.40
12 Eu, Jamie	Vassar	8.41
13 Ross, Julia	Cortland St.	8.41
14 Robinson, Mar'Shay	Maryland-Eas	8.43
15 Rowley, Sage	Kutztown	8.47
16 Strand, Jada	Maryland-Eas	8.49
17 Knight, Cora	St. Lawrence	8.57
18 Tang, Kitty	Unattached	8.59
19 Larose, Stacy	La Salle	8.60
20 Searles, Nikki	Adelphi	8.61
21 Lewis, Ellonah	Goldey-Beaco	8.61
22 McBride, Jenna	Adelphi	8.62
23 Toogood, Kalin	Maryland-Eas	8.67
24 Reed, Lauren	East Strouds	8.69
25 Goldsmith, Janell	Neumann	8.71
26 Baker, Deandra	Hofstra	8.80
27 Fletcher, Michaela	Neumann	8.80
28 Collier, Andrea	Unattached	8.81
29 Agarwal, Neev	American	8.86
30 Eastlack, Devon	Muhlenberg	8.88
31 Cichon, Meghan	Farmingdale	8.94
32 Gordon, Lilly	Lafayette	8.98
33 DeMichele, Mikayla	Muhlenberg	9.04
34 Busam, Madeline	Vassar	9.05
35 Villatoro, Laura	CCNY	9.14
36 Konake, Djeneba	Neumann	9.15
37 De Jesus, Yoselis	New Jersey C	9.18
38 Khan, Zuha	CCNY	9.25
39 Valerio, Johanni	CCNY	9.41
40 Trong, Livia	Hofstra	9.46
41 Lande, Rachel	Hofstra	9.47
42 Soto, Kaylin	CCNY	9.64
43 Finnegan, Olivia	Farmingdale	9.65
44 Bernabe, Liz	New Jersey C	9.82
45 Flamer, Jaylah	Neumann	9.91
46 Hunter, Peta-Gay	York (N.Y.)	9.94
47 Brennan, Mikayla	Gwynedd-Merc	10.01
48 Jones, Kresanta	York (N.Y.)	10.79
--- Schmidt, Hannah	Fairleigh Di	DNS
--- Guerrero, Melanie	York (N.Y.)	DNS
--- Falkowski, Lily	Vassar	DNS
--- Fronc, Wiktoria	Hofstra	DNS

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

---	Rojas, Nayelly	York (N.Y.)	DNS
---	Nott, Kylie	Fairleigh Di	DNS
---	Beaver, Rebecca	Wesleyan	DNS
---	Hui, G	Unattached	DNS
---	Young, Lamya	New Jersey C	DNS
---	Boulard, Elizabeth	York (N.Y.)	DNS
---	Palmer, Erin	Coppin State	DNS

Event 10 Men 60 Meter Dash

	Name	School	Prelims
Preliminaries			
1	Drakes, Carl	Coppin State	6.80q
2	Sosoo, Bryan	Central Park	6.82q
3	Wright, Noxroy	Coppin State	6.87q
4	Catherman, John	Princeton	6.89q
5	Reid, Radjae	Maryland-Eas	6.89q
6	Bascom, Jeremy	Unattached	6.91q
7	Forson, Prince	Ghana	6.92q
8	Muir, Brandon	Monmouth	6.94q
9	Noreiga, Renaldo-Alleyne	St. Francis	6.95
10	Brock, Ahmad	Monmouth	6.98
11	Herring, Mahki	Maryland-Eas	6.99
12	Kislenko, Alex	Monmouth	6.99
13	Gordon, Elizah	St. Thomas A	7.00
14	Adedokun, Azeez	Monmouth	7.01
15	Duffault, Robensky	Monroe Colle	7.07
16	London, P.J.	Rochester	7.07
17	Goslee, Caleb	Maryland-Eas	7.08
18	Mirac, Judeson	St. Peter's	7.09
19	Robins, Kirkland	Seton Hill	7.10
20	Campbell, Andrew	Seton Hill	7.10
21	Laurier, Witchell	Maryland-Eas	7.13
22	Brooks, Jonathan	Maryland-Eas	7.14
23	Roach, Noah	Georgian Cou	7.15
24	Burrus, James	Monmouth	7.16
25	Bowen, Javon	Holy Family	7.19
26	Schaffert, Matthew	Cortland St.	7.20
27	Paige, Chris	Princeton	7.21
28	Blair, Cole	Colgate	7.22
29	Johnson, Morris	Farmingdale	7.22
30	Henry, Logan	St. Joseph's	7.25
31	Harris, Anthony	Coppin State	7.26
32	Campbell, Amari	St. Peter's	7.32
33	Dunn, Durran	Unattached	7.37
---	Parkinson, Jovanni	Elitefeats	FS
---	Schlotterbeck, Cole	Coppin State	FS
---	Egbe, Amechi	AthleticsTX	DNS
---	Tabois, Jady	Iona	DNS
---	Paige, Nadir	Holy Family	DNS
---	Scott, Jeremy	Iona	DNS
---	Mc Intyre, Aleigh	Unattached	DNS

Event 10 Men 60 Meter Dash

	Name	School	Finals
Finals			
1	Wright, Noxroy	Coppin State	6.72

Finals ... (Event 10 Men 60 Meter Dash)

	Name	School	Finals
2	Sosoo, Bryan	Central Park	6.76
3	Drakes, Carl	Coppin State	6.77
4	Bascom, Jeremy	Unattached	6.86
5	Reid, Radjae	Maryland-Eas	6.94
6	Muir, Brandon	Monmouth	6.95
7	Forson, Prince	Ghana	6.95
---	Catherman, John	Princeton	DNS

Event 11 Men 60 Meter Dash College

	Name	School	Finals
Finals			
1	Bacette, Carl	Adelphi	7.15
2	Vazquez, Justin	Stony Brook	7.20
3	Barrett, Jaden	Wagner	7.20
4	Graham, Maurice	CPTC	7.22
5	Jantzi, Justin	RIT	7.23
6	Eribo, Manny	Rochester	7.24
7	Soubik, Branden	Gwynedd-Merc	7.26
8	Tai, Aidan	Lafayette	7.27
9	Liu, Frederick	Rochester	7.30
10	Manente, Eddie	Cortland St.	7.30
11	Ibarra, Fernando	American	7.32
12	Maxwell, Leelan	St. Thomas A	7.34
13	Boxton, Iyad	St. Peter's	7.34
14	Jenkins, Jayden	Colgate	7.38
15	Folarin, Timothy	Farmingdale	7.38
16	Garcia, Jason	New Jersey C	7.39
17	Castro, Joshua	Muhlenberg	7.41
18	Ellerbe-Cundiff, Jamari	New Haven	7.41
19	Hauf, William	St. Lawrence	7.42
20	Joseph, David	Monroe Colle	7.43
21	Kurtz, Evan	Houghton	7.43
22	Wenz, Matthew	Adelphi	7.46
23	Halpin, Carter	SU Running C	7.47
24	Jenkins, Javon	St. Peter's	7.50
25	McGeary, Alex	St. Joseph's	7.51
26	Hill, Jonathan	Haverford	7.54
27	Spera, Luke	Widener	7.54
28	Cruz, Arison	Colgate	7.57
29	Brandi, Daniel	Build	7.59
30	Murphey, Logan	Wagner	7.59
31	Wagnac, James	Adelphi	7.60
32	Wilson-Hill, Tahkwai	York (N.Y.)	7.62
33	Strouble, Thomas	Monroe Colle	7.63
34	Chatterjee, Nayan	Hofstra	7.64
35	Smith, Radelson	Gwynedd-Merc	7.65
36	Johnson, Montaz	Neumann	7.65
37	Padron, Alec	Hofstra	7.67
38	Sulli, Luke	Adelphi	7.70
39	Dayton, Rafael	Monroe Colle	7.81
40	Pierce, Walter	New Jersey C	7.86
41	Tirabanti-Bonilla, Cesar	LIU	7.87
42	Claro, Rey	Vassar	7.90
43	Urcia, Simoun	CCNY	7.92

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

44	Desai, Lekh	LIU	7.97
45	Ricciardi, Matt	Neumann	8.03
46	Luxama, Donald	New Jersey C	8.07
47	Hunter, Kevin	Neumann	8.16
48	Castro, Raphael	New Jersey C	8.23
49	Guzman, Andry	CCNY	8.35
50	Haripal, Vis	Hofstra	8.40
51	Aponte, Kieran	Kutztown	8.45
52	Ortiz, Bryan	York (N.Y.)	8.58
53	Wylde-Gladbach, Carlos	Neumann	8.62
54	Navor, Angel	CCNY	9.18
55	Summan, Harreek	CCNY	10.08
---	Chen, Ethan	Unattached	DNS
---	Styles, Wayne	Neumann	DNS
---	Worley, Darnell	Vassar	DNS
---	Maratea, Joseph	St. Francis	DNS
---	Franzetti, Greg	Hofstra	DNS

Event 12 Women 1 Mile Run

	Name	School	Finals
Finals			
1	Weigele, Grace	Stony Brook	4:50.61
	38.924 (38.924)	1:15.883 (36.959)	1:51.425 (35.543)
	2:27.633 (36.208)	3:03.789 (36.156)	3:39.989 (36.200)
	4:16.003 (36.015)	4:50.606 (34.604)	
2	McLoughlin, Fiona	Stony Brook	4:53.61
	38.798 (38.798)	1:15.642 (36.845)	1:51.195 (35.554)
	2:27.370 (36.175)	3:03.535 (36.165)	3:39.771 (36.236)
	4:16.302 (36.531)	4:53.610 (37.309)	
3	Rutt, Samantha	Unattached	4:57.60
	39.375 (39.375)	1:16.963 (37.588)	1:53.525 (36.563)
	2:30.344 (36.819)	3:07.599 (37.256)	3:45.483 (37.884)
	4:22.738 (37.255)	4:57.596 (34.859)	
4	Garcia, Nicole	Stony Brook	4:58.31
	39.169 (39.169)	1:16.719 (37.551)	1:53.307 (36.588)
	2:30.009 (36.702)	3:07.452 (37.444)	3:45.271 (37.820)
	4:22.590 (37.320)	4:58.306 (35.716)	
5	Roth, Darby	Seton Hill	5:05.79
	38.934 (38.934)	1:16.453 (37.520)	1:54.055 (37.603)
	2:32.563 (38.508)	3:12.524 (39.962)	3:51.846 (39.322)
	4:30.411 (38.565)	5:05.787 (35.376)	
6	Cunningham, Alexis	Seton Hill	5:06.28
	39.604 (39.604)	1:17.858 (38.255)	1:55.535 (37.678)
	2:33.732 (38.197)	3:12.558 (38.826)	3:51.478 (38.920)
	4:30.480 (39.003)	5:06.279 (35.799)	
7	Burrichter, Amanda	Houghton	5:06.68
	39.519 (39.519)	1:18.259 (38.740)	1:56.629 (38.370)
	2:34.805 (38.176)	3:13.344 (38.539)	3:52.196 (38.853)
	4:29.961 (37.765)	5:06.678 (36.717)	
8	Hollander, Jane	Wesleyan	5:07.05
	39.556 (39.556)	1:17.494 (37.938)	1:56.371 (38.877)
	2:35.814 (39.444)	3:15.253 (39.440)	3:54.659 (39.406)
	4:32.723 (38.065)	5:07.046 (34.323)	

Finals ... (Event 12 Women 1 Mile Run)			
	Name	School	Finals
9	Sibold, Allison	St. Lawrence	5:07.11
	39.154 (39.154)	1:18.232 (39.079)	1:57.064 (38.833)
	2:35.939 (38.875)	3:15.161 (39.222)	3:53.655 (38.495)
	4:32.078 (38.423)	5:07.109 (35.031)	
10	Flood, Julia	La Salle	5:07.17
	39.258 (39.258)	1:18.358 (39.100)	1:57.946 (39.589)
	2:37.917 (39.971)	3:16.501 (38.585)	3:55.298 (38.797)
	4:33.405 (38.107)	5:07.168 (33.764)	
11	Stockman, Augusta	Vassar	5:08.19
	39.401 (39.401)	1:17.598 (38.197)	1:55.218 (37.620)
	2:33.471 (38.254)	3:12.265 (38.795)	3:51.579 (39.314)
	4:31.286 (39.708)	5:08.189 (36.903)	
12	Duignan, Tess	LIU	5:09.06
	36.606 (36.606)	1:15.871 (39.265)	1:54.353 (38.483)
	2:34.745 (40.392)	3:14.503 (39.759)	3:53.926 (39.423)
	4:33.093 (39.168)	5:09.056 (35.964)	
13	Laverde, Maria	Colgate	5:10.36
	40.371 (40.371)	1:19.912 (39.542)	1:58.738 (38.826)
	2:37.292 (38.555)	3:15.728 (38.436)	3:54.909 (39.181)
	4:33.712 (38.803)	5:10.360 (36.649)	
14	Hauff, Tara	Stony Brook	5:10.52
	39.939 (39.939)	1:18.634 (38.695)	1:56.406 (37.773)
	2:35.336 (38.930)	3:14.696 (39.360)	3:54.930 (40.235)
	4:34.199 (39.270)	5:10.514 (36.315)	
15	Smith, Amelia	DeSales	5:10.64
	37.267 (37.267)	1:15.589 (38.322)	1:54.713 (39.125)
	2:34.369 (39.656)	3:14.093 (39.725)	3:53.306 (39.214)
	4:32.405 (39.099)	5:10.636 (38.232)	
16	Dumond, Brianna	Bloomsburg	5:12.39
	39.606 (39.606)	1:18.941 (39.335)	1:57.901 (38.960)
	2:36.607 (38.706)	3:15.417 (38.811)	3:54.690 (39.273)
	4:34.200 (39.510)	5:12.382 (38.182)	
17	Keeley, Alyssa	Bloomsburg	5:13.35
	39.714 (39.714)	1:19.123 (39.410)	1:58.231 (39.108)
	2:36.901 (38.670)	3:16.110 (39.210)	3:55.604 (39.495)
	4:35.660 (40.056)	5:13.347 (37.688)	
18	Ruggiero, Rachel	Stony Brook	5:13.57
	40.164 (40.164)	1:18.679 (38.516)	1:56.687 (38.008)
	2:35.694 (39.008)	3:14.891 (39.197)	3:55.073 (40.182)
	4:35.915 (40.843)	5:13.567 (37.652)	
19	Guzman, Amelie	Stony Brook	5:13.89
	39.211 (39.211)	1:16.405 (37.195)	1:55.701 (39.296)
	2:35.546 (39.846)	3:15.631 (40.085)	3:56.171 (40.540)
	4:35.916 (39.745)	5:13.888 (37.973)	
20	Kelly, Amanda	Bloomsburg	5:14.14
	39.940 (39.940)	1:17.901 (37.962)	1:57.067 (39.166)
	2:36.656 (39.590)	3:15.606 (38.950)	3:54.676 (39.070)
	4:33.832 (39.156)	5:14.140 (40.308)	
21	Saidman, Angela	Columbia	5:14.21
	39.186 (39.186)	1:17.422 (38.236)	1:56.371 (38.950)
	2:36.181 (39.810)	3:16.021 (39.840)	3:56.354 (40.334)
	4:35.928 (39.574)	5:14.210 (38.283)	

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

22	Angus, Marlee	Cortland St.	5:14.91
	40.024 (40.024)	1:20.095 (40.071)	1:59.383 (39.289)
	2:37.569 (38.186)	3:16.451 (38.882)	3:55.308 (38.858)
	4:34.640 (39.332)	5:14.910 (40.270)	
23	Crawford, Rowe	American	5:15.63
	39.596 (39.596)	1:18.271 (38.675)	1:57.871 (39.600)
	2:37.741 (39.871)	3:17.486 (39.745)	3:58.212 (40.726)
	4:38.654 (40.442)	5:15.626 (36.973)	
24	Juliano, Danielle	St. Joseph's	5:15.83
	37.677 (37.677)	1:16.129 (38.452)	1:55.527 (39.399)
	2:35.231 (39.704)	3:15.463 (40.233)	3:55.697 (40.235)
	4:36.115 (40.418)	5:15.821 (39.706)	
25	Petraskaite, Dominyka	Temple	5:17.71
	40.177 (40.177)	1:19.730 (39.554)	1:59.132 (39.402)
	2:38.364 (39.233)	3:18.429 (40.065)	3:59.087 (40.658)
	4:39.747 (40.661)	5:17.707 (37.960)	
26	Keane, Maura	St. Joseph's	5:18.12
	39.806 (39.806)	1:19.292 (39.487)	1:58.552 (39.260)
	2:38.012 (39.460)	3:17.434 (39.422)	3:58.697 (41.263)
	4:39.646 (40.950)	5:18.113 (38.468)	
27	Hurley, Rachel	Lafayette	5:18.37
	40.595 (40.595)	1:19.523 (38.929)	1:59.006 (39.483)
	2:37.813 (38.808)	3:17.582 (39.769)	3:58.188 (40.607)
	4:39.330 (41.142)	5:18.365 (39.035)	
28	Perrone, Caroline	St. Joseph's	5:18.50
	38.071 (38.071)	1:15.909 (37.838)	1:55.234 (39.325)
	2:34.925 (39.691)	3:15.076 (40.152)	3:56.014 (40.938)
	4:37.246 (41.233)	5:18.495 (41.249)	
29	Gilbert, Amelia	RIT	5:18.84
	40.382 (40.382)	1:20.219 (39.837)	1:59.995 (39.776)
	2:40.046 (40.051)	3:20.064 (40.019)	4:00.773 (40.710)
	4:40.163 (39.390)	5:18.840 (38.677)	
30	Sweely, Jaden	Widener	5:19.18
	39.904 (39.904)	1:19.949 (40.045)	1:59.882 (39.934)
	2:39.713 (39.831)	3:19.567 (39.855)	3:59.908 (40.341)
	4:40.075 (40.167)	5:19.180 (39.105)	
31	Palumbo, Emma	St. Lawrence	5:20.25
	39.655 (39.655)	1:18.487 (38.832)	1:57.336 (38.850)
	2:36.619 (39.284)	3:16.440 (39.821)	3:57.323 (40.883)
	4:39.600 (42.278)	5:20.248 (40.648)	
32	Verello, Ella	La Salle	5:20.45
	42.300 (42.300)	1:22.267 (39.968)	2:02.278 (40.011)
	2:42.353 (40.075)	3:21.875 (39.522)	4:02.233 (40.359)
	4:42.455 (40.223)	5:20.442 (37.987)	
33	Pipilo, Kate	Seton Hill	5:20.53
	40.329 (40.329)	1:20.231 (39.902)	1:59.684 (39.454)
	2:39.311 (39.627)	3:19.252 (39.942)	3:59.493 (40.241)
	4:40.406 (40.913)	5:20.529 (40.124)	
34	Lim, Nadia	Wesleyan	5:21.29
	39.031 (39.031)	1:17.857 (38.826)	1:57.461 (39.605)
	2:38.646 (41.185)	3:19.080 (40.435)	3:59.951 (40.872)
	4:41.077 (41.126)	5:21.287 (40.210)	
35	Dodenhoff, Lindsey	Stony Brook	5:21.44
	41.053 (41.053)	1:20.622 (39.570)	2:00.247 (39.625)
	2:40.185 (39.938)	3:20.267 (40.082)	4:01.113 (40.847)
	4:42.045 (40.932)	5:21.437 (39.393)	

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results****Finals ... (Event 12 Women 1 Mile Run)**

Name	School	Finals
36 Segrave-Daly, Carlyn	St. Joseph's	5:22.31
40.182 (40.182)	1:20.222 (40.040)	1:59.557 (39.336)
2:39.098 (39.541)	3:19.715 (40.617)	4:00.966 (41.251)
4:42.406 (41.440)	5:22.302 (39.896)	
37 Hastings, Bridget	St. Lawrence	5:23.56
40.476 (40.476)	1:21.116 (40.640)	2:01.356 (40.240)
2:41.941 (40.585)	3:22.200 (40.259)	4:03.041 (40.842)
4:44.641 (41.600)	5:23.554 (38.913)	
38 Martinelli, Jaclyn	Monmouth	5:24.09
39.411 (39.411)	1:18.186 (38.776)	1:57.321 (39.135)
2:36.891 (39.571)	3:16.227 (39.336)	3:57.420 (41.193)
4:40.601 (43.181)	5:24.081 (43.480)	
39 Danieu, Sierra	RIT	5:25.46
40.953 (40.953)	1:20.785 (39.833)	2:00.622 (39.837)
2:41.578 (40.956)	3:22.770 (41.193)	4:04.289 (41.519)
4:45.321 (41.033)	5:25.458 (40.137)	
40 Spottiswood, Maya	Stony Brook	5:25.60
41.089 (41.089)	1:20.752 (39.664)	2:00.530 (39.778)
2:40.555 (40.025)	3:20.919 (40.365)	4:02.311 (41.392)
4:44.014 (41.704)	5:25.598 (41.585)	
41 Lagat, Ashley	Delaware Sta	5:25.68
40.802 (40.802)	1:20.495 (39.694)	2:00.101 (39.606)
2:40.346 (40.245)	3:20.788 (40.443)	4:01.972 (41.184)
4:44.194 (42.223)	5:25.680 (41.486)	
42 Riley, Kate	American	5:26.33
39.742 (39.742)	1:18.359 (38.618)	1:55.378 (37.019)
2:33.623 (38.245)	3:13.042 (39.420)	3:55.219 (42.178)
4:40.039 (44.820)	5:26.324 (46.286)	
43 Ginty, Emily	LIU	5:26.54
41.266 (41.266)	1:21.368 (40.103)	2:01.277 (39.910)
2:41.866 (40.589)	3:23.060 (41.195)	4:05.289 (42.230)
4:47.051 (41.762)	5:26.536 (39.485)	
44 Piccinic, Shelby	St. Peter's	5:27.34
41.270 (41.270)	1:21.603 (40.333)	2:01.590 (39.988)
2:42.687 (41.097)	3:23.759 (41.072)	4:05.927 (42.169)
4:48.968 (43.041)	5:27.335 (38.367)	
45 Nautel, Abigail	RIT	5:27.49
40.700 (40.700)	1:20.539 (39.840)	2:00.305 (39.767)
2:40.869 (40.564)	3:22.076 (41.208)	4:04.109 (42.033)
4:46.423 (42.315)	5:27.489 (41.066)	
46 Dening, Jade	Utica	5:27.79
41.363 (41.363)	1:21.408 (40.045)	2:01.005 (39.597)
2:41.533 (40.529)	3:22.398 (40.865)	4:04.539 (42.141)
4:47.349 (42.810)	5:27.787 (40.439)	
47 Szambel, Elizabeth	Wagner	5:28.78
40.960 (40.960)	1:21.870 (40.910)	2:01.734 (39.864)
2:42.228 (40.495)	3:23.017 (40.790)	4:04.437 (41.420)
4:47.893 (43.456)	5:28.778 (40.885)	
48 Pampin, Michaela	Leonida Track	5:28.91
41.590 (41.590)	1:22.024 (40.434)	2:01.950 (39.927)
2:42.970 (41.020)	3:24.645 (41.675)	4:08.859 (44.215)
4:49.922 (41.064)	5:28.901 (38.980)	

49 Ieva, Kristin	Cortland St.	5:29.49
41.334 (41.334)	1:21.365 (40.031)	2:00.755 (39.391)
2:40.995 (40.240)	3:21.193 (40.198)	4:03.208 (42.015)
4:47.005 (43.797)	5:29.490 (42.486)	
50 Ponko, Ellie	Rochester	5:32.39
41.841 (41.841)	1:22.441 (40.600)	2:02.892 (40.451)
2:44.159 (41.267)	3:26.432 (42.274)	4:09.663 (43.231)
4:51.805 (42.142)	5:32.383 (40.579)	
51 Schwab, Hannah	American	5:33.96
40.596 (40.596)	1:21.140 (40.545)	2:01.680 (40.540)
2:42.842 (41.162)	3:25.091 (42.250)	4:08.217 (43.127)
4:51.611 (43.394)	5:33.958 (42.348)	
52 Kinnear, Caitlin	Muhlenberg	5:36.37
42.020 (42.020)	1:23.327 (41.307)	2:05.342 (42.015)
2:48.625 (43.284)	3:32.712 (44.087)	4:16.376 (43.665)
4:58.884 (42.508)	5:36.365 (37.482)	
53 Ellison, Adrienne	Muhlenberg	5:37.58
40.224 (40.224)	1:21.267 (41.044)	2:04.602 (43.335)
2:47.992 (43.391)	3:31.692 (43.700)	4:15.729 (44.037)
4:58.911 (43.182)	5:37.571 (38.660)	
54 Welker, Gianna	Utica	5:38.13
38.565 (38.565)	1:19.032 (40.467)	2:02.112 (43.080)
2:45.531 (43.420)	3:29.757 (44.226)	4:14.269 (44.513)
4:57.487 (43.219)	5:38.121 (40.634)	
55 Koobatian, Nina	Lafayette	5:38.29
41.500 (41.500)	1:21.875 (40.375)	2:01.915 (40.040)
2:42.939 (41.025)	3:24.459 (41.520)	4:08.966 (44.508)
4:53.367 (44.401)	5:38.286 (44.920)	
56 Charboneau, Lauren	St. Joseph's	5:40.66
39.202 (39.202)	1:18.942 (39.740)	2:01.854 (42.913)
2:45.211 (43.357)	3:29.494 (44.284)	4:13.918 (44.425)
4:58.357 (44.439)	5:40.658 (42.302)	
57 Ortuno, Gabriela	LIU	5:41.00
42.089 (42.089)	1:23.057 (40.969)	2:04.311 (41.255)
2:47.854 (43.543)	3:31.625 (43.771)	4:15.562 (43.938)
5:01.070 (45.508)	5:40.998 (39.929)	
58 Wojtach, Arden	Hofstra	5:41.15
38.991 (38.991)	1:19.353 (40.363)	2:02.536 (43.183)
2:46.275 (43.740)	3:30.756 (44.481)	4:15.558 (44.803)
4:59.599 (44.041)	5:41.143 (41.545)	
59 Addario, Shannon	St. Joseph's	5:41.63
41.871 (41.871)	1:23.052 (41.181)	2:05.394 (42.342)
2:48.080 (42.686)	3:31.868 (43.789)	4:15.215 (43.347)
4:59.410 (44.196)	5:41.625 (42.215)	
60 Furyk, Natasha	Muhlenberg	5:43.15
41.142 (41.142)	1:21.229 (40.088)	2:04.532 (43.304)
2:47.746 (43.214)	3:31.407 (43.662)	4:15.927 (44.520)
5:00.820 (44.893)	5:43.142 (42.322)	
61 Greene, Sara	Wesleyan	5:43.92
42.100 (42.100)	1:23.620 (41.521)	2:05.605 (41.985)
2:48.352 (42.748)	3:32.015 (43.664)	4:15.960 (43.945)
5:00.676 (44.716)	5:43.913 (43.237)	
62 Meinhardt, Quinn	Wesleyan	5:45.41
42.087 (42.087)	1:23.047 (40.960)	2:05.377 (42.331)
2:48.802 (43.425)	3:32.548 (43.746)	4:16.577 (44.030)
5:01.295 (44.718)	5:45.407 (44.112)	

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results****Finals ... (Event 12 Women 1 Mile Run)**

	Name	School	Finals
63	Kutner, Lucia	Adelphi	5:45.46
	41.142 (41.142)	1:21.397 (40.255)	2:04.655 (43.259)
	2:48.114 (43.460)	3:31.770 (43.656)	4:16.042 (44.273)
	5:00.527 (44.485)	5:45.453 (44.927)	
64	Kaas, Elsie	New Haven	5:45.87
	41.669 (41.669)	1:22.812 (41.144)	2:04.835 (42.023)
	2:48.283 (43.449)	3:32.348 (44.065)	4:17.022 (44.675)
	5:01.965 (44.943)	5:45.861 (43.897)	
65	Beasley, Amirah	Georgian Cou	5:48.81
	42.392 (42.392)	1:23.904 (41.512)	2:07.090 (43.186)
	2:50.583 (43.494)	3:34.927 (44.345)	4:19.687 (44.760)
	5:05.786 (46.099)	5:48.807 (43.022)	
66	Rudolph, Emily	Widener	5:50.18
	46.065 (46.065)	1:28.864 (42.800)	2:12.907 (44.043)
	2:56.532 (43.625)	3:39.520 (42.989)	4:22.587 (43.067)
	5:06.856 (44.270)	5:50.172 (43.317)	
67	Long, Kathryn	Widener	5:51.74
	46.634 (46.634)	1:29.629 (42.995)	2:13.803 (44.175)
	2:58.625 (44.822)	3:42.912 (44.288)	4:26.572 (43.660)
	5:10.767 (44.196)	5:51.731 (40.964)	
68	Kattam, Purity	Delaware Sta	5:53.95
	41.601 (41.601)	1:23.669 (42.069)	2:08.001 (44.332)
	2:53.189 (45.189)	3:39.160 (45.971)	4:24.617 (45.458)
	5:10.007 (45.390)	5:53.950 (43.944)	
69	Elgrim, Megan	East Strouds	5:56.86
	41.625 (41.625)	1:22.765 (41.140)	2:05.851 (43.086)
	2:49.979 (44.128)	3:36.148 (46.170)	4:23.563 (47.415)
	5:10.925 (47.363)	5:56.855 (45.930)	
70	Comer, Jady	Delaware Sta	5:59.28
	42.434 (42.434)	1:25.172 (42.739)	2:10.644 (45.472)
	2:57.244 (46.600)	3:44.705 (47.462)	4:31.685 (46.980)
	5:18.130 (46.446)	5:59.272 (41.142)	
71	Araujo, Jillian	New Haven	6:13.20
	45.073 (45.073)	1:28.007 (42.935)	2:13.092 (45.085)
	2:59.462 (46.371)	3:48.734 (49.272)	4:38.809 (50.075)
	5:28.352 (49.543)	6:13.195 (44.844)	
72	Pataky, Ashlee	Georgian Cou	6:17.82
	46.227 (46.227)	1:32.675 (46.449)	2:20.085 (47.410)
	3:07.577 (47.492)	3:55.817 (48.241)	4:45.522 (49.705)
	5:34.061 (48.540)	6:17.820 (43.760)	
73	Lloyd, Julia	Holy Family	6:18.34
	42.775 (42.775)	1:24.412 (41.637)	2:08.999 (44.588)
	2:56.473 (47.475)	3:46.511 (50.038)	4:38.199 (51.689)
	5:29.537 (51.338)	6:18.333 (48.797)	
74	Hannan, Maggie	Adelphi	6:27.01
	41.412 (41.412)	1:23.069 (41.657)	2:09.498 (46.430)
	2:59.132 (49.635)	3:51.479 (52.347)	4:44.630 (53.151)
	5:37.144 (52.515)	6:27.004 (49.860)	
75	Gerby, Maddie	Adelphi	6:35.34
	45.746 (45.746)	1:30.810 (45.065)	2:18.011 (47.201)
	3:07.327 (49.317)	3:57.215 (49.888)	4:50.495 (53.280)
	5:42.942 (52.448)	6:35.335 (52.393)	

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

76	Merced, Emmaly	York (N.Y.)	7:04.33
	47.035 (47.035)	1:31.895 (44.860)	2:20.970 (49.075)
	3:14.644 (53.675)	4:12.786 (58.142)	5:09.601 (56.815)
	6:09.114 (59.514)	7:04.326 (55.212)	
---	Mihaylova, Ralitsa	LIU	DNS
---	Masciarelli, Sophia	Hofstra	DNS
---	McDonnell, Jordyn	Hofstra	DNS
---	Mansfield, Julia	Hofstra	DNS
---	Reid, Allison	Hofstra	DNS
---	Critchley, Josephine	LIU	DNS
---	Marchini, Isabella	West Chester	DNS

Event 13 Men 1 Mile Run

	Name	School	Finals
Finals			
1	Becker, Robert	Stony Brook	3:59.66
	30.168 (30.168)	59.778 (29.610)	1:29.753 (29.975)
	2:00.212 (30.460)	2:30.358 (30.146)	3:00.451 (30.094)
	3:30.288 (29.838)	3:59.652 (29.364)	
2	Smyth, Aiden	Stony Brook	4:09.92
	30.329 (30.329)	59.961 (29.632)	1:29.973 (30.012)
	2:00.454 (30.482)	2:30.859 (30.405)	3:02.490 (31.631)
	3:35.998 (33.509)	4:09.916 (33.918)	
3	Eshghi, Reza	Haverford	4:11.66
	31.388 (31.388)	1:02.556 (31.169)	1:34.353 (31.798)
	2:06.449 (32.096)	2:39.279 (32.830)	3:11.189 (31.910)
	3:42.283 (31.094)	4:11.652 (29.370)	
4	McConville, Gabriel	Seton Hill	4:11.96
	32.173 (32.173)	1:03.630 (31.457)	1:35.507 (31.877)
	2:07.406 (31.900)	2:39.058 (31.652)	3:10.950 (31.893)
	3:42.889 (31.940)	4:11.953 (29.065)	
5	Malanaphy, Conor	Stony Brook	4:13.63
	31.941 (31.941)	1:03.353 (31.413)	1:35.253 (31.900)
	2:07.825 (32.573)	2:40.099 (32.275)	3:13.045 (32.946)
	3:44.609 (31.565)	4:13.626 (29.017)	
6	Johnson, Tommy	St. Joseph's	4:15.12
	31.108 (31.108)	1:01.807 (30.700)	1:33.789 (31.983)
	2:05.987 (32.198)	2:39.254 (33.268)	3:12.251 (32.997)
	3:44.295 (32.045)	4:15.113 (30.818)	
7	Moran, Jack	Daily Moran	4:15.90
	31.087 (31.087)	1:02.217 (31.130)	1:34.062 (31.845)
	2:06.268 (32.207)	2:39.513 (33.245)	3:12.063 (32.550)
	3:44.373 (32.310)	4:15.899 (31.527)	
8	Deckert, Noah	St. Joseph's	4:15.96
	33.227 (33.227)	1:05.054 (31.828)	1:37.815 (32.761)
	2:10.829 (33.015)	2:43.628 (32.799)	3:15.984 (32.356)
	3:47.076 (31.093)	4:15.953 (28.877)	
9	Graham, Brayden	Bloomsburg	4:16.32
	33.043 (33.043)	1:04.492 (31.450)	1:36.298 (31.806)
	2:09.460 (33.163)	2:41.857 (32.397)	3:14.348 (32.491)
	3:46.298 (31.950)	4:16.314 (30.017)	
10	Grilli, Nico	Monmouth	4:17.03
	33.331 (33.331)	1:04.604 (31.273)	1:36.431 (31.828)
	2:09.195 (32.765)	2:40.908 (31.713)	3:13.259 (32.351)
	3:45.181 (31.923)	4:17.025 (31.845)	

Finals ... (Event 13 Men 1 Mile Run)

	Name	School	Finals
11	Hubert, Michael	Wagner	4:17.25
	31.307 (31.307)	1:02.426 (31.120)	1:34.540 (32.115)
	2:06.941 (32.401)	2:40.163 (33.223)	3:13.453 (33.290)
	3:46.408 (32.956)	4:17.241 (30.833)	
12	Michaud, Cooper	American	4:17.43
	31.597 (31.597)	1:03.029 (31.433)	1:34.911 (31.882)
	2:07.312 (32.401)	2:39.732 (32.420)	3:12.693 (32.961)
	3:45.602 (32.910)	4:17.422 (31.820)	
13	Smith, Devin	Delaware Sta	4:17.52
	32.187 (32.187)	1:03.893 (31.706)	1:35.708 (31.815)
	2:08.081 (32.374)	2:40.462 (32.381)	3:12.860 (32.399)
	3:45.046 (32.186)	4:17.512 (32.466)	
14	Morgan, Carver	American	4:18.73
	31.740 (31.740)	1:03.173 (31.433)	1:35.169 (31.997)
	2:07.644 (32.475)	2:39.918 (32.275)	3:13.033 (33.115)
	3:45.947 (32.914)	4:18.721 (32.775)	
15	Glazier, Alec	Rochester	4:19.23
	33.407 (33.407)	1:05.281 (31.875)	1:37.496 (32.215)
	2:10.278 (32.782)	2:42.310 (32.033)	3:15.164 (32.855)
	3:47.312 (32.148)	4:19.227 (31.915)	
16	Isabella, Stefano	La Salle	4:19.31
	33.818 (33.818)	1:06.299 (32.482)	1:39.172 (32.873)
	2:11.800 (32.629)	2:43.966 (32.166)	3:16.324 (32.358)
	3:48.466 (32.143)	4:19.303 (30.837)	
17	Hughes, Max	Rochester	4:20.95
	34.149 (34.149)	1:06.439 (32.290)	1:39.201 (32.763)
	2:12.499 (33.298)	2:46.173 (33.675)	3:18.754 (32.581)
	3:50.240 (31.487)	4:20.945 (30.705)	
18	Bobish, Chalen	Monmouth	4:20.97
	33.447 (33.447)	1:04.895 (31.449)	1:37.319 (32.425)
	2:10.409 (33.090)	2:42.958 (32.549)	3:16.394 (33.437)
	3:49.874 (33.480)	4:20.970 (31.096)	
19	Buchan, Tim	Vassar	4:21.13
	35.071 (35.071)	1:06.217 (31.146)	1:37.686 (31.470)
	2:09.932 (32.246)	2:43.191 (33.260)	3:17.176 (33.985)
	3:50.693 (33.518)	4:21.122 (30.429)	
20	Branderbit, Joseph	La Salle	4:21.20
	34.532 (34.532)	1:04.853 (30.321)	1:36.839 (31.986)
	2:09.422 (32.584)	2:42.564 (33.142)	3:16.064 (33.500)
	3:48.679 (32.615)	4:21.199 (32.520)	
21	Baxter, Brandon	Elizabethtow	4:21.21
	33.910 (33.910)	1:04.223 (30.314)	1:36.035 (31.812)
	2:08.867 (32.832)	2:42.046 (33.180)	3:15.369 (33.324)
	3:48.493 (33.125)	4:21.202 (32.710)	
22	Ferrante, Niko	Monmouth	4:21.52
	33.536 (33.536)	1:05.165 (31.630)	1:37.195 (32.030)
	2:10.105 (32.910)	2:42.751 (32.646)	3:16.133 (33.382)
	3:49.493 (33.360)	4:21.520 (32.028)	
23	Lee, Campbell	Iona	4:21.62
	31.557 (31.557)	1:02.807 (31.250)	1:34.895 (32.089)
	2:07.898 (33.003)	2:41.890 (33.993)	3:16.755 (34.865)
	3:49.760 (33.005)	4:21.620 (31.860)	

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

24	Hawkes, Michael	Stony Brook	4:22.40
	33.507 (33.507)	1:05.462 (31.955)	1:37.849 (32.387)
	2:10.701 (32.853)	2:43.688 (32.987)	3:17.005 (33.318)
	3:50.603 (33.598)	4:22.399 (31.797)	
25	Abell, Matthew	St. Lawrence	4:22.80
	34.342 (34.342)	1:06.870 (32.529)	1:39.653 (32.783)
	2:12.815 (33.163)	2:45.746 (32.931)	3:18.392 (32.646)
	3:51.236 (32.845)	4:22.795 (31.560)	
26	Paolangeli, Nathan	La Salle	4:23.92
	35.215 (35.215)	1:05.966 (30.751)	1:37.987 (32.021)
	2:10.469 (32.483)	2:42.962 (32.493)	3:16.340 (33.379)
	3:49.253 (32.914)	4:23.913 (34.660)	
27	Wise, Will	Wesleyan	4:24.32
	33.724 (33.724)	1:06.215 (32.491)	1:38.982 (32.767)
	2:12.283 (33.301)	2:45.805 (33.523)	3:19.168 (33.363)
	3:52.514 (33.347)	4:24.312 (31.798)	
28	Myers, Daniel	Elizabethtown	4:25.25
	34.162 (34.162)	1:04.432 (30.271)	1:36.230 (31.798)
	2:09.126 (32.896)	2:42.337 (33.212)	3:15.815 (33.478)
	3:49.992 (34.178)	4:25.247 (35.255)	
29	Coughlin, Joseph	RIT	4:25.70
	34.895 (34.895)	1:05.812 (30.918)	1:38.502 (32.690)
	2:11.346 (32.845)	2:44.650 (33.305)	3:18.772 (34.122)
	3:53.213 (34.442)	4:25.696 (32.483)	
30	Baptiste, Dawson	St. Joseph's	4:25.82
	33.983 (33.983)	1:06.035 (32.053)	1:38.734 (32.699)
	2:11.734 (33.001)	2:45.354 (33.620)	3:19.294 (33.941)
	3:54.406 (35.112)	4:25.811 (31.405)	
31	Doherty, Aidan	St. Joseph's	4:26.05
	34.043 (34.043)	1:06.191 (32.149)	1:38.964 (32.774)
	2:12.269 (33.305)	2:46.034 (33.765)	3:19.701 (33.668)
	3:53.629 (33.929)	4:26.048 (32.419)	
32	Romine, C.J	Lafayette	4:26.22
	34.429 (34.429)	1:04.624 (30.195)	1:36.603 (31.980)
	2:10.255 (33.652)	2:44.127 (33.872)	3:18.374 (34.248)
	3:52.901 (34.527)	4:26.214 (33.314)	
33	D'Aquila, Robert	Wesleyan	4:26.58
	34.767 (34.767)	1:06.517 (31.751)	1:38.872 (32.355)
	2:12.618 (33.746)	2:46.396 (33.778)	3:20.648 (34.253)
	3:53.567 (32.919)	4:26.573 (33.007)	
34	Lenes, Bruce	Wesleyan	4:27.72
	33.629 (33.629)	1:05.746 (32.118)	1:38.283 (32.537)
	2:10.069 (31.786)	2:42.641 (32.573)	3:16.766 (34.125)
	3:52.250 (35.485)	4:27.711 (35.461)	
35	Dooley, Max	Columbia	4:28.04
	34.737 (34.737)	1:05.626 (30.890)	1:38.252 (32.626)
	2:10.986 (32.735)	2:44.094 (33.109)	3:18.210 (34.116)
	3:53.747 (35.538)	4:28.036 (34.289)	
36	Franco, Michael	Haverford	4:28.60
	35.044 (35.044)	1:06.867 (31.823)	1:39.181 (32.315)
	2:12.275 (33.095)	2:46.304 (34.030)	3:21.074 (34.770)
	3:55.813 (34.740)	4:28.594 (32.781)	
37	Magana, Jose	Vassar	4:28.71
	34.642 (34.642)	1:05.312 (30.670)	1:37.893 (32.581)
	2:10.187 (32.294)	2:43.897 (33.710)	3:19.081 (35.185)
	3:54.404 (35.324)	4:28.710 (34.306)	

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

Finals ... (Event 13 Men 1 Mile Run)				51	Harris, William	Haverford	4:35.05
Name	School	Finals			34.397 (34.397)	1:08.831 (34.435)	1:43.085 (34.254)
38	Schindel, Sammy	Haverford	4:29.73		2:17.642 (34.558)	2:51.976 (34.335)	3:27.450 (35.474)
	35.472 (35.472)	1:07.537 (32.065)	1:40.153 (32.616)		4:02.265 (34.815)	4:35.046 (32.782)	
	2:14.034 (33.881)	2:48.521 (34.487)	3:23.404 (34.884)	52	Calogianes, Matthew	Farmingdale	4:35.30
	3:57.426 (34.022)	4:29.723 (32.298)			33.892 (33.892)	1:08.313 (34.421)	1:42.089 (33.776)
39	Vottero, Markus	Muhlenberg	4:31.12		2:16.513 (34.425)	2:51.583 (35.070)	3:26.620 (35.038)
	34.265 (34.265)	1:08.559 (34.294)	1:43.130 (34.572)		4:01.332 (34.712)	4:35.294 (33.962)	
	2:18.099 (34.969)	2:52.425 (34.327)	3:26.930 (34.505)	53	Bixler, Amos	Houghton	4:35.77
	4:00.259 (33.329)	4:31.115 (30.856)			34.578 (34.578)	1:08.147 (33.569)	1:42.484 (34.338)
40	Patrinos, Antony	Wesleyan	4:31.20		2:17.705 (35.221)	2:53.682 (35.977)	3:28.999 (35.318)
	33.682 (33.682)	1:08.358 (34.676)	1:43.779 (35.421)		4:04.165 (35.166)	4:35.762 (31.598)	
	2:19.032 (35.254)	2:53.882 (34.850)	3:28.001 (34.120)	54	Scardigno, Nick	Haverford	4:36.18
	4:00.653 (32.652)	4:31.196 (30.544)			35.691 (35.691)	1:09.806 (34.115)	1:44.639 (34.834)
41	Shenoda, Andrew	Leonia Track	4:31.65		2:19.392 (34.754)	2:54.184 (34.792)	3:29.779 (35.595)
	35.623 (35.623)	1:07.861 (32.238)	1:40.525 (32.665)		4:04.527 (34.748)	4:36.180 (31.654)	
	2:14.335 (33.810)	2:48.833 (34.499)	3:23.159 (34.326)	55	Ohanian, Charles	Muhlenberg	4:36.60
	3:57.940 (34.781)	4:31.650 (33.710)			34.854 (34.854)	1:08.919 (34.065)	1:43.327 (34.408)
42	Roeder, Griffin	St. Lawrence	4:31.74		2:18.092 (34.765)	2:53.354 (35.263)	3:27.895 (34.541)
	35.015 (35.015)	1:09.059 (34.045)	1:43.405 (34.347)		4:02.810 (34.915)	4:36.594 (33.785)	
	2:17.902 (34.497)	2:52.260 (34.359)	3:26.137 (33.877)	56	Klinger, Ben	St. Joseph's	4:36.92
	3:59.825 (33.688)	4:31.737 (31.913)			35.224 (35.224)	1:09.368 (34.145)	1:43.891 (34.523)
43	Rucker, Arlo	Vassar	4:31.88		2:18.748 (34.858)	2:53.118 (34.370)	3:27.512 (34.395)
	35.052 (35.052)	1:09.179 (34.127)	1:43.579 (34.400)		4:02.338 (34.826)	4:36.917 (34.580)	
	2:18.350 (34.771)	2:53.495 (35.145)	3:27.682 (34.187)	57	Kelley, Nevan	Unattached	4:37.49
	4:00.637 (32.956)	4:31.874 (31.237)			35.771 (35.771)	1:10.233 (34.463)	1:44.233 (34.000)
44	Tucker, Zach	Houghton	4:33.14		2:18.706 (34.473)	2:54.562 (35.857)	3:29.652 (35.090)
	34.695 (34.695)	1:09.148 (34.454)	1:42.985 (33.837)		4:04.325 (34.674)	4:37.481 (33.156)	
	2:17.300 (34.316)	2:51.420 (34.120)	3:26.438 (35.018)	58	Gemma, Matthew	Adelphi	4:39.05
	4:00.820 (34.383)	4:33.134 (32.314)			35.677 (35.677)	1:07.218 (31.542)	1:39.608 (32.390)
45	Stephens, David	Colgate	4:33.18		2:13.233 (33.625)	2:48.196 (34.963)	3:24.312 (36.117)
	34.100 (34.100)	1:08.135 (34.036)	1:41.868 (33.733)		4:00.858 (36.546)	4:39.045 (38.187)	
	2:16.875 (35.008)	2:52.018 (35.143)	3:27.444 (35.426)	59	Kotula, August	St. Lawrence	4:39.71
	4:01.945 (34.502)	4:33.178 (31.233)			32.630 (32.630)	1:05.883 (33.254)	1:40.702 (34.820)
46	Scully, Liam	Wesleyan	4:33.36		2:16.395 (35.693)	2:52.452 (36.058)	3:28.997 (36.545)
	33.735 (33.735)	1:08.170 (34.435)	1:42.810 (34.640)		4:05.477 (36.480)	4:39.705 (34.229)	
	2:18.155 (35.345)	2:52.736 (34.582)	3:28.455 (35.720)	60	Allen, Ben	Houghton	4:40.11
	4:03.189 (34.734)	4:33.351 (30.163)			34.697 (34.697)	1:08.436 (33.739)	1:43.069 (34.634)
47	Leotta, Anthony	Utica	4:33.58		2:18.389 (35.320)	2:54.137 (35.749)	3:30.013 (35.876)
	34.443 (34.443)	1:07.952 (33.510)	1:42.175 (34.223)		4:06.248 (36.235)	4:40.107 (33.860)	
	2:16.570 (34.395)	2:51.809 (35.240)	3:27.392 (35.583)	61	Bruni, Michael	Lafayette	4:40.76
	4:01.521 (34.130)	4:33.574 (32.054)			34.260 (34.260)	1:08.563 (34.304)	1:42.443 (33.880)
48	Balsamo, Perry	LIU	4:34.83		2:16.949 (34.506)	2:51.505 (34.557)	3:27.577 (36.072)
	34.735 (34.735)	1:08.730 (33.996)	1:41.908 (33.178)		4:04.431 (36.855)	4:40.752 (36.321)	
	2:15.585 (33.677)	2:49.118 (33.534)	3:24.682 (35.565)	62	Brown, Zachary	Utica	4:41.53
	4:01.000 (36.318)	4:34.825 (33.825)			35.487 (35.487)	1:08.352 (32.865)	1:41.943 (33.592)
49	Aguilar, Jehrard	Colgate	4:34.87		2:16.998 (35.055)	2:53.827 (36.829)	3:30.627 (36.800)
	34.787 (34.787)	1:08.609 (33.823)	1:42.766 (34.157)		4:07.409 (36.783)	4:41.521 (34.112)	
	2:17.366 (34.600)	2:52.083 (34.718)	3:27.062 (34.980)	63	Tassone, Kyle	Muhlenberg	4:41.93
	4:01.967 (34.905)	4:34.867 (32.901)			35.207 (35.207)	1:09.762 (34.555)	1:45.114 (35.352)
50	Litvin, David	Temple	4:34.97		2:20.472 (35.359)	2:55.928 (35.456)	3:32.115 (36.187)
	33.992 (33.992)	1:07.678 (33.686)	1:41.571 (33.894)		4:08.210 (36.095)	4:41.928 (33.719)	
	2:15.820 (34.250)	2:49.555 (33.735)	3:24.297 (34.743)	64	Bohn, Sebastian	Colgate	4:42.12
	4:00.416 (36.120)	4:34.970 (34.554)			35.364 (35.364)	1:09.571 (34.208)	1:44.130 (34.559)
					2:20.365 (36.236)	2:56.509 (36.144)	3:33.003 (36.495)
					4:08.662 (35.660)	4:42.120 (33.458)	

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results****Finals ... (Event 13 Men 1 Mile Run)**

	Name	School	Finals
65	Beams, Charles	St. Lawrence	4:44.09
	34.906 (34.906)	1:09.660 (34.755)	1:44.354 (34.694)
	2:19.370 (35.016)	2:55.242 (35.873)	3:32.043 (36.801)
	4:09.483 (37.440)	4:44.086 (34.604)	
66	Argerakis, Peter	Unattached	4:47.81
	35.356 (35.356)	1:10.038 (34.682)	1:45.116 (35.079)
	2:21.172 (36.056)	2:57.621 (36.450)	3:35.063 (37.442)
	4:12.057 (36.995)	4:47.809 (35.752)	
67	Lyon, Sam	Houghton	4:48.09
	37.676 (37.676)	1:13.376 (35.700)	1:49.511 (36.135)
	2:25.805 (36.295)	3:01.422 (35.617)	3:37.729 (36.307)
	4:14.258 (36.530)	4:48.085 (33.828)	
68	Martin, Yahnik	Fairleigh Di	4:48.20
	35.150 (35.150)	1:10.051 (34.901)	1:46.031 (35.980)
	2:22.742 (36.711)	2:59.425 (36.684)	3:36.470 (37.045)
	4:13.162 (36.692)	4:48.194 (35.032)	
69	Campbell, Colin	Houghton	4:48.49
	38.135 (38.135)	1:11.592 (33.458)	1:46.780 (35.189)
	2:22.747 (35.967)	2:58.859 (36.112)	3:35.549 (36.690)
	4:11.915 (36.367)	4:48.486 (36.571)	
70	Reguinho, Phillip	St. Peter's	4:49.23
	34.890 (34.890)	1:09.099 (34.210)	1:44.315 (35.217)
	2:20.875 (36.560)	2:57.545 (36.670)	3:34.905 (37.360)
	4:12.675 (37.770)	4:49.223 (36.548)	
71	Harris, Cole	St. Lawrence	4:50.78
	35.278 (35.278)	1:09.392 (34.115)	1:44.043 (34.651)
	2:19.595 (35.553)	2:55.583 (35.988)	3:33.204 (37.621)
	4:11.746 (38.543)	4:50.772 (39.026)	
72	Bedak, Omar	St. Joseph's	4:53.32
	36.206 (36.206)	1:12.923 (36.717)	1:49.350 (36.427)
	2:26.962 (37.613)	3:04.886 (37.925)	3:43.157 (38.271)
	4:20.141 (36.985)	4:53.319 (33.178)	
73	Carroll, Brady	Adelphi	4:53.56
	37.900 (37.900)	1:14.392 (36.493)	1:51.095 (36.703)
	2:28.525 (37.430)	3:05.893 (37.369)	3:42.482 (36.590)
	4:18.669 (36.187)	4:53.557 (34.889)	
74	Aronow, Sam	Wesleyan	4:57.52
	37.473 (37.473)	1:14.250 (36.777)	1:51.846 (37.597)
	2:29.897 (38.051)	3:07.318 (37.421)	3:45.060 (37.742)
	4:22.873 (37.814)	4:57.520 (34.647)	
75	O'Shea, Colin	Lafayette	4:58.16
	37.584 (37.584)	1:13.501 (35.918)	1:49.935 (36.434)
	2:26.970 (37.035)	3:03.291 (36.322)	3:41.050 (37.760)
	4:20.345 (39.295)	4:58.159 (37.814)	
76	Aldarwich, Karam	Gwynedd-Merc	5:06.93
	37.182 (37.182)	1:13.895 (36.713)	1:51.391 (37.497)
	2:30.282 (38.891)	3:10.233 (39.951)	3:51.982 (41.750)
	4:30.544 (38.562)	5:06.930 (36.386)	
77	Sampson, Jaden	New Haven	5:15.45
	36.702 (36.702)	1:13.250 (36.548)	1:51.594 (38.345)
	2:31.200 (39.607)	3:11.845 (40.645)	3:53.563 (41.718)
	4:35.691 (42.129)	5:15.444 (39.753)	

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

78	Rebele, Andrew	St. Joseph's	5:16.73
	36.472 (36.472)	1:13.128 (36.656)	1:50.394 (37.266)
	2:28.726 (38.333)	3:08.240 (39.514)	3:49.279 (41.040)
	4:31.370 (42.092)	5:16.723 (45.353)	
79	DeSimone, Sebastian	Gwynedd-Merc	5:21.63
	37.323 (37.323)	1:15.515 (38.192)	1:56.096 (40.582)
	2:38.021 (41.925)	3:20.280 (42.259)	4:03.075 (42.796)
	4:45.246 (42.171)	5:21.625 (36.379)	
---	Moelter, Owen	St. Joseph's	DNF
	30.862 (30.862)	1:01.531 (30.670)	1:33.482 (31.951)
	2:05.768 (32.286)		
---	Gavio, Michael	Bloomsburg	DNS
	35.074 (35.074)	1:06.213 (31.140)	1:37.692 (31.479)
	2:09.946 (32.255)	2:43.205 (33.260)	3:17.212 (34.007)
	3:50.726 (33.515)	4:21.122 (30.396)	
---	McGerry, Mike	Holy Family	DNS
---	Prestipino, Dominic	Holy Family	DNS
---	Duff, Ryan	Bloomsburg	DNS

Event 14 Women 400 Meter Dash

	Name	School	Finals
Finals			
1	Bansbach, Susan	Rochester	56.54
	26.640 (26.640)	56.535 (29.895)	
2	Stevens, Maddie	NJIT	56.85
	26.835 (26.835)	56.846 (30.011)	
3	Okwudibonye, Chidubem	Delaware Sta	57.82
	26.937 (26.937)	57.819 (30.883)	
4	Tabibian, Sara	Colgate	57.92
	27.546 (27.546)	57.916 (30.370)	
5	Evans, Mackenzi	Maryland-Eas	57.96
	26.541 (26.541)	57.958 (31.418)	
6	Hiltpold, Stephanie	St. Joseph's	58.02
	27.362 (27.362)	58.017 (30.656)	
7	Lucas, Chloe	Maryland-Eas	58.13
	58.126 (58.126)		
8	Omokeni, Oghenenyerovw	Stony Brook	58.35
	27.263 (27.263)	58.347 (31.084)	
9	Agyei, Salomay	Coppin State	58.62
	27.313 (27.313)	58.615 (31.302)	
10	Primas, Maya	La Salle	58.73
	27.660 (27.660)	58.730 (31.070)	
11	Settle, Spencer	Maryland-Eas	58.77
	27.181 (27.181)	58.764 (31.584)	
12	Greenwood, Kenisha	Holy Family	58.78
	27.033 (27.033)	58.771 (31.739)	
13	Pommells, Christal	Temple	58.86
	27.638 (27.638)	58.860 (31.223)	
14	Malone, Elena	Lafayette	58.88
	27.916 (27.916)	58.873 (30.958)	
15	Johnson, Kimberly	St. Joseph's	59.15
	27.281 (27.281)	59.143 (31.862)	
16	D'Aulerio, Olivia	Haverford	59.17
	27.391 (27.391)	59.164 (31.774)	
17	Crossan, Tess	St. Joseph's	59.18
	28.078 (28.078)	59.174 (31.096)	

Finals ... (Event 14 Women 400 Meter Dash)

	Name	School	Finals
18	Bell, Megan	Rochester	59.24
	27.756 (27.756)	59.235 (31.479)	
19	Castronova, Sarah	Bloomsburg	59.38
	27.573 (27.573)	59.374 (31.801)	
20	Corpora, Nina	Monmouth	59.43
	27.631 (27.631)	59.425 (31.795)	
21	Liriano, Elizabeth	Cortland St.	59.46
	27.282 (27.282)	59.458 (32.177)	
22	Latimer, Madison	Monmouth	59.47
	27.162 (27.162)	59.464 (32.302)	
23	Guevara, Siara	Stony Brook	59.60
	28.642 (28.642)	59.595 (30.954)	
24	Doherty, Alexis	St. Joseph's	59.65
	27.828 (27.828)	59.650 (31.822)	
25	Perez, Tatum	Monmouth	59.73
	27.696 (27.696)	59.722 (32.026)	
26	Benton, Brianna	Coppin State	59.81
	26.797 (26.797)	59.802 (33.005)	
27	Westawski, Alexis	St. Joseph's	59.91
	28.190 (28.190)	59.907 (31.717)	
28	Jones, Nyoki	Holy Family	1:00.06
	27.875 (27.875)	1:00.058 (32.183)	
29	Marshall, Jya	La Salle	1:00.13
	28.214 (28.214)	1:00.122 (31.908)	
30	Porter, Delaney	Bloomsburg	1:00.16
	27.836 (27.836)	1:00.153 (32.318)	
31	Williams, Jalia	Stony Brook	1:00.20
	28.634 (28.634)	1:00.198 (31.565)	
32	Kestel, Tori	St. Joseph's	1:00.23
	28.580 (28.580)	1:00.223 (31.643)	
33	Rivera, Aiyana	La Salle	1:00.32
	27.643 (27.643)	1:00.318 (32.675)	
34	Rodriguez, Maris	St. Joseph's	1:00.68
	27.998 (27.998)	1:00.680 (32.683)	
35	O'Brien, Jordan	St. Joseph's	1:01.34
	28.515 (28.515)	1:01.338 (32.823)	
36	Smith, Alexis	St. Peter's	1:01.37
	28.187 (28.187)	1:01.370 (33.184)	
37	Becker, Samantha	Cortland St.	1:01.40
	29.221 (29.221)	1:01.393 (32.172)	
38	Robertson, Layla	Seton Hill	1:01.66
	28.145 (28.145)	1:01.657 (33.513)	
39	Thornberry, Isabel	Haverford	1:01.80
	29.690 (29.690)	1:01.798 (32.108)	
40	Hebert, Avery	Cortland St.	1:01.92
	29.339 (29.339)	1:01.915 (32.576)	
41	Brenny, Haley	Seton Hill	1:02.05
	29.434 (29.434)	1:02.048 (32.615)	
42	Mack, Sophia	Wesleyan	1:02.18
	28.291 (28.291)	1:02.178 (33.888)	
43	Allen, Ahliyah	La Salle	1:02.36
	28.333 (28.333)	1:02.353 (34.020)	
44	Young, Cierra	Delaware Sta	1:02.49
	29.103 (29.103)	1:02.490 (33.387)	

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

45	Davis, Nevaeh	La Salle	1:02.51	Finals ... (Event 14 Women 400 Meter Dash)			
	28.487 (28.487)	1:02.508 (34.022)		Name	School	Finals	
46	Morris, Jordan	Monmouth	1:02.57	73	Tianga, Kirah	American	1:05.93
	29.471 (29.471)	1:02.569 (33.098)			30.780 (30.780)		
47	Ramos, Jealyne	Montclair St	1:02.65	74	Koes, Kristina	St. Lawrence	1:06.34
	29.757 (29.757)	1:02.646 (32.890)			32.102 (32.102)	1:06.335 (34.234)	
48	Davis, Angel	Coppin State	1:02.72	75	Fletcher, Michaela	Neumann	1:06.34
	27.935 (27.935)	1:02.711 (34.776)			30.030 (30.030)	1:06.337 (36.308)	
49	Dotts, Chloece	American	1:02.73	76	Edwards, Lisa	Unattached	1:07.12
	28.675 (28.675)	1:02.729 (34.054)			31.459 (31.459)	1:07.119 (35.660)	
50	Peralta, Yasmine	Cortland St.	1:02.74	77	Largett, Julia	Rochester	1:08.26
	30.053 (30.053)	1:02.738 (32.685)			29.967 (29.967)	1:08.259 (38.293)	
51	Landsberg, Graeson	Colgate	1:03.10	78	Gibson, Eva	American	1:08.75
	30.060 (30.060)	1:03.091 (33.031)			32.901 (32.901)	1:08.744 (35.843)	
52	Wisniewski, Alexandria	Houghton	1:03.34	79	Maignan, Tori	American	1:09.81
	30.271 (30.271)	1:03.333 (33.062)			32.602 (32.602)	1:09.809 (37.207)	
53	Caracciolo, Katie	Colgate	1:03.43	80	Cazimoska, Selma	Georgian Cou	1:11.07
	30.219 (30.219)	1:03.424 (33.205)			33.139 (33.139)	1:11.066 (37.927)	
54	Daniele, Cassie	American	1:03.62	81	Gayles, Makiya	Delaware Sta	1:12.18
	31.437 (31.437)	1:03.619 (32.182)			28.588 (28.588)	1:12.179 (43.591)	
55	Bertin, Camille	St. Joseph's	1:03.70	82	Reed, Kyla	Utica	1:12.42
	28.527 (28.527)	1:03.700 (35.174)			34.721 (34.721)	1:12.413 (37.692)	
56	Pusey, Shanell	Holy Family	1:03.77	83	Parrish, Sophia	Neumann	1:12.81
	29.182 (29.182)	1:03.770 (34.589)			34.532 (34.532)	1:12.806 (38.275)	
57	Shaker, Mary	Houghton	1:03.80	84	Stadeker, Kayla	Hofstra	1:13.47
	30.015 (30.015)	1:03.799 (33.785)			35.785 (35.785)	1:13.461 (37.677)	
58	Barden, Niya	Georgian Cou	1:03.81	---	Lewis, Ellonah	Goldey-Beaco	DNF
	31.165 (31.165)	1:03.802 (32.638)			31.620 (31.620)		
59	Smith, Alexa	St. Lawrence	1:03.93	---	Jones, Kahdia	Holy Family	DNF
	30.144 (30.144)	1:03.925 (33.781)		---	Pickett, Nicole	Farmingdale	DNS
60	Ortiz, Tiffany	New Jersey C	1:04.05	---	Weber, Joanna	Adelphi	DNS
	30.517 (30.517)	1:04.045 (33.528)		---	O'Rourke, Alexis	Unattached	DNS
61	Seabury, Maris	Cortland St.	1:04.14	---	Girdy, Maya	East Strouds	DNS
	29.372 (29.372)	1:04.134 (34.762)		---	Mcloud, Destinee	Coppin State	DNS
62	Bakas, Jessica	American	1:04.15	---	Dietrich, Lauren	Hofstra	DNS
	29.747 (29.747)	1:04.144 (34.397)		---	Jones, Jade	Holy Family	DNS
63	Rubio, Jessica	St. Joseph's	1:04.28	---	Monroy, Dominique	Haverford	DNS
	29.210 (29.210)	1:04.274 (35.064)					
64	Beddow, Olivia	St. Joseph's	1:04.30	Event 15 Men 400 Meter Dash			
	28.789 (28.789)	1:04.298 (35.510)		Name	School	Finals	
65	Henderson, Reyanna	St. Peter's	1:04.41	Finals			
	28.840 (28.840)	1:04.409 (35.569)		1	Brown, Janoi	Maryland-Eas	47.75
66	Niklasson, Freja	Vassar	1:04.56		22.463 (22.463)	47.745 (25.283)	
	29.760 (29.760)	1:04.555 (34.795)		2	Amoah, Joseph	Unat-Coppin	48.46
67	Reed, Lauren	East Strouds	1:05.05		22.028 (22.028)	48.453 (26.425)	
	29.597 (29.597)	1:05.043 (35.446)		3	Beckford, Ashane	Maryland-Eas	48.59
68	Hill, KaRynn	St. Peter's	1:05.35		22.666 (22.666)	48.589 (25.924)	
	29.460 (29.460)	1:05.346 (35.886)		4	Lavazoli, Nicolas	Stony Brook	49.58
69	Bertini, Kaylee	St. Lawrence	1:05.53		23.370 (23.370)	49.575 (26.205)	
	29.016 (29.016)	1:05.521 (36.505)		5	Little, Malachi	Delaware Sta	49.58
70	Underkoffler, Alicia	Kutztown	1:05.54		23.115 (23.115)	49.580 (26.465)	
	30.196 (30.196)	1:05.533 (35.337)		6	Nestor, Clardo	St. Peter's	49.60
71	Gallo, Julianne	Lafayette	1:05.55		23.265 (23.265)	49.592 (26.327)	
	30.650 (30.650)	1:05.542 (34.892)		7	Anyika, Kouto	Holy Family	49.64
72	McLaughlin, Margaret	Vassar	1:05.78		23.084 (23.084)	49.634 (26.550)	
	30.390 (30.390)	1:05.777 (35.387)					

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

				Finals ... (Event 15 Men 400 Meter Dash)			
				Name	School	Finals	
8	Magee, Kyle	St. Joseph's	49.82	36	Conroy, John	Iona	51.93
	22.878 (22.878)	49.817 (26.940)			24.849 (24.849)	51.924 (27.075)	
9	Gado, Habibu	CCNY	49.86	37	Opon, Zachary	Maryland-Eas	52.08
	23.340 (23.340)	49.855 (26.515)			23.920 (23.920)	52.072 (28.152)	
10	Noss, Luke	St. Joseph's	50.09	38	Williams, Zakharee	Seton Hill	52.13
	23.783 (23.783)	50.082 (26.299)			24.115 (24.115)	52.128 (28.014)	
11	Sims Jr, Alonzo	Delaware Sta	50.13	39	Dowell, Brady	Bloomsburg	52.16
	23.302 (23.302)	50.125 (26.824)			24.345 (24.345)	52.160 (27.816)	
12	Zdravkovic, Aleksandar	Stony Brook	50.27	40	Dietz, Brian	Holy Family	52.22
	23.074 (23.074)	50.261 (27.187)			25.128 (25.128)	52.211 (27.083)	
13	Lundy, Gabe	Rochester	50.45	41	Goode, Amiri	Coppin State	52.23
	23.091 (23.091)	50.449 (27.359)			24.981 (24.981)	52.222 (27.241)	
14	Silvestri, Aiden	Princeton	50.48	42	Shaffe, Shifan	St. Lawrence	52.24
	23.583 (23.583)	50.473 (26.890)			24.335 (24.335)	52.240 (27.905)	
15	Goyette, Trenton	RIT	50.48	43	Acevedo, Jade	Holy Family	52.25
	23.908 (23.908)	50.480 (26.572)			23.892 (23.892)	52.244 (28.353)	
16	Martino, Matthew	Monmouth	50.56	44	O'Gorman, Andrew	Cortland St.	52.31
	23.504 (23.504)	50.557 (27.053)			24.836 (24.836)	52.306 (27.470)	
17	Wiggins-Imgram, Ivan	Coppin State	50.60	45	Garafole, Aidan	Cortland St.	52.53
	23.925 (23.925)	50.591 (26.666)			24.933 (24.933)	52.521 (27.589)	
18	Senf, Ryan	RIT	50.62	46	Aladegbounge, Samuel	Farmingdale	52.63
	23.963 (23.963)	50.615 (26.653)			24.460 (24.460)	52.623 (28.164)	
19	Mackey, James	St. Joseph's	50.67	47	Barrios, David	Adelphi	52.71
	23.832 (23.832)	50.665 (26.834)			24.790 (24.790)	52.705 (27.915)	
20	Zollicoffer, Nafis	Holy Family	50.68	48	Aguirre, Aidan	Cortland St.	52.77
	23.470 (23.470)	50.671 (27.201)			24.456 (24.456)	52.766 (28.310)	
21	Resnick, Matthew	RIT	50.68	49	Morrow, Steven	Cortland St.	52.80
	23.640 (23.640)	50.677 (27.037)			25.054 (25.054)	52.792 (27.739)	
22	Sturgeon, Luca	Colgate	50.75	50	Dennin, Kevin	St. Joseph's	52.86
	24.317 (24.317)	50.742 (26.425)			24.968 (24.968)	52.853 (27.885)	
23	Bails, Mark	Seton Hill	50.97	51	Jones, Niles	Stony Brook	53.02
	24.021 (24.021)	50.967 (26.946)			24.659 (24.659)	53.014 (28.356)	
24	Eisner, Ethan	Colgate	50.99	52	Rosenthal, Jonah	Wesleyan	53.04
	24.134 (24.134)	50.981 (26.848)			24.681 (24.681)	53.035 (28.355)	
25	Carrubba, Jake	St. Joseph's	51.04	53	Bembridge, Devon	St. Peter's	53.06
	23.658 (23.658)	51.035 (27.378)			24.640 (24.640)	53.055 (28.415)	
26	Stein, Max	RIT	51.18	54	Schaffer, Nicholas	Montclair St	53.11
	24.159 (24.159)	51.173 (27.014)			25.517 (25.517)	53.102 (27.585)	
27	Dula, Adrian	Maryland-Eas	51.38	55	Adewole, Olatunji	Dominican (N	53.13
	23.727 (23.727)	51.380 (27.654)			24.516 (24.516)	53.127 (28.611)	
28	Donnamaria, Sean	Georgian Cou	51.54	56	Socias, Tristan	Farmingdale	53.17
	24.636 (24.636)	51.536 (26.900)			24.866 (24.866)	53.161 (28.295)	
29	Koubek, Andrew	RIT	51.56	57	Ali-Bentley, Hezakiah	Goldey-Beaco	53.34
	24.365 (24.365)	51.560 (27.195)			24.357 (24.357)	53.336 (28.980)	
30	Jackson, Malique	St. Peter's	51.60	58	Chevez, Renzo	Farmingdale	53.48
	24.512 (24.512)	51.599 (27.087)			25.511 (25.511)	53.474 (27.964)	
31	Colson, Nile	New Haven	51.61	59	Nye, JP	Muhlenberg	53.61
	23.794 (23.794)	51.603 (27.810)			25.098 (25.098)	53.608 (28.510)	
32	Hitchcock, Trevor	Muhlenberg	51.62	60	Kurpysz, Michael	LIU	53.82
	24.713 (24.713)	51.611 (26.899)			26.129 (26.129)	53.811 (27.683)	
33	Wehrly, Dylan	Colgate	51.67	61	Simmons, Jonathan	Utica	53.86
	51.667 (51.667)				24.910 (24.910)	53.858 (28.949)	
34	Neuwirth, Russell	Muhlenberg	51.78	62	Fuzailof, Daniel	Queens (N.Y.	53.87
	23.981 (23.981)	51.780 (27.799)			26.015 (26.015)	53.870 (27.855)	
35	Jackson, Myles	Queens (N.Y.	51.81				
	24.611 (24.611)	51.805 (27.195)					

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

63	Dalton, Jackson	Montclair St	53.92	Finals ... (Event 15 Men 400 Meter Dash)			
	26.380 (26.380)	53.920 (27.541)		Name	School	Finals	
64	Reid, Kedar	Goldey-Beaco	53.94	91	Lahav, Jonathan	Hofstra	59.14
	25.286 (25.286)	53.934 (28.649)			26.692 (26.692)	59.135 (32.444)	
65	Hayes, Nigel	Wesleyan	54.09	92	Monteau, Reginald	St. Francis	59.61
	24.390 (24.390)	54.084 (29.694)			27.291 (27.291)	59.603 (32.313)	
66	Brito, Josh	Houghton	54.10	93	Smith, Will	CCNY	1:02.36
	25.560 (25.560)	54.093 (28.534)			28.014 (28.014)	1:02.357 (34.344)	
67	VanWallendael, John Anth	St. Francis	54.26	94	Rivera, Damian	CCNY	1:02.69
	25.414 (25.414)	54.256 (28.842)			29.004 (29.004)	1:02.688 (33.685)	
68	Nasso, Collin	Houghton	54.32	95	Kohner, Zach	Hofstra	1:05.33
	25.750 (25.750)	54.313 (28.564)			30.689 (30.689)	1:05.327 (34.638)	
69	Martin, Vonntae	New Haven	54.32	96	Wylde-Gladbach, Carlos	Neumann	1:09.82
	24.147 (24.147)	54.317 (30.171)			33.079 (33.079)	1:09.812 (36.734)	
70	Gutro, Brian	American	54.37	---	Mathew, Melvin	Gwynedd-Merc	FS
	26.687 (26.687)	54.368 (27.681)		---	Wright, Noxroy	Coppin State	DNF
71	Rodney, Dante	Wagner	54.66		22.554 (22.554)		
	24.388 (24.388)	54.660 (30.273)		---	Perry, Emmett	Wesleyan	DNS
72	Buffaloe, A'Mair	Goldey-Beaco	54.74	---	Stuart, Glenver	York (N.Y.)	DNS
	23.411 (23.411)	54.737 (31.326)		---	Styles, Wayne	Neumann	DNS
73	Rowe, Ethan	St. Lawrence	54.79	---	Hitchens, Isa	Princeton	DNS
	25.417 (25.417)	54.782 (29.365)		---	Moore, Ryan	Lafayette	DNS
74	Samasa, Hamidou	La Salle	54.79	---	Mirac, Judeson	St. Peter's	DNS
	25.204 (25.204)	54.788 (29.584)		---	Jacques, Tim	Vassar	DNS
75	Quinlan, Tucker	Vassar	55.22		24.382 (24.382)		
	26.677 (26.677)	55.214 (28.537)		---	Paige, Chris	Princeton	DNS
76	Pezo, Derek	Montclair St	55.54	Event 16 Women 800 Meter Run			
	26.090 (26.090)	55.533 (29.444)		Name	School	Finals	
77	Steele, Ryan	St. Lawrence	55.68	Finals			
	25.530 (25.530)	55.678 (30.148)		1	Jaskot, Erin	Unattached	2:11.43
78	Garrett, Owen	American	55.94		30.592 (30.592)	1:03.365 (32.774)	1:37.515 (34.150)
	25.710 (25.710)	55.940 (30.230)			2:11.426 (33.911)		
79	Borkun, Valery	Queens (N.Y.)	56.02	2	Mihaylova, Ralitsa	LIU	2:15.09
	26.262 (26.262)	56.012 (29.750)			35.646 (35.646)	1:09.589 (33.944)	1:41.853 (32.265)
80	Tucker, Xach	Goldey-Beaco	56.07		2:15.089 (33.236)		
	25.045 (25.045)	56.063 (31.019)		3	Rivard, Lexy	La Salle	2:16.39
81	Fileen, Samuel	Dominican (N	56.25		33.202 (33.202)	1:07.332 (34.130)	1:42.489 (35.158)
	26.413 (26.413)	56.248 (29.835)			2:16.384 (33.895)		
82	DeCoteau, Josh	Iona	56.36	4	Downing, Story	Columbia	2:16.80
	26.641 (26.641)	56.360 (29.720)			32.028 (32.028)	1:05.992 (33.965)	1:41.252 (35.260)
83	Rousseau, Robert	New Haven	56.63		2:16.794 (35.542)		
	25.978 (25.978)	56.630 (30.652)		5	Abernathy, Myla	Unat-Columbi	2:17.63
84	Goyal, Vir	Haverford	56.70		32.292 (32.292)	1:06.251 (33.960)	1:41.595 (35.345)
	25.419 (25.419)	56.697 (31.279)			2:17.629 (36.034)		
85	Jaipaul, Cade	Hofstra	56.74	6	Tomlinson, Shenelle	Coppin State	2:18.58
	27.527 (27.527)	56.739 (29.212)			31.075 (31.075)	1:04.564 (33.490)	1:41.218 (36.654)
86	Ash-shaheed, Tymir	Goldey-Beaco	56.83		2:18.580 (37.363)		
	25.572 (25.572)	56.827 (31.255)		7	LeMaitre, Shania	Holy Family	2:18.99
87	Smith, Steven	Dominican (N	56.85		35.887 (35.887)	1:10.743 (34.856)	1:44.361 (33.619)
	26.236 (26.236)	56.841 (30.605)			2:18.981 (34.620)		
88	Dillard, Cameron	St. Lawrence	56.87	8	Curry, Ava	St. Joseph's	2:19.10
	24.882 (24.882)	56.864 (31.983)			33.886 (33.886)	1:09.100 (35.215)	1:44.584 (35.484)
89	Phillips, Njehan	Queens (N.Y.)	56.87		2:19.091 (34.508)		
	26.094 (26.094)	56.869 (30.775)					
90	Gordon, Adam	Hofstra	58.54				
	25.695 (25.695)	58.534 (32.840)					

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

Results				Finals ... (Event 16 Women 800 Meter Run)			
	Name	School	Finals		Name	School	Finals
9	Baker, Michaela	Monmouth	2:19.82 33.145 (33.145) 2:19.816 (34.745)	27	Schlosberg, Sarah	Wesleyan	2:25.03 34.369 (34.369) 1:10.619 (36.250) 1:49.270 (38.652) 2:25.023 (35.753)
10	Kirk, Grace	American	2:20.62 31.675 (31.675) 1:06.274 (34.599) 1:43.410 (37.137) 2:20.616 (37.206)	28	Minarovich, Carissa	Rochester	2:25.19 34.850 (34.850) 1:11.759 (36.909) 1:47.950 (36.192) 2:25.189 (37.239)
11	Claxton, London	LIU	2:20.83 36.448 (36.448) 1:11.433 (34.985) 1:45.820 (34.387) 2:20.821 (35.002)	29	Parent, Alexis	St. Lawrence	2:25.47 34.620 (34.620) 1:11.016 (36.396) 1:47.843 (36.827) 2:25.467 (37.625)
12	Holt, Donna	Widener	2:21.34 36.221 (36.221) 1:11.253 (35.033) 1:45.776 (34.523) 2:21.336 (35.560)	30	Campbell, Shy-Ann	Maryland-Eas	2:25.59 33.613 (33.613) 1:09.208 (35.595) 1:47.221 (38.014) 2:25.590 (38.370)
13	Sweet, Sarah	Bloomsburg	2:21.68 32.570 (32.570) 1:07.470 (34.900) 1:44.834 (37.365) 2:21.680 (36.846)	31	Tippin, Sara	Lafayette	2:26.37 35.182 (35.182) 1:11.891 (36.710) 1:48.508 (36.617) 2:26.363 (37.855)
14	Cordasco, Callia	American	2:21.72 33.284 (33.284) 1:07.416 (34.132) 1:44.432 (37.016) 2:21.714 (37.283)	32	McNamee, Emma	Holy Family	2:26.57 36.215 (36.215) 1:13.196 (36.982) 1:50.294 (37.098) 2:26.569 (36.275)
15	Chevan, Nava	Lafayette	2:22.08 35.010 (35.010) 1:11.829 (36.820) 1:47.975 (36.146) 2:22.075 (34.101)	33	Robinson, Kelsie	Bloomsburg	2:26.74 34.409 (34.409) 1:11.105 (36.697) 1:48.728 (37.623) 2:26.731 (38.004)
16	Selheimer, Kelley	Bloomsburg	2:22.26 33.379 (33.379) 1:07.957 (34.579) 1:44.520 (36.564) 2:22.254 (37.734)	34	Downey, Sophia	Unattached	2:27.01 33.733 (33.733) 1:08.786 (35.054) 1:46.040 (37.255) 2:27.003 (40.963)
17	Menard, Katie	Iona	2:22.44 35.997 (35.997) 1:09.901 (33.905) 1:44.086 (34.185) 2:22.433 (38.348)	35	Borik, Alexandra	Lafayette	2:27.43 35.968 (35.968) 1:12.511 (36.543) 1:49.676 (37.165) 2:27.428 (37.753)
18	Humphreys, Courtney	Neumann	2:22.92 33.697 (33.697) 1:09.477 (35.780) 1:46.455 (36.978) 2:22.911 (36.457)	36	Young, Deandra	Kutztown	2:27.53 34.552 (34.552) 1:11.539 (36.987) 1:49.472 (37.934) 2:27.530 (38.059)
19	Dumond, Brianna	Bloomsburg	2:23.14 33.299 (33.299) 1:08.828 (35.530) 1:45.637 (36.810) 2:23.135 (37.499)	37	Binney, Kyra	Houghton	2:27.72 36.301 (36.301) 1:14.181 (37.880) 1:51.786 (37.606) 2:27.716 (35.930)
20	Dawson, Georgia-Rose	La Salle	2:23.16 35.810 (35.810) 1:11.026 (35.216) 1:46.061 (35.035) 2:23.151 (37.090)	38	Lin, Sab	Rochester	2:27.93 34.096 (34.096) 1:10.845 (36.750) 1:48.297 (37.452) 2:27.922 (39.625)
21	Dineen, Lily	Lafayette	2:23.59 35.596 (35.596) 1:10.667 (35.071) 1:46.303 (35.636) 2:23.583 (37.280)	39	Daniele, Cassie	American	2:28.43 34.965 (34.965) 1:11.963 (36.999) 1:50.097 (38.135) 2:28.421 (38.325)
22	Jackson, Erin	Muhlenberg	2:23.92 34.813 (34.813) 1:11.669 (36.856) 1:48.765 (37.096) 2:23.918 (35.154)	40	Maguire, Ellen	Muhlenberg	2:28.83 36.108 (36.108) 1:13.435 (37.327) 1:51.746 (38.311) 2:28.825 (37.080)
23	Webb, Jenna	La Salle	2:23.94 36.202 (36.202) 1:11.657 (35.455) 1:46.650 (34.993) 2:23.938 (37.289)	41	Simms, Shennell	Maryland-Eas	2:29.04 33.511 (33.511) 1:09.216 (35.705) 1:48.008 (38.792) 2:29.033 (41.025)
24	Petraskaite, Dominyka	Temple	2:24.51 35.224 (35.224) 1:12.285 (37.062) 1:49.777 (37.492) 2:24.508 (34.731)	42	Gudyka, Jamie	Iona	2:29.40 35.784 (35.784) 1:12.396 (36.612) 1:50.061 (37.666) 2:29.391 (39.330)
25	Ianello, Lucia	American	2:24.52 35.912 (35.912) 1:11.644 (35.732) 1:47.561 (35.917) 2:24.518 (36.958)	43	Priest, Carly	Haverford	2:29.67 35.116 (35.116) 1:12.313 (37.198) 1:50.537 (38.225) 2:29.662 (39.125)
26	Bostic, Isabella	New Haven	2:24.57 34.193 (34.193) 1:10.449 (36.256) 1:47.132 (36.684) 2:24.565 (37.433)	44	Haynes, Alycia	Farmingdale	2:29.87 32.450 (32.450) 1:08.875 (36.425) 1:47.610 (38.735) 2:29.865 (42.255)

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

45	Stone, Cameran	St. Lawrence	2:29.89
	36.442 (36.442)	1:15.005 (38.563)	1:53.404 (38.400)
	2:29.886 (36.483)		
46	Gambogi, Megan	Bloomsburg	2:31.08
	34.565 (34.565)	1:12.302 (37.737)	1:50.802 (38.500)
	2:31.073 (40.271)		
47	Schilling, Angelina	New Haven	2:31.21
	37.589 (37.589)	1:15.042 (37.453)	1:52.256 (37.215)
	2:31.209 (38.954)		
48	Miskimins, Kelsey	American	2:31.47
	35.024 (35.024)	1:12.285 (37.262)	1:51.156 (38.871)
	2:31.462 (40.306)		
49	Kakalec, Jane	Wesleyan	2:31.56
	36.520 (36.520)	1:13.881 (37.362)	1:53.277 (39.396)
	2:31.560 (38.283)		
50	Linenfelter, Noelle	Houghton	2:31.88
	36.810 (36.810)	1:14.684 (37.875)	1:53.985 (39.301)
	2:31.873 (37.889)		
51	Bertolette, Megan	Lafayette	2:32.01
	36.052 (36.052)	1:14.370 (38.318)	1:54.332 (39.963)
	2:32.005 (37.674)		
52	House, Lauren	Muhlenberg	2:32.55
	36.466 (36.466)	1:14.015 (37.550)	1:52.922 (38.908)
	2:32.542 (39.620)		
53	Smith, Carolyn	St. Joseph's	2:32.73
	36.118 (36.118)	1:15.353 (39.235)	1:55.367 (40.014)
	2:32.728 (37.362)		
54	Roddy, Brianna	Montclair St	2:33.00
	36.439 (36.439)	1:15.657 (39.218)	1:55.152 (39.495)
	2:32.992 (37.841)		
55	Stanghellini, Rina	New Haven	2:33.12
	36.571 (36.571)	1:15.279 (38.709)	1:54.817 (39.538)
	2:33.114 (38.298)		
56	DeOliveira, Dianne	Bella N Moti	2:33.21
	37.606 (37.606)	1:15.707 (38.101)	1:54.790 (39.084)
	2:33.205 (38.415)		
57	November, Rachel	Haverford	2:33.72
	36.748 (36.748)	1:13.710 (36.962)	1:52.706 (38.996)
	2:33.717 (41.011)		
58	Draper, Desiree	Holy Family	2:34.01
	34.627 (34.627)	1:12.749 (38.122)	1:53.657 (40.909)
	2:34.003 (40.346)		
59	McKeever, Margaret	LIU	2:35.22
	35.839 (35.839)	1:13.924 (38.085)	1:55.253 (41.330)
	2:35.215 (39.962)		
60	Norman, Jordan	Vassar	2:36.36
	36.177 (36.177)	1:15.517 (39.341)	1:55.811 (40.294)
	2:36.360 (40.550)		
61	Azzalina, Serena	Widener	2:37.10
	37.902 (37.902)	1:17.570 (39.668)	1:58.742 (41.172)
	2:37.096 (38.355)		
62	Woodrum, Kaelyn	Coppin State	2:38.66
	35.360 (35.360)	1:15.199 (39.840)	1:57.252 (42.054)
	2:38.658 (41.406)		

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results****Finals ... (Event 16 Women 800 Meter Run)**

Name	School	Finals
63 Robb, Asshanni	Maryland-Eas	2:38.94
35.188 (35.188)	1:14.169 (38.982)	1:55.446 (41.277)
2:38.939 (43.494)		
64 Burlette, Noella	Utica	2:39.51
36.980 (36.980)	1:16.899 (39.920)	1:59.411 (42.512)
2:39.504 (40.094)		
65 Colon, Da-Xia	New Haven	2:39.68
37.629 (37.629)	1:17.373 (39.745)	1:59.081 (41.708)
2:39.677 (40.597)		
66 Swain, Hannah	New Haven	2:40.23
38.437 (38.437)	1:20.290 (41.854)	2:02.040 (41.750)
2:40.229 (38.190)		
67 Richardson, Ashley	Delaware Sta	2:41.29
37.133 (37.133)	1:16.057 (38.924)	1:56.747 (40.690)
2:41.282 (44.536)		
68 Mcneil, Zane	Holy Family	2:41.62
37.408 (37.408)	1:16.821 (39.414)	1:59.325 (42.504)
2:41.618 (42.294)		
69 Totaro, Joan	Bella N Moti	2:41.99
38.544 (38.544)	1:20.214 (41.670)	2:01.788 (41.575)
2:41.984 (40.196)		
70 Shepard, Katie	Muhlenberg	2:42.21
37.288 (37.288)	1:17.168 (39.880)	1:59.302 (42.134)
2:42.209 (42.908)		
71 Davis, Kaylah	St. Peter's	2:42.79
35.847 (35.847)	1:14.201 (38.354)	1:56.264 (42.064)
2:42.786 (46.523)		
72 Taliaferro, Ansolei	Delaware Sta	2:43.27
36.736 (36.736)	1:16.954 (40.218)	2:00.781 (43.828)
2:43.264 (42.483)		
73 Williams, Aakaysha	CCNY	2:43.93
39.576 (39.576)	1:21.952 (42.376)	2:05.435 (43.484)
2:43.921 (38.486)		
74 Gonzalez, Angie	Montclair St	2:44.64
38.779 (38.779)	1:20.437 (41.658)	2:03.166 (42.730)
2:44.633 (41.467)		
75 Hoffman, Izzy	Muhlenberg	2:46.17
39.254 (39.254)	1:20.832 (41.579)	2:04.350 (43.519)
2:46.169 (41.820)		
76 Murphy, Julie	Montclair St	2:48.76
39.942 (39.942)	1:22.339 (42.397)	2:05.944 (43.606)
2:48.753 (42.809)		
77 Torres, Jennifer	New Haven	2:49.36
38.293 (38.293)	1:20.007 (41.715)	2:04.250 (44.244)
2:49.359 (45.109)		
78 Griffin, Jazelle	Delaware Sta	2:54.56
35.421 (35.421)	1:18.998 (43.577)	2:07.953 (48.955)
2:54.559 (46.606)		
79 Lu, Sandra	CCNY	2:56.07
42.639 (42.639)	1:24.181 (41.542)	2:10.182 (46.001)
2:56.066 (45.885)		
80 Thorsten, Shari	Adelphi	2:56.46
39.055 (39.055)	1:21.580 (42.525)	2:08.147 (46.567)
2:56.451 (48.305)		

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

81	Valerio, Joeli	CCNY	3:01.85
	40.135 (40.135)	1:24.529 (44.395)	2:14.003 (49.474)
	3:01.844 (47.842)		
82	Merced, Emmaly	York (N.Y.)	3:01.89
	41.497 (41.497)	1:25.633 (44.136)	2:14.616 (48.984)
	3:01.889 (47.273)		
83	Gallo, Yanise	Monroe Colle	3:37.29
	42.792 (42.792)	1:39.487 (56.695)	2:44.044 (1:04.557)
	3:37.289 (53.245)		
---	Elgrim, Megan	East Strouds	DNS
---	Sabaya, Grace	New Jersey C	DNS
---	Fodor, Caroline	Wheeling	DNS
---	Denning, Jade	Utica	DNS

Event 17 Men 800 Meter Run

Name	School	Finals
------	--------	--------

Finals

1	Tranquille, Maris	St. Joseph's	1:53.43
	53.056 (53.056)	1:22.734 (29.679)	1:53.423 (30.689)
2	Campbell, Gavin	St. Joseph's	1:53.68
	54.591 (54.591)	1:23.183 (28.592)	1:53.679 (30.497)
3	Phillips, Graham	St. Joseph's	1:55.11
	27.653 (27.653)	56.704 (29.052)	1:26.171 (29.467)
	1:55.106 (28.935)		
4	Konieczny, Andrew	Neumann	1:55.15
	53.314 (53.314)	1:22.755 (29.441)	1:55.143 (32.389)
5	Tyce, Carl	DeSales	1:55.43
	54.855 (54.855)	1:24.731 (29.876)	1:55.421 (30.690)
6	Guy, Nathanael	Delaware Sta	1:55.56
	27.020 (27.020)	55.553 (28.534)	1:24.671 (29.118)
	1:55.555 (30.885)		
7	McColum, Brendan	Rochester	1:55.61
	55.138 (55.138)	1:24.567 (29.429)	1:55.607 (31.040)
8	Thaler, Josh	St. Joseph's	1:55.85
	27.434 (27.434)	55.831 (28.397)	1:25.699 (29.869)
	1:55.841 (30.142)		
9	Brown, Elijah	Delaware Sta	1:56.09
	27.631 (27.631)	56.396 (28.765)	1:25.898 (29.503)
	1:56.085 (30.187)		
10	Jarratt, Parker	Bloomsburg	1:56.63
	27.763 (27.763)	56.923 (29.160)	1:26.395 (29.472)
	1:56.627 (30.232)		
11	Burfeind, Thomas	Stony Brook	1:56.95
	28.015 (28.015)	57.135 (29.120)	1:26.543 (29.409)
	1:56.943 (30.400)		
12	Walden, Regent	St. Joseph's	1:57.31
	27.395 (27.395)	55.630 (28.235)	1:26.321 (30.691)
	1:57.305 (30.985)		
13	Crocker, Skye	Rochester	1:57.45
	27.666 (27.666)	56.589 (28.924)	1:26.963 (30.375)
	1:57.446 (30.483)		
14	Rios-Colon, Austin	Columbia	1:57.76
	27.911 (27.911)	56.437 (28.526)	1:25.520 (29.084)
	1:57.753 (32.233)		

Finals ... (Event 17 Men 800 Meter Run)

Name	School	Finals
15 Winslow, Lleyton	St. Joseph's	1:57.79
27.146 (27.146)	56.794 (29.649)	1:27.738 (30.945)
1:57.790 (30.052)		
16 Denton, Matt	Haverford	1:57.81
30.269 (30.269)	58.187 (27.919)	1:27.511 (29.324)
1:57.805 (30.295)		
17 Santiago, Clayton	Cortland St.	1:58.15
30.608 (30.608)	58.482 (27.874)	1:27.166 (28.685)
1:58.146 (30.980)		
18 Taffet, Ben	Wesleyan	1:59.07
29.137 (29.137)	58.683 (29.547)	1:28.763 (30.080)
1:59.065 (30.302)		
19 Tripeny, Nico	Haverford	1:59.30
30.887 (30.887)	58.978 (28.091)	1:28.853 (29.875)
1:59.294 (30.441)		
20 Bedford, Josh	RIT	1:59.33
29.023 (29.023)	58.283 (29.260)	1:29.068 (30.785)
1:59.329 (30.261)		
21 Ftwi, Nahom	Maryland-Eas	1:59.34
28.560 (28.560)	58.476 (29.916)	1:29.285 (30.810)
1:59.337 (30.052)		
22 Wilsoncroft, Nate	Cortland St.	1:59.51
30.356 (30.356)	58.703 (28.348)	1:28.967 (30.264)
1:59.503 (30.537)		
23 Wesley, Tyler	Holy Family	2:00.35
28.824 (28.824)	59.432 (30.608)	1:31.175 (31.744)
2:00.349 (29.175)		
24 Geula, Alexander	Wesleyan	2:00.37
30.774 (30.774)	59.162 (28.388)	1:29.400 (30.239)
2:00.361 (30.961)		
25 Redstone, Nick	Vassar	2:00.54
28.910 (28.910)	59.255 (30.345)	1:30.433 (31.179)
2:00.535 (30.103)		
26 Muzila, Lukas	Vassar	2:00.69
33.045 (33.045)	1:02.975 (29.930)	1:30.035 (27.061)
2:00.688 (30.653)		
27 Bowes, Tyrese	LIU	2:01.06
29.065 (29.065)	59.533 (30.469)	1:30.587 (31.055)
2:01.060 (30.474)		
28 Alvarez, Michael	Cortland St.	2:01.07
32.575 (32.575)	1:04.180 (31.605)	1:31.203 (27.023)
2:01.070 (29.868)		
29 Plunkett, Thomas	Widener	2:01.08
28.555 (28.555)	58.784 (30.229)	1:30.105 (31.321)
2:01.074 (30.970)		
30 Lachman, Micah	Haverford	2:01.10
29.559 (29.559)	59.515 (29.957)	1:30.289 (30.775)
2:01.099 (30.810)		
31 LaBar, Lucas	New Haven	2:01.16
28.754 (28.754)	58.995 (30.242)	1:30.578 (31.583)
2:01.152 (30.575)		
32 Parmelee, Jonathan	New Haven	2:01.34
29.204 (29.204)	59.761 (30.558)	1:30.637 (30.876)
2:01.340 (30.703)		

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

33	Brannick, Michael	Wagner	2:02.00
	28.684 (28.684)	59.728 (31.045)	1:31.220 (31.493)
	2:01.993 (30.773)		
34	Zanck, Gavin	La Salle	2:02.02
	28.842 (28.842)	58.616 (29.775)	1:30.345 (31.729)
	2:02.018 (31.674)		
35	Solomon, Reed	Haverford	2:02.07
	29.704 (29.704)	59.712 (30.008)	1:30.671 (30.960)
	2:02.065 (31.395)		
36	Jimenez, Julian	LIU	2:02.14
	29.674 (29.674)	59.989 (30.315)	1:30.849 (30.860)
	2:02.138 (31.290)		
37	Ayers, Bryce	Maryland-Eas	2:02.28
	32.117 (32.117)	1:03.158 (31.041)	1:29.755 (26.597)
	2:02.278 (32.524)		
38	Schneekloth, Chuck	Garden State	2:02.98
	29.855 (29.855)	1:00.986 (31.132)	1:32.520 (31.534)
	2:02.980 (30.461)		
39	Pawlowski, Alexander	Holy Family	2:03.02
	28.509 (28.509)	58.194 (29.685)	1:30.199 (32.005)
	2:03.017 (32.819)		
40	Ford, Daniel	Rochester	2:03.10
	31.167 (31.167)	59.588 (28.422)	1:30.729 (31.141)
	2:03.092 (32.363)		
41	Ryan, Vincent	Colgate	2:03.11
	29.807 (29.807)	1:00.433 (30.626)	1:31.299 (30.867)
	2:03.101 (31.802)		
42	Jacques, Tim	Vassar	2:03.15
	29.339 (29.339)	59.001 (29.663)	1:30.989 (31.989)
	2:03.149 (32.160)		
43	Kpodo, Adnan	New Jersey C	2:03.29
	33.665 (33.665)	1:04.060 (30.396)	1:30.922 (26.862)
	2:03.285 (32.364)		
44	Meadows, Flyn	Haverford	2:03.45
	29.187 (29.187)	1:00.274 (31.087)	1:32.033 (31.760)
	2:03.450 (31.418)		
45	O'Donnell, Christopher	St. Lawrence	2:03.61
	33.534 (33.534)	1:04.306 (30.773)	1:32.460 (28.155)
	2:03.610 (31.150)		
46	Rajab, Justin	LIU	2:03.84
	29.042 (29.042)	59.504 (30.462)	1:31.705 (32.202)
	2:03.837 (32.132)		
47	Quainoo, Justice	La Salle	2:04.13
	28.310 (28.310)	59.202 (30.893)	1:31.708 (32.506)
	2:04.128 (32.420)		
48	Espinal, Elijah	New Haven	2:04.30
	29.438 (29.438)	1:00.029 (30.591)	1:31.964 (31.935)
	2:04.298 (32.335)		
49	Klein, Hayden	Muhlenberg	2:04.43
	28.947 (28.947)	59.890 (30.943)	1:31.940 (32.050)
	2:04.430 (32.490)		
50	Jeralds, Tobias	Utica	2:04.48
	29.350 (29.350)	59.833 (30.483)	1:32.086 (32.254)
	2:04.480 (32.395)		

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results****Finals ... (Event 17 Men 800 Meter Run)**

Name	School	Finals
51 Knoetig, Kevin	Georgian Cou	2:04.56
29.450 (29.450)	1:00.370 (30.920)	1:32.385 (32.016)
2:04.558 (32.173)		
52 Zinn-Keane, Owen	Wesleyan	2:04.75
29.584 (29.584)	1:00.729 (31.145)	1:33.348 (32.620)
2:04.742 (31.395)		
53 Wiekierak, Connor	St. Lawrence	2:05.19
32.876 (32.876)	1:04.550 (31.675)	1:32.174 (27.624)
2:05.181 (33.008)		
54 Chidley, Simon	Wesleyan	2:05.23
29.163 (29.163)	59.686 (30.524)	1:31.277 (31.591)
2:05.227 (33.950)		
55 Richardson, Langston	LIU	2:05.31
27.566 (27.566)	58.629 (31.063)	1:31.532 (32.904)
2:05.304 (33.772)		
56 Caramelli, Alex	Montclair St	2:05.76
30.557 (30.557)	1:02.039 (31.482)	1:33.224 (31.185)
2:05.754 (32.530)		
57 Plaza, Jayson	Adelphi	2:06.11
29.350 (29.350)	1:00.976 (31.626)	1:33.700 (32.724)
2:06.105 (32.406)		
58 Cwiklinski, Joe	Muhlenberg	2:06.28
29.921 (29.921)	1:01.672 (31.751)	1:34.345 (32.674)
2:06.276 (31.931)		
59 Miller, Nick	Vassar	2:06.38
29.148 (29.148)	59.826 (30.678)	1:32.298 (32.472)
2:06.379 (34.082)		
60 Navarro, Dylan	Georgian Cou	2:06.51
29.047 (29.047)	59.564 (30.517)	1:31.508 (31.945)
2:06.506 (34.999)		
61 Stefan, Adam	Muhlenberg	2:06.67
28.493 (28.493)	59.320 (30.827)	1:32.983 (33.663)
2:06.668 (33.686)		
62 Soderstedt, Conner	Muhlenberg	2:07.12
30.049 (30.049)	1:01.189 (31.140)	1:34.481 (33.293)
2:07.118 (32.637)		
63 Turner, Zachary	New Haven	2:07.68
30.388 (30.388)	1:01.701 (31.314)	1:34.335 (32.635)
2:07.679 (33.345)		
64 Rivera, Nicholas	LIU	2:07.82
31.152 (31.152)	1:03.590 (32.439)	1:36.214 (32.625)
2:07.819 (31.605)		
65 Norrby, Dylan	Adelphi	2:08.45
30.368 (30.368)	1:02.920 (32.553)	1:36.309 (33.390)
2:08.448 (32.140)		
66 Silver, Izzy	Muhlenberg	2:08.57
30.314 (30.314)	1:01.628 (31.315)	1:36.203 (34.575)
2:08.567 (32.365)		
67 Prestipino, Dominic	Holy Family	2:08.70
28.931 (28.931)	59.747 (30.816)	1:33.094 (33.348)
2:08.700 (35.606)		
68 Voloshen, Christian	Rochester	2:09.10
29.500 (29.500)	1:00.671 (31.171)	1:34.384 (33.714)
2:09.099 (34.715)		

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

69	Connell, Timothy	Neumann	2:10.20
	31.116 (31.116)	1:03.268 (32.152)	1:38.018 (34.750)
	2:10.194 (32.176)		
70	Ortiz, Justin	New Haven	2:10.22
	29.313 (29.313)	59.367 (30.055)	1:31.983 (32.616)
	2:10.218 (38.235)		
71	Szaro, David	St. Peter's	2:10.70
	30.037 (30.037)	1:01.255 (31.218)	1:34.908 (33.654)
	2:10.695 (35.787)		
72	Trolio, Andrew	New Haven	2:12.49
	30.610 (30.610)	1:02.753 (32.144)	1:35.878 (33.125)
	2:12.486 (36.609)		
73	McGerry, Mike	Holy Family	2:12.97
	30.405 (30.405)	1:01.969 (31.564)	1:37.222 (35.254)
	2:12.964 (35.742)		
74	Smith, Shawn	Maryland-Eas	2:12.97
	30.186 (30.186)	1:01.610 (31.424)	1:35.322 (33.713)
	2:12.967 (37.645)		
75	Blandin, Tyler	Delaware Sta	2:13.22
	29.210 (29.210)	1:00.317 (31.108)	1:34.105 (33.788)
	2:13.218 (39.114)		
76	Vargo, Tristan	Utica	2:13.99
	28.875 (28.875)	59.829 (30.954)	1:35.185 (35.357)
	2:13.989 (38.804)		
77	Stuart, Glenver	York (N.Y.)	2:14.11
	30.934 (30.934)	1:04.110 (33.176)	1:39.597 (35.487)
	2:14.103 (34.507)		
78	Wall, Patrick	Hofstra	2:17.18
	30.601 (30.601)	1:02.480 (31.879)	1:38.576 (36.097)
	2:17.175 (38.600)		
79	Bodendorf, Thomas	Adelphi	2:18.57
	31.393 (31.393)	1:04.136 (32.744)	1:39.903 (35.767)
	2:18.565 (38.663)		
80	McNeil, Jaron	Neumann	2:21.83
	29.643 (29.643)	1:02.168 (32.525)	1:40.484 (38.317)
	2:21.822 (41.338)		
81	Morales, Edy	CCNY	2:23.90
	32.229 (32.229)	1:07.821 (35.593)	1:45.501 (37.680)
	2:23.896 (38.395)		
82	Elliot, Ethanael	Monroe Colle	2:25.54
	32.062 (32.062)	1:06.755 (34.694)	1:45.695 (38.940)
	2:25.537 (39.842)		
83	Saturchenko, Eugene	CCNY	2:27.39
	33.907 (33.907)	1:09.969 (36.063)	1:47.913 (37.945)
	2:27.384 (39.471)		
---	Greene, Jayden	St. Joseph's	DNF
	52.823 (52.823)	1:21.831 (29.009)	
---	Nakahara, Will	Unattached	DNS
---	Winter, Alex	York (N.Y.)	DNS
---	Byron, Kyle	CCNY	DNS
---	Martin, David	Maryland-Eas	DNS
---	Lohmann, Hayden	Utica	DNS
---	Murphy, Sean	St. Joseph's	DNS
---	Soiro, Javon	Monroe Colle	DNS
---	Lytel, Sam	Vassar	DNS
---	Graham, Jordan	Delaware Sta	DNS

Finals ... (Event 17 Men 800 Meter Run)

Name	School	Finals
---	Bembridge, Devon	St. Peter's
---	Abdalla, Mahmoud	Stony Brook
		DNS

Event 18 Women 200 Meter Dash

Name	School	Finals
Finals		
1	Oku, Gifty	Coppin State
2	White, Khaliyah	Delaware Sta
3	Brown, Kortney	Delaware Sta
4	Lewis, Jazmyn	The Speed Ac
5	Harpe, Lakendra	Delaware Sta
6	Harding, Jaclyn	St. Joseph's
7	Gillis, Clare	Colgate
8	Lucas, Chloe	Maryland-Eas
9	Rose, Sydney	St. Joseph's
10	Isaac, Kate	Rochester
11	Walker, Judith	St. Joseph's
12	Liriano, Elizabeth	Cortland St.
13	Gosier, Vernetta	St. Peter's
14	Rubio, Brianna	Monmouth
15	Novak, Ava	Vassar
16	Latimer, Madison	Monmouth
17	Ofofan, Jewel	Temple
18	Greene, Linise	La Salle
19	Adams, Olabisi	La Salle
20	Dotts, Chloe	American
21	Shirek, Isatu	Temple
22	Binns, Olivia	St. Joseph's
23	Minus-Vincent, Darynn	St. Joseph's
24	Chin, Anabella	St. Joseph's
25	Benton, Brianna	Coppin State
26	Moses, Jahsaiah	Haverford
27	Atkins, Akajia	Stony Brook
28	Pittman, Autumn	Cortland St.
29	Fashina, Aronke	La Salle
30	Hardy, Kristin	Rochester
31	LaBelle, Alyssa	Cortland St.
32	Iyiola, Balikis	St. Peter's
33	Davis, Jaelyn	Stony Brook
34	Camp, Brandi	St. Joseph's
35	Robertson, Layla	Seton Hill
36	Perez, Tatum	Monmouth
37	Mack, Sophia	Wesleyan
38	Brenny, Haley	Seton Hill
39	Heffernan, Ashley	Rochester
40	Chardon, Karla	Goldey-Beaco
41	Blake, Camylin	Columbia
42	Daniel, Elise	Widener
43	Peralta, Yasmine	Cortland St.
44	Becker, Samantha	Cortland St.
45	Thornberry, Isabel	Haverford
46	Palmer, Erin	Coppin State
47	Howard, Vanessa	New Haven
48	Harris, Deja	New Haven

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

49	Rowley, Sage	Kutztown	27.76
50	Bennett, Taylor	La Salle	27.76
51	Pastor, Alessandra	LIU	27.82
52	Walters, Imagen	Wesleyan	27.85
53	Hebert, Avery	Cortland St.	27.91
54	Whetstone, Sidney	Montclair St	27.96
55	Ringler, Kalista	Vassar	28.03
56	Downey, Sophia	Unattached	28.04
57	Searles, Nikki	Adelphi	28.06
58	Kyriacou, Christina	Rochester	28.07
59	Wallace, Markya	Kutztown	28.11
60	Williams, Shanice	Muhlenberg	28.12
61	Sujitno, Siena	Pratt Instit	28.22
62	Thomas, Lauren	Lafayette	28.25
63	Tang, Kitty	Unattached	28.28
64	Martin, Aminah	Columbia	28.48
65	McBride, Jenna	Adelphi	28.58
66	Jensen, Nora	Vassar	28.85
67	Castagnier, Hayley	St. Lawrence	28.87
68	Goldsmith, Janell	Neumann	28.89
69	Jones, Jayda	Dominican (N	28.89
70	Knight, Cora	St. Lawrence	28.94
71	Fletcher, Michaela	Neumann	28.97
72	Agarwal, Neev	American	29.01
73	Alvarenga, Nyrohah	New Jersey C	29.04
74	Shaker, Mary	Houghton	29.23
75	Mukhtar, Shahla	Haverford	29.30
76	Gordon, Lilly	Lafayette	29.40
77	Dunne, Julia	Dominican (N	29.41
78	Owen, Micaela	New Haven	29.42
79	Maendel, Samantha	CCNY	29.45
80	Edwards, Lisa	Unattached	29.47
81	Bone, Emily	Lafayette	29.53
82	O'Rourke, Alexis	Unattached	29.63
83	Collier, Andrea	Unattached	29.66
84	Kearney, Chloe	St. Joseph's	29.74
85	Busam, Madeline	Vassar	29.74
86	Black, Kiran	St. Lawrence	29.95
87	DeMichele, Mikayla	Muhlenberg	30.04
88	Eastlack, Devon	Muhlenberg	30.06
89	Gudyka, Jamie	Iona	30.08
90	Menard, Katie	Iona	30.09
91	Konake, Djeneba	Neumann	30.41
92	Webb, Charlia	York (N.Y.)	30.61
93	De Jesus, Yoselis	New Jersey C	31.47
94	Khan, Zuha	CCNY	31.47
95	Parris, Krystal	Dominican (N	32.21
96	Thomsen, Katherine	Pratt Instit	33.03
97	Jarana, Neida	New Jersey C	33.04
98	Phillips, Tricia	Fairleigh Di	33.11
99	Brennan, Mikayla	Gwynedd-Merc	34.35
100	Hunter, Peta-Gay	York (N.Y.)	34.59
101	Scales, Gina	Goldfinger T	34.67
102	Galante, Claire	Hofstra	35.16
103	Jimenez, Dominique	Hofstra	36.31
104	Leavey, Emma	Pratt Instit	37.48

Finals ... (Event 18 Women 200 Meter Dash)

	Name	School	Finals
105	Anderson, Sadie	Hofstra	38.23
106	Jones, Kresanta	York (N.Y.)	43.30
---	Villatoro, Laura	CCNY	DNS
---	Jones, Kahdia	Holy Family	DNS
---	Salkey, Ariel	Holy Family	DNS
---	Greig, Lauren	Temple	DNS
---	Zhikharevich, Valeria	Pratt Instit	DNS
---	Igbineweka, Eki	CCNY	DNS

Event 19 Men 200 Meter Dash

	Name	School	Finals
Finals			
1	Drakes, Carl	Coppin State	21.36
2	Watkins, Jahlanhnee	Maryland-Eas	21.41
3	Stewart, Rashaun	Coppin State	21.74
4	Parkinson, Jovanni	Elitefeats	21.81
5	Herring, Mahki	Maryland-Eas	21.86
6	Lienert, Mitchell	Rochester	22.00
7	Jones, Tyhir	St. Joseph's	22.05
8	Knowles, Samuel	Widener	22.22
9	Vazquez, Justin	Stony Brook	22.23
10	Adedokun, Azeez	Monmouth	22.26
11	Muir, Brandon	Monmouth	22.30
12	Forson, Prince	Ghana	22.35
13	Dula, Adrian	Maryland-Eas	22.44
14	Jantzi, Justin	RIT	22.51
15	London, P.J.	Rochester	22.52
16	Morse, Brett	Cortland St.	22.52
17	Little, Malachi	Delaware Sta	22.53
18	Martino, Matthew	Monmouth	22.53
19	Jones, Aaron	Cortland St.	22.58
20	Ibarra, Fernando	American	22.59
21	Tai, Aidan	Lafayette	22.62
22	Mirac, Judeson	St. Peter's	22.66
23	Krill, Ryan	Colgate	22.77
24	Noreiga, Renaldo-Alleyne	St. Francis	22.79
25	Sims Jr, Alonzo	Delaware Sta	22.80
26	Laurier, Witchell	Maryland-Eas	22.81
27	Soubik, Branden	Gwynedd-Merc	22.83
28	Schaffert, Matthew	Cortland St.	22.84
29	Milevoix, Samael	Montclair St	22.84
30	Roshankish, Kyle	Wesleyan	22.85
31	Thompson, Brian	Dominican (N	22.86
32	Gado, Habibu	CCNY	22.90
33	Duffault, Robensky	Monroe Colle	22.93
34	Carrubba, Jake	St. Joseph's	22.93
35	Dallas, Bayyan	St. Peter's	22.95
36	Eribo, Manny	Rochester	23.12
37	Schlotterbeck, Cole	Coppin State	23.15
38	Hill, Jonathan	Haverford	23.18
39	Koubek, Andrew	RIT	23.21
40	Gooden, Delano	St. Peter's	23.25
41	Graham, Maurice	CPTC	23.26
42	Brodnik, Peter	Rochester	23.34

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

43	Strouble, Thomas	Monroe Colle	23.38
44	Griffiths, Hakeem	Queens (N.Y.	23.39
45	Manente, Eddie	Cortland St.	23.40
46	Kurtz, Evan	Houghton	23.45
47	Murphey, Logan	Wagner	23.47
48	Iwuagwu, Travis	Cortland St.	23.52
49	Darden, Dereck	Widener	23.55
50	O'Gorman, Andrew	Cortland St.	23.57
51	Ngaima, Madda	La Salle	23.63
52	Bacette, Carl	Adelphi	23.63
53	Adewole, Olatunji	Dominican (N	23.66
53	Moore, Ryan	Lafayette	23.66
55	Conroy, John	Iona	23.74
56	Eaton, Ravi	Haverford	23.79
57	Barnes, Dimitri	New Haven	23.84
58	Jenkins, Jayden	Colgate	23.90
59	Joseph, David	Monroe Colle	23.91
60	Worley, Darnell	Vassar	23.95
61	Basile, Andrew	Bloomsburg	23.96
62	Castro, Joshua	Muhlenberg	23.98
63	Smith, Radelson	Gwynedd-Merc	24.04
64	Johnson, Montaz	Neumann	24.06
65	Fuzailof, Daniel	Queens (N.Y.	24.10
66	Jones, Niles	Stony Brook	24.11
67	Reid, Kedar	Goldey-Beaco	24.13
68	Philippe, Jovany	Farmingdale	24.15
69	McKethan, Aamere	Georgian Cou	24.18
70	Brandi, Daniel	Build	24.26
71	Steele, Ryan	St. Lawrence	24.28
72	Cruz, Arison	Colgate	24.32
73	Yeager, Malachi	Houghton	24.36
74	Byron, Kyle	CCNY	24.56
75	Gutro, Brian	American	24.58
76	Arce, Ethan	Montclair St	24.59
77	Dayton, Rafael	Monroe Colle	24.59
78	Brito, Josh	Houghton	24.62
79	Wilson-Hill, Tahkwai	York (N.Y.)	24.67
80	Pierce, Walter	New Jersey C	24.73
81	Abdalahamid, Kinnan	Haverford	24.78
82	Charles, Marvin	New Jersey C	24.94
83	Benoit, Josh	St. Francis	24.95
84	Nasso, Collin	Houghton	24.98
85	Tirabanti-Bonilla, Cesar	LIU	25.15
86	Borkun, Valery	Queens (N.Y.	25.32
87	Mallon, Aidan	Dominican (N	25.51
88	Suarez, Dariel	Dominican (N	25.58
89	Ricciardi, Matt	Neumann	25.70
90	Kalala, Kamunga	CCNY	25.72
91	Hunter, Kevin	Neumann	25.82
92	Phelan, Jack	Pratt Instit	25.98
93	Monteau, Reginald	St. Francis	26.07
94	Ramkellawan, Josiah	New Jersey C	26.41
95	Franzetti, Greg	Hofstra	26.69
96	Ortiz, Bryan	York (N.Y.)	26.98
97	Horton, Jonathan	Pratt Instit	27.23
98	Guzman, Andry	CCNY	27.54

Finals ... (Event 19 Men 200 Meter Dash)

	Name	School	Finals
99	Mathew, Melvin	Gwynedd-Merc	27.57
---	Dunn, Durran	Unattached	DNS
---	Neuwirth, Russell	Muhlenberg	DNS
---	Desai, Lekh	LIU	DNS
---	O'Gorman, Patrick	Pratt Instit	DNS
---	Robinson, Wayne	Georgian Cou	DNS
---	Aponte, Kieran	Kutztown	DNS
---	Augustin, Valentin	St. Peter's	DNS
---	Dillard, Cameron	St. Lawrence	DNS
---	Barrett, Jaden	Wagner	DNS
---	Lorenzetti, Sam	Rochester	DNS
---	Robins, Kirkland	Seton Hill	DNS

Event 20 Women 3000 Meter Run

	Name	School	Finals
Finals			
1	Kuwahara, Kate	Columbia	10:06.03
	39.509 (39.509)	1:19.942 (40.433)	2:00.350 (40.409)
	2:41.388 (41.038)	3:22.468 (41.080)	4:03.664 (41.196)
	4:44.894 (41.231)	5:24.930 (40.036)	6:05.058 (40.128)
	6:45.876 (40.819)	7:26.920 (41.045)	8:08.420 (41.500)
	8:49.439 (41.019)	9:29.263 (39.825)	10:06.025 (36.763)
2	Lustgarten, Ashleigh	Lafayette	10:06.65
	40.099 (40.099)	1:20.480 (40.382)	2:01.282 (40.802)
	2:42.219 (40.938)	3:23.191 (40.972)	4:04.132 (40.941)
	4:45.949 (41.817)	5:26.400 (40.452)	6:06.714 (40.315)
	6:47.233 (40.519)	7:27.663 (40.430)	8:08.267 (40.605)
	8:48.762 (40.495)	9:28.666 (39.905)	10:06.641 (37.975)
3	ferretti, rylee	Ocean Breeze	10:07.11
	39.110 (39.110)	1:19.688 (40.578)	2:00.049 (40.361)
	2:41.213 (41.165)	3:22.304 (41.092)	4:03.500 (41.196)
	4:44.686 (41.186)	5:24.741 (40.055)	6:04.766 (40.025)
	6:45.690 (40.925)	7:26.614 (40.924)	8:07.911 (41.298)
	8:49.160 (41.250)	9:28.997 (39.837)	10:07.104 (38.108)
4	Durcan, Niamh	Stony Brook	10:10.28
	39.434 (39.434)	1:20.270 (40.836)	2:00.810 (40.540)
	2:41.907 (41.097)	3:22.869 (40.963)	4:03.921 (41.052)
	4:45.499 (41.579)	5:25.897 (40.398)	6:06.361 (40.465)
	6:47.446 (41.085)	7:28.091 (40.645)	8:09.607 (41.516)
	8:51.052 (41.445)	9:32.323 (41.271)	10:10.274 (37.952)
5	Marr, Kira	Lafayette	10:23.15
	39.988 (39.988)	1:20.584 (40.597)	2:01.521 (40.937)
	2:42.414 (40.893)	3:23.520 (41.107)	4:04.604 (41.085)
	4:46.479 (41.875)	5:27.818 (41.339)	6:09.958 (42.140)
	6:52.429 (42.472)	7:35.807 (43.378)	8:19.605 (43.799)
	9:03.318 (43.713)	9:45.018 (41.700)	10:23.143 (38.125)
6	Hirsche, Katherine	Haverford	10:23.83
	39.241 (39.241)	1:19.507 (40.266)	2:00.162 (40.655)
	2:41.059 (40.897)	3:22.318 (41.260)	4:03.419 (41.102)
	4:45.704 (42.285)	5:27.930 (42.227)	6:10.441 (42.511)
	6:52.977 (42.536)	7:35.410 (42.434)	8:19.231 (43.821)
	9:02.615 (43.385)	9:44.608 (41.993)	10:23.829 (39.221)

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

7	Stitzer, Anna	Monmouth	10:26.25	Finals ... (Event 20 Women 3000 Meter Run)		
	40.404 (40.404)	1:20.904 (40.500)	2:01.969 (41.065)	Name	School	Finals
	2:42.957 (40.988)	3:24.161 (41.205)	4:05.129 (40.968)	16 Pezzolla, Giulia	Monmouth	10:44.02
	4:46.713 (41.585)	5:28.311 (41.599)	6:10.337 (42.026)		40.339 (40.339)	1:21.744 (41.405)
	6:52.693 (42.356)	7:36.050 (43.358)	8:19.794 (43.744)		2:46.407 (42.700)	3:29.164 (42.758)
	9:03.525 (43.732)	9:46.324 (42.799)	10:26.248 (39.925)		4:55.134 (43.593)	5:39.590 (44.456)
8	Tatum, Skyler	American	10:27.50		7:08.944 (44.840)	8:38.213 (44.015)
	40.202 (40.202)	1:20.724 (40.523)	2:01.709 (40.985)		9:21.300 (43.088)	10:04.685 (43.385)
	2:42.763 (41.055)	3:23.960 (41.198)	4:05.029 (41.069)	17 Millar, Becca	St. Joseph's	10:44.08
	4:46.917 (41.889)	5:28.745 (41.829)	6:11.015 (42.270)		42.089 (42.089)	1:24.998 (42.910)
	6:53.283 (42.268)	7:36.315 (43.033)	8:20.035 (43.720)		2:48.482 (41.846)	3:31.147 (42.666)
	9:03.679 (43.644)	9:46.882 (43.204)	10:27.499 (40.618)		4:57.507 (43.577)	5:41.367 (43.861)
9	Melican, Abigail	Colgate	10:30.84		7:08.566 (43.325)	8:35.492 (43.204)
	41.437 (41.437)	1:24.662 (43.226)	2:05.803 (41.141)		9:19.889 (44.398)	10:03.501 (43.612)
	2:46.256 (40.453)	3:27.066 (40.810)	4:08.430 (41.365)	18 Mclees, Casey	La Salle	10:44.93
	4:50.303 (41.874)	5:32.847 (42.544)	6:15.875 (43.029)		42.115 (42.115)	1:26.393 (44.278)
	6:59.121 (43.246)	7:43.278 (44.158)	8:27.780 (44.502)		2:53.886 (44.035)	3:38.201 (44.315)
	9:11.919 (44.140)	9:54.201 (42.282)	10:30.837 (36.637)		5:07.283 (44.501)	5:52.453 (45.170)
10	D'Amelio, Jaelyn	Kutztown	10:32.96		7:19.941 (43.772)	8:03.048 (43.108)
	43.163 (43.163)	1:26.793 (43.630)	2:08.933 (42.140)		9:28.418 (42.375)	10:08.236 (39.818)
	2:51.032 (42.100)	3:33.494 (42.462)	4:16.235 (42.741)	19 Evans, Brooke	American	10:45.19
	4:59.292 (43.058)	5:42.318 (43.026)	6:25.537 (43.219)		42.555 (42.555)	1:25.826 (43.271)
	7:08.773 (43.237)	7:51.827 (43.055)	8:33.537 (41.710)		2:50.332 (41.433)	3:33.353 (43.022)
	9:15.013 (41.476)	9:55.339 (40.326)	10:32.959 (37.620)		4:59.593 (43.408)	5:42.872 (43.279)
11	Bamford, Gabriella	St. Joseph's	10:36.30		7:09.484 (43.412)	8:36.591 (43.731)
	40.649 (40.649)	1:22.619 (41.970)	2:04.294 (41.675)		9:20.295 (43.705)	10:03.615 (43.320)
	2:46.867 (42.574)	3:28.184 (41.318)	4:10.371 (42.187)	20 Tracey, Khalifah	Cortland St.	10:50.56
	4:52.735 (42.365)	5:34.998 (42.263)	6:17.224 (42.226)		41.578 (41.578)	1:25.147 (43.570)
	6:59.484 (42.261)	7:41.489 (42.005)	8:25.069 (43.580)		2:52.010 (43.267)	3:34.647 (42.637)
	9:09.898 (44.830)	9:55.004 (45.107)	10:36.299 (41.295)		4:59.917 (42.578)	5:43.168 (43.252)
12	Javens, Dannah	Lafayette	10:41.23		7:10.207 (43.641)	8:38.257 (44.640)
	40.928 (40.928)	1:22.384 (41.456)	2:03.891 (41.508)		9:23.327 (45.070)	10:08.426 (45.100)
	2:46.669 (42.779)	3:28.836 (42.167)	4:11.219 (42.384)	21 Gilbert, Colleen	Kutztown	10:51.42
	4:53.249 (42.030)	5:35.609 (42.361)	6:18.305 (42.696)		42.855 (42.855)	1:26.541 (43.686)
	7:02.249 (43.944)	7:46.658 (44.410)	8:30.793 (44.135)		2:50.776 (42.095)	3:33.048 (42.273)
	9:15.209 (44.416)	9:59.149 (43.940)	10:41.229 (42.081)		4:59.045 (43.051)	5:42.115 (43.070)
13	Knerr, Sophia	Kutztown	10:41.72		7:08.587 (43.304)	8:37.105 (44.798)
	42.882 (42.882)	1:26.032 (43.150)	2:08.384 (42.352)		9:23.175 (46.070)	10:08.708 (45.534)
	2:50.158 (41.775)	3:32.830 (42.672)	4:15.572 (42.742)	22 Ripol, Annie	American	10:53.12
	4:58.890 (43.319)	5:42.463 (43.574)	6:25.858 (43.395)		42.351 (42.351)	1:25.708 (43.358)
	7:09.090 (43.232)	7:52.521 (43.431)	8:35.662 (43.142)		2:49.920 (41.670)	3:32.975 (43.055)
	9:19.088 (43.426)	10:01.194 (42.106)	10:41.711 (40.517)		5:01.907 (44.176)	5:45.495 (43.589)
14	Buddenbohn, Madison	St. Joseph's	10:41.98		7:12.697 (43.635)	8:42.179 (45.062)
	39.795 (39.795)	1:20.148 (40.353)	2:00.590 (40.443)		9:27.094 (44.915)	10:10.740 (43.646)
	2:41.666 (41.076)	3:22.683 (41.017)	4:04.304 (41.622)	23 Higgins, Lacey	Monmouth	10:53.25
	4:46.667 (42.363)	5:28.863 (42.196)	6:12.319 (43.457)		40.622 (40.622)	1:21.942 (41.320)
	6:57.105 (44.786)	7:42.246 (45.141)	8:28.093 (45.847)		2:46.484 (42.471)	3:28.544 (42.060)
	9:14.155 (46.063)	9:59.701 (45.546)	10:41.974 (42.273)		4:54.796 (43.838)	5:39.289 (44.494)
15	Castello, Rachel	Cortland St.	10:43.01		7:08.735 (44.897)	8:38.919 (44.575)
	41.297 (41.297)	1:24.874 (43.578)	2:08.501 (43.627)		9:24.218 (45.299)	10:09.491 (45.274)
	2:51.940 (43.440)	3:34.635 (42.695)	4:17.533 (42.899)	24 Taylor, Emma	La Salle	10:58.10
	5:00.220 (42.687)	5:43.420 (43.200)	6:26.778 (43.359)		42.418 (42.418)	1:26.991 (44.573)
	7:10.029 (43.251)	7:52.468 (42.440)	8:35.712 (43.244)		2:54.527 (43.828)	3:38.563 (44.037)
	9:18.989 (43.278)	10:01.047 (42.059)	10:43.007 (41.960)		5:07.419 (44.440)	5:52.036 (44.617)
					7:20.732 (44.135)	8:05.500 (44.769)
					9:34.088 (44.285)	10:19.268 (45.181)
						10:58.092 (38.824)

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

25	Martin, Adrienne	Cortland St.	10:58.30
	43.428 (43.428)	1:27.904 (44.476)	2:12.307 (44.403)
	2:55.966 (43.660)	3:40.623 (44.658)	4:24.297 (43.674)
	5:08.646 (44.350)	5:53.202 (44.556)	6:36.953 (43.752)
	7:21.313 (44.360)	8:05.263 (43.950)	8:49.358 (44.095)
	9:33.322 (43.965)	10:17.268 (43.947)	10:58.298 (41.030)
26	Mueller-Hickler, Anika	Vassar	10:59.38
	42.102 (42.102)	1:25.485 (43.383)	2:08.072 (42.587)
	2:50.084 (42.013)	3:33.093 (43.010)	4:16.607 (43.514)
	4:59.875 (43.269)	5:44.113 (44.239)	6:29.348 (45.235)
	7:14.382 (45.035)	8:00.042 (45.660)	8:45.612 (45.570)
	9:31.887 (46.275)	10:17.490 (45.603)	10:59.372 (41.883)
27	Jucewicz, Brianna	Monmouth	10:59.91
	41.724 (41.724)	1:25.941 (44.217)	2:08.918 (42.977)
	2:51.372 (42.455)	3:33.959 (42.588)	4:16.864 (42.905)
	4:59.903 (43.040)	5:43.437 (43.534)	6:27.659 (44.223)
	7:13.233 (45.575)	7:59.630 (46.397)	8:45.428 (45.799)
	9:31.541 (46.113)	10:17.092 (45.551)	10:59.903 (42.812)
28	Smith, Sydney	Cortland St.	11:00.54
	42.510 (42.510)	1:27.778 (45.268)	2:12.093 (44.315)
	2:55.658 (43.566)	3:40.331 (44.673)	4:24.748 (44.417)
	5:09.189 (44.442)	5:53.254 (44.065)	6:38.283 (45.029)
	7:23.216 (44.934)	8:08.131 (44.915)	8:52.884 (44.754)
	9:36.816 (43.932)	10:21.290 (44.475)	11:00.538 (39.249)
29	Reilly, Devin	Cortland St.	11:00.99
	43.456 (43.456)	1:28.213 (44.758)	2:12.588 (44.375)
	2:56.244 (43.656)	3:40.555 (44.311)	4:24.995 (44.440)
	5:09.228 (44.233)	5:53.458 (44.230)	6:37.448 (43.991)
	7:22.053 (44.605)	8:05.883 (43.831)	8:50.265 (44.382)
	9:34.428 (44.164)	10:18.803 (44.375)	11:00.990 (42.188)
30	Barney, Madeline	Kutztown	11:02.75
	42.853 (42.853)	1:27.373 (44.520)	2:11.126 (43.754)
	2:55.278 (44.153)	3:39.311 (44.033)	4:23.681 (44.370)
	5:07.913 (44.232)	5:52.893 (44.981)	6:37.601 (44.708)
	7:22.521 (44.920)	8:07.642 (45.121)	8:52.313 (44.672)
	9:37.016 (44.703)	10:20.853 (43.837)	11:02.746 (41.894)
31	Moriarty, Erika	Kutztown	11:05.21
	43.191 (43.191)	1:27.101 (43.910)	2:09.216 (42.115)
	2:51.708 (42.493)	3:34.148 (42.440)	4:17.087 (42.939)
	5:00.401 (43.315)	5:44.519 (44.119)	6:28.922 (44.403)
	7:13.564 (44.643)	7:58.970 (45.406)	8:45.344 (46.375)
	9:32.407 (47.064)	10:19.477 (47.070)	11:05.208 (45.731)
32	Everett, Emma	La Salle	11:06.64
	42.310 (42.310)	1:26.694 (44.385)	2:10.378 (43.684)
	2:54.357 (43.980)	3:38.350 (43.994)	4:22.514 (44.165)
	5:07.035 (44.521)	5:52.194 (45.160)	6:37.344 (45.150)
	7:22.314 (44.970)	8:07.352 (45.038)	8:53.813 (46.462)
	9:40.477 (46.664)	10:25.462 (44.985)	11:06.639 (41.178)
33	Brinsky, Alyssa	St. Joseph's	11:07.14
	41.974 (41.974)	1:25.408 (43.435)	2:06.894 (41.486)
	2:48.569 (41.675)	3:31.240 (42.671)	4:14.328 (43.089)
	4:58.029 (43.701)	5:42.222 (44.194)	6:27.187 (44.965)
	7:13.845 (46.658)	8:00.707 (46.863)	8:47.907 (47.200)
	9:35.917 (48.010)	10:22.622 (46.705)	11:07.132 (44.511)

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results****Finals ... (Event 20 Women 3000 Meter Run)**

Name	School	Finals
34 Shepard, Kara	Colgate	11:09.70
42.323 (42.323)	1:26.914 (44.591)	2:10.778 (43.864)
2:55.026 (44.249)	3:39.620 (44.595)	4:23.971 (44.351)
5:08.873 (44.902)	5:53.976 (45.104)	6:38.519 (44.544)
7:23.599 (45.080)	8:08.798 (45.199)	8:54.804 (46.007)
9:41.205 (46.401)	10:28.473 (47.269)	11:09.692 (41.219)
35 Kenealy, Alexandra	New Haven	11:14.56
41.767 (41.767)	1:26.036 (44.270)	2:10.188 (44.153)
2:54.718 (44.530)	3:38.648 (43.930)	4:23.372 (44.725)
5:08.368 (44.996)	5:53.668 (45.301)	6:38.073 (44.405)
7:23.898 (45.826)	8:10.197 (46.299)	8:56.723 (46.526)
9:44.289 (47.567)	10:30.706 (46.417)	11:14.552 (43.846)
36 McCoy, Kennedy	Houghton	11:16.11
42.620 (42.620)	1:27.111 (44.491)	2:10.891 (43.780)
2:54.919 (44.029)	3:38.819 (43.900)	4:23.124 (44.305)
5:07.583 (44.459)	5:52.642 (45.060)	6:37.058 (44.417)
7:22.757 (45.699)	8:09.755 (46.999)	8:57.046 (47.291)
9:45.012 (47.966)	10:32.296 (47.285)	11:16.101 (43.805)
37 Elsesser, Julianna	Kutztown	11:18.77
43.231 (43.231)	1:28.048 (44.817)	2:12.358 (44.311)
2:56.675 (44.317)	3:40.188 (43.514)	4:25.575 (45.387)
5:10.989 (45.415)	5:57.678 (46.690)	6:45.348 (47.670)
7:32.535 (47.187)	8:20.055 (47.520)	9:06.506 (46.451)
9:53.758 (47.252)	10:38.772 (45.015)	11:18.764 (39.993)
38 McCloskey, Carolina	Lafayette	11:19.07
41.582 (41.582)	1:25.134 (43.553)	2:06.164 (41.030)
2:48.198 (42.035)	3:31.467 (43.270)	4:14.830 (43.363)
4:59.402 (44.573)	5:44.411 (45.009)	6:31.098 (46.688)
7:18.671 (47.573)	8:06.962 (48.292)	8:55.970 (49.008)
9:44.652 (48.682)	10:32.722 (48.070)	11:19.067 (46.345)
39 Szabo, Samantha	Hofstra	11:27.21
42.572 (42.572)	1:26.807 (44.236)	2:09.800 (42.993)
2:54.584 (44.785)	3:40.215 (45.631)	4:26.549 (46.335)
5:13.433 (46.885)	6:00.900 (47.467)	6:47.686 (46.786)
7:35.167 (47.482)	8:23.068 (47.901)	9:11.019 (47.951)
9:58.462 (47.444)	10:44.584 (46.122)	11:27.207 (42.624)
40 Nichols, Krysta	Haverford	11:28.73
43.015 (43.015)	1:27.478 (44.464)	2:11.725 (44.247)
2:56.503 (44.778)	3:41.578 (45.075)	4:27.555 (45.978)
5:14.167 (46.612)	6:01.897 (47.730)	6:49.743 (47.847)
7:38.441 (48.698)	8:26.622 (48.181)	9:14.495 (47.874)
10:01.856 (47.361)	10:46.973 (45.117)	11:28.730 (41.758)
41 Gil, Harvest	Lafayette	11:33.34
43.168 (43.168)	1:28.439 (45.272)	2:13.840 (45.401)
2:58.036 (44.196)	3:43.468 (45.432)	4:29.903 (46.436)
5:16.623 (46.720)	6:04.331 (47.708)	6:51.240 (46.910)
7:38.296 (47.056)	8:26.091 (47.795)	9:13.446 (47.355)
10:01.442 (47.996)	10:48.934 (47.493)	11:33.335 (44.401)
42 Caprio, Christiana	Montclair St	11:41.54
42.637 (42.637)	1:28.491 (45.855)	2:13.393 (44.902)
2:57.328 (43.936)	3:42.324 (44.996)	4:28.596 (46.272)
5:15.657 (47.061)	6:03.154 (47.498)	6:50.940 (47.786)
7:39.360 (48.420)	8:28.073 (48.713)	9:17.146 (49.074)
10:06.395 (49.250)	10:56.582 (50.187)	11:41.535 (44.954)

2023 FasTrack National Invitational - 2/10/2023

Ocean Breeze Athletic Complex

Results

43	Farr, Sophie	Vassar	11:47.60
	43.755 (43.755)	1:28.820 (45.065)	2:14.204 (45.385)
	2:58.452 (44.248)	3:43.809 (45.358)	4:28.872 (45.063)
	5:14.264 (45.393)	6:00.450 (46.186)	6:47.345 (46.895)
	7:34.926 (47.581)	8:23.128 (48.203)	9:13.782 (50.654)
	10:05.421 (51.640)	10:56.838 (51.418)	11:47.593 (50.755)
44	Witters, Caitlin	Montclair St	13:08.38
	47.842 (47.842)	1:39.456 (51.615)	2:31.420 (51.965)
	3:23.897 (52.477)	4:16.929 (53.033)	5:08.148 (51.219)
	5:58.722 (50.575)	6:50.722 (52.000)	7:44.010 (53.289)
	8:38.936 (54.926)	9:34.008 (55.073)	10:28.449 (54.441)
	11:23.823 (55.375)	12:19.175 (55.352)	13:08.373 (49.198)
---	Meyer, Cassandra	Fairleigh Di	DNF
---	Orellana, Jackalynn	Hofstra	DNF
	42.627 (42.627)	1:26.565 (43.939)	2:09.439 (42.875)
	2:53.999 (44.560)	3:39.718 (45.720)	4:26.028 (46.310)
	5:12.817 (46.789)	6:00.302 (47.485)	6:47.216 (46.915)
	7:34.767 (47.552)	8:22.595 (47.828)	9:10.713 (48.119)
	9:58.169 (47.456)		
---	Estus, Haley	DeSales	DNS
---	Hillerbrand, Addison	Colgate	DNS
---	Dietrich, Lauren	Hofstra	DNS
---	Perrone, Caroline	St. Joseph's	DNS

Event 21 Women Distance Medley

Team	Relay	Finals
Finals		
1 Seton Hill	A	12:24.87
7:13.924 (7:13.924)	12:24.861 (5:10.937)	
2 St. Lawrence	A	12:32.07
3:51.649 (3:51.649)	4:56.393 (1:04.745)	7:22.952 (2:26.560)
12:32.064 (5:09.112)		
3 Bloomsburg	A	12:41.51
7:20.495 (7:20.495)	12:41.504 (5:21.010)	
4 American	A	12:51.08
7:24.724 (7:24.724)	12:51.073 (5:26.350)	
5 Houghton	A	13:16.46
7:53.915 (7:53.915)	13:16.459 (5:22.545)	
6 Muhlenberg	A	13:29.59
3:59.641 (3:59.641)	5:04.818 (1:05.178)	7:42.207 (2:37.389)
13:29.587 (5:47.380)		
7 Utica	A	14:11.07
8:13.146 (8:13.146)	14:11.069 (5:57.924)	
8 Haverford	A	14:19.14
8:08.692 (8:08.692)	14:19.135 (6:10.444)	
9 Pratt Institute	A	14:33.54
8:52.177 (8:52.177)	14:33.539 (5:41.363)	
10 Ccny	A	15:15.23
3:47.232 (3:47.232)	8:41.128 (4:53.897)	15:15.227 (6:34.100)
---	Delaware State	DNS
---	West Chester	DNS
---	Stony Brook	DNS

Event 22 Men Distance Medley

Team	Relay	Finals
Finals		
1 St. Lawrence	A	10:33.80
3:18.271 (3:18.271)	4:10.432 (52.161)	6:11.074 (2:00.642)
10:33.799 (4:22.725)		
2 Muhlenberg	A	10:39.55
3:16.790 (3:16.790)	4:12.076 (55.286)	6:20.279 (2:08.204)
10:39.546 (4:19.267)		
3 West Chester	A	10:45.59
3:16.635 (3:16.635)	4:09.912 (53.278)	6:16.911 (2:06.999)
10:45.588 (4:28.678)		
4 Kutztown	A	10:52.29
3:12.052 (3:12.052)	4:06.797 (54.745)	6:13.281 (2:06.484)
10:52.286 (4:39.005)		
5 Utica	A	11:09.48
3:22.403 (3:22.403)	4:16.867 (54.465)	6:22.349 (2:05.482)
11:09.479 (4:47.130)		
6 New Jersey City	A	11:32.05
3:20.985 (3:20.985)	4:15.784 (54.800)	6:23.300 (2:07.516)
11:32.043 (5:08.744)		
7 Pratt Institute	A	11:41.83
3:35.496 (3:35.496)	4:34.036 (58.540)	6:53.643 (2:19.607)
11:41.829 (4:48.186)		
8 Gwynedd-Mercy	A	11:55.71
3:50.896 (3:50.896)	4:44.048 (53.152)	7:01.861 (2:17.814)
11:55.704 (4:53.843)		
9 Farmingdale St.	A	12:27.86
3:19.483 (3:19.483)	3:58.661 (39.179)	7:12.768 (3:14.107)
12:27.860 (5:15.092)		
10 Ccny	A	13:09.94
3:26.778 (3:26.778)	4:11.481 (44.704)	7:47.757 (3:36.276)
13:09.938 (5:22.181)		
---	Vassar	DNS
---	Delaware State	DNS
---	Adelphi	DNS
---	Stony Brook	DNS

Event 23 Women 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Stony Brook	A	3:54.38
2:56.470 (2:56.470)	3:54.373 (57.904)	
2 St. Joseph's (Pa.)	A	3:54.63
2:55.234 (2:55.234)	3:54.628 (59.395)	
3 St. Francis (N.Y.)	A	3:54.78
2:56.739 (2:56.739)	3:54.778 (58.040)	
4 Bloomsburg	A	4:08.10
3:07.469 (3:07.469)	4:08.094 (1:00.625)	
5 Farmingdale St.	A	4:29.25
3:29.164 (3:29.164)	4:29.247 (1:00.084)	
6 Pratt Institute	A	4:45.73
3:28.576 (3:28.576)	4:45.726 (1:17.150)	
---	Vassar	DNS
---	Liu	DNS

2023 FasTrack National Invitational - 2/10/2023

Ocean Breeze Athletic Complex

Results

---	Hofstra	A	DNS
---	Neumann	A	DNS
---	Monmouth	A	DNS

Event 24 Men 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Stony Brook	A	3:13.99
2:25.727 (2:25.727)	3:13.986 (48.260)	
2 St. Joseph's (Pa.)	A	3:14.92
2:26.404 (2:26.404)	3:14.917 (48.514)	
3 St. Francis (N.Y.)	A	3:19.63
2:29.129 (2:29.129)	3:19.630 (50.501)	
4 Rit	A	3:22.66
2:33.467 (2:33.467)	3:22.660 (49.193)	
5 Liu	A	3:24.10
2:31.945 (2:31.945)	3:24.097 (52.152)	
6 Seton Hill	A	3:24.40
2:34.080 (2:34.080)	3:24.398 (50.319)	
7 Bloomsburg	A	3:26.89
2:36.219 (2:36.219)	3:26.884 (50.665)	
8 Farmingdale St.	A	3:27.10
2:36.286 (2:36.286)	3:27.092 (50.806)	
9 Neumann	A	3:38.80
2:42.573 (2:42.573)	3:38.791 (56.219)	
10 West Chester	A	3:41.66
2:46.942 (2:46.942)	3:41.656 (54.715)	
11 Pratt Institute	A	4:23.15
3:17.924 (3:17.924)	4:23.142 (1:05.218)	
---	Monmouth	DNS

Event 25 Women High Jump

Name	School	Finals
Finals		
1 Jordahl-Henry, Anna	Columbia	1.75m
2 Green, Amira	Temple	1.70m
3 Jordahl-Henry, Julia	Columbia	J1.70m
4 Chaynov, Veronica	Monmouth	1.65m
5 Mulryne, Cassidy	St. Joseph's	J1.65m
6 Castor, Nicole	Temple	J1.65m
7 Fisk, Danielle	Cortland St.	J1.65m
8 Earle, Alexandria	Stony Brook	J1.65m
9 Evans, Jaaliyah	Temple	1.60m
9 Severo, Jazmine	Staten Islan	1.60m
11 Williamson, Hayden	Houghton	1.55m
11 Kwitek, Grace	Colgate	1.55m
---	Martinez Rodriguez, Elena	DNS
---	Dunkley, Armani	DNS

Event 26 Women High Jump College

Name	School	Finals
Finals		
1 Grassia, Mia	Kutztown	1.55m
2 Russell, Emily	Farmingdale	J1.55m
3 Wahlquist, Maia	St. Lawrence	1.50m
3 Ahmetaj, Brienna	Stony Brook	1.50m

Finals ... (Event 26 Women High Jump College)

Name	School	Finals
3 Sienko, Kacie	Kutztown	1.50m
6 Saggese, Mariah	Cortland St.	J1.50m
6 Pickersgill, Akayla	Monroe Colle	J1.50m
8 Panagakos, Melina	Lafayette	J1.50m
9 O'Brien, Jordan	St. Joseph's	J1.50m
10 Turner, Sydonia	Holy Family	1.45m
10 Gysin, Nicole	St. Thomas A	1.45m
10 Kelley, Lyric	Maryland-Eas	1.45m
13 Bostic, Isabella	New Haven	J1.45m
13 Parajon, Tiffany	Georgian Cou	J1.45m
13 Davis, Haleigh	Kutztown	J1.45m
13 Kinard, Trinity	Delaware Sta	J1.45m
17 Dilone, Briana	Adelphi	J1.45m
17 Ademilola, Mya	Lafayette	J1.45m
17 Wand, Katherine	Colgate	J1.45m
20 Elliott, Mallory	Wesleyan	1.40m
21 Bertini, Kaylee	St. Lawrence	J1.40m
---	Miller, Julia	NH
---	Guerrieri, Hailey	NH
---	Robinson, Aaliyah	NH
---	Heffernan, Ashley	NH
---	Markovchick, Rhianne	NH
---	Woodrum, Kaelyn	NH
---	McKee, Emma	NH
---	Irving, Faithlyn	DNS

Event 27 Men High Jump

Name	School	Finals
Finals		
1 Bell, James	Coppin State	2.06m
2 Fehm, Patrick	St. Joseph's	J2.06m
3 Harvey, Julian	Unattached	2.01m
4 White, Tracey	Kutztown	J2.01m
5 Campbell, Morey	Delaware Sta	1.96m
6 Salay, Skyler	Holy Family	J1.96m
7 Kevelier, Keven	Monmouth	1.91m
8 Vander Woude, Derek	Monmouth	J1.91m
9 Casazza, Rickie	Monmouth	J1.91m
10 Pierrilus, Mackel	Maryland-Eas	J1.91m
11 Hulse, Tyler	RIT	J1.91m
12 Bennermon, Jayden	St. Thomas A	1.86m
13 Gibbard, Thomas	Monmouth	1.81m
13 Love, Nile	Hofstra	1.81m
13 Jones, Terrance	Holy Family	1.81m
13 Philippe, Jovany	Farmingdale	1.81m
---	Lynett, Bo	NH
---	Ferguson, Isaiah	NH
---	Foster, Bryce	NH
---	Angelone, Aeden	NH
---	Aladegbougbe, Samuel	NH
---	DaVanzo, Gavin	NH
---	Goode, Amiri	NH
---	Riobe, Alexander	NH
---	Weaver, Owen	NH

2023 FasTrack National Invitational - 2/10/2023

Ocean Breeze Athletic Complex

Results

---	Epstein, Samuel	Colgate	NH
---	Dixon, Keyshawn	Montclair St	NH
---	Syrett, Chris	Farmingdale	NH
---	Frank, Jeremy	Vassar	DNS
---	Floyd, Jordon	Kutztown	DNS
---	Gramentine, Nathan	Columbia	DNS
---	Bowen, Javon	Holy Family	DNS

Event 28 Women Pole Vault

Name	School	Finals
------	--------	--------

Finals

1	Riches, Allie	Temple	4.05m
2	Boggs, Abby	Monmouth	3.36m
2	Baumgartner, Lexi	Monmouth	3.36m
2	Rooney, Emily	Columbia	3.36m
5	Bond, Annalise	Delaware Sta	J3.36m
6	Cloutier, Hannah	Wagner	3.21m
6	Edwards, Haylee	Kutztown	3.21m
---	Lee, Michelle	Columbia	NH
---	Mudd, Tessa	Princeton	DNS
---	McCurry, Keala	Wheeling	DNS
---	Cohen, SJ	Princeton	DNS
---	Davies, Myah	Kutztown	DNS
---	Rubenshtein, Ella	Princeton	DNS

Event 29 Women Pole Vault College

Name	School	Finals
------	--------	--------

Finals

1	Steger, Savannah	Widener	3.35m
2	Hallyburton, Julianna	Colgate	J3.35m
3	Carroll, Mue	Monmouth	3.20m
3	Kluge, Erika	Wesleyan	3.20m
5	Bready, Becca	Cortland St.	J3.20m
6	Stephens, Grace	Monmouth	J3.20m
7	Allen, Isabella	Lafayette	3.05m
8	Danciu, Andrea	Kutztown	J3.05m
9	Driscoll, Elizabeth	Colgate	J3.05m
10	Arena, Kimmy	Cortland St.	2.90m
11	Hoyt, Faith	Cortland St.	J2.90m
---	Booker, Aaliyah	St. Peter's	NH
---	Toland, Lauren	Adelphi	NH
---	Tuley, Mary	Monmouth	NH
---	Bruno, Seraiah	Columbia	NH
---	Capani, Saranda	Wagner	NH
---	Kearns, Megan	Kutztown	NH
---	Carroll, Fiona	Wesleyan	NH

Event 30 Men Pole Vault

Name	School	Finals
------	--------	--------

Finals

1	O'Brien, Will	Columbia	4.95m
2	Volkmar, Jan	Georgian Cou	J4.95m
3	McVey, Mason	Columbia	4.65m
4	Lynett, Jack	Lafayette	4.50m
5	Kamanu, Peter	Delaware Sta	4.35m
6	Domozych, Mike	Monmouth	J4.35m

Finals ... (Event 30 Men Pole Vault)

Name	School	Finals
------	--------	--------

6	Schaeffer, Nathan	Kutztown	J4.35m
6	Kalinowski, Robert	Farmingdale	J4.35m
9	Mraz, Jason	Kutztown	J4.35m
10	Rodriguez, Julian	Georgian Cou	4.20m
---	Folmer, Ryan	St. Thomas A	NH
---	Miles, Jackson	Monmouth	NH
---	Frank, Jeremy	Vassar	NH
---	Claro, Rey	Vassar	NH
---	Nyhart, Zachary	Cortland St.	NH
---	Bennett, Connor	Monmouth	NH
---	Yeust, Dalton	Monmouth	NH
---	Hill, Ben	Lafayette	DNS
---	Martinez, Julio	Wagner	DNS
---	Fogarty, Owen	Montclair St	DNS
---	Epstein, Samuel	Colgate	DNS

Event 31 Women Long Jump

Name	School	Finals
------	--------	--------

Finals

1	Adams, Olabisi	La Salle	5.83m
2	Lewis, Kedarjah	Iona	5.63m
3	Strachan, Tannekee	Temple	5.58m
4	Sienko, Kacie	Kutztown	5.45m
5	Romaine, Sierra	Delaware Sta	J5.45m
6	Delisser, Djior	Monroe Colle	5.43m
7	Hosey, Dahlia	Bloomsburg	5.37m
8	Metzger, Allyson	Temple	5.29m
9	Brown, Kasi	La Salle	5.26m
10	Perez-Fry, Lola	Vassar	J5.26m
11	Beaubrun, Valencia	Adelphi	5.24m
12	Atolagbe, Tolulope	St. Francis	5.19m
13	Taylor, Alyson	Seton Hill	5.18m
14	Whetstone, Sidney	Montclair St	5.17m
15	Rutledge, Anne	Monmouth	5.16m
16	Olsson, Anja	LIU	5.14m
17	Mulryne, Cassidy	St. Joseph's	5.12m
18	Warren, Isabelle	Monmouth	5.09m
19	Hubler, Devin	Bloomsburg	5.05m
20	Turner, Sydonia	Holy Family	5.04m
21	Smith, Patrice	Columbia	J5.04m
22	Hoogs, Alyssa	Rochester	5.01m
23	Torres, Natalya	Monmouth	4.98m
24	Davis, Haleigh	Kutztown	4.88m
---	Toure, Malama	Georgian Cou	FOUL
---	Glenn, Catherine	Delaware Sta	DNS
---	Irving, Faithlyn	Maryland-Eas	DNS
---	Woodrum, Kaelyn	Coppin State	DNS

Event 32 Women Long Jump College

Name	School	Finals
------	--------	--------

Finals

1	Chu, El	Columbia	5.57m
2	Cervenak, Jessica	Monmouth	5.29m
3	Guerrieri, Hailey	Monmouth	5.10m

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

4	Springer, Essence-Jade	Unattached	5.00m
5	Dongaris, Sophia	Lafayette	4.89m
6	Ferguson, Lily	St. Joseph's	4.81m
7	Koes, Kristina	St. Lawrence	4.77m
8	Jones, Brandalyn	La Salle	4.74m
9	Sorvino, Carli	Monmouth	4.71m
9	Stevens, Faye	Vassar	4.71m
11	Camilo, Ashley	New Haven	4.69m
11	Ademilola, Mya	Lafayette	4.69m
13	Kwafo, Heather	Vassar	4.68m
13	Dyett, Alyssa	Monroe Colle	4.68m
15	Adzakro, Shalom	Georgian Cou	4.65m
15	Wand, Katherine	Colgate	4.65m
17	Peguero, Mia	Montclair St	4.64m
18	Hall, Mikayla	Holy Family	4.60m
19	Widmer, Katie	Houghton	4.57m
20	Gulotti, Sophia	Temple	4.52m
21	Pickersgill, Akayla	Monroe Colle	4.51m
22	Kearney, Chloe	St. Joseph's	4.50m
23	Zuniga Rivera, Ingrid	Georgian Cou	4.47m
24	Smith, Malinda	Vassar	4.36m
24	Wahlquist, Maia	St. Lawrence	4.36m
26	Eu, Jamie	Vassar	4.30m
27	Woodrum, Kaelyn	Coppin State	4.23m
28	Lu, Sandra	CCNY	3.93m
29	Igbineweka, Eki	CCNY	3.79m
30	Baxter, Donya	Holy Family	3.64m
---	Passley-Harris, Sydney	Vassar	FOUL
---	Owoh, Lorretta	St. Peter's	DNS
---	Chirakunakorn, Apichaya	Fairleigh Di	DNS
---	Hellman, Isabelle	Fairleigh Di	DNS
---	Wise, Annika	Kutztown	DNS
---	Largett, Julia	Rochester	DNS
---	Baker, Haley	Fairleigh Di	DNS
---	Staudenmeier, Clare	St. Joseph's	DNS
---	Jordahl-Henry, Julia	Columbia	DNS
---	Hui, G	Unattached	DNS
---	Maendel, Samantha	CCNY	DNS
---	Adul, Anete	Fairleigh Di	DNS
---	Schroedl, Victoria	Fairleigh Di	DNS
---	Baker, Abbey	Fairleigh Di	DNS

Event 33 Men Long Jump

Name	School	Finals
Finals		
1	Foster, Greg	Princeton
2	Blair, Cole	Colgate
3	Goodman, Cole	Rochester
4	Goslee, Caleb	Maryland-Eas
5	Bowen, Javon	Holy Family
6	Strong, David	Monmouth
7	Adams, Joshua	Columbia
8	Pierre, Nishorn	Holy Family
9	Henry, Logan	St. Joseph's
10	Brock, Ahmad	Monmouth
11	Campbell-Miller, Cameror	St. Joseph's

Finals ... (Event 33 Men Long Jump)

Name	School	Finals
12	DeFusco, Anthony	Kutztown
13	Kanes, Alexander	Stony Brook
14	Panny, John	Muhlenberg
15	Brooks, Jonathan	Maryland-Eas
16	Martin, Colson	Monmouth
17	Liu, Frederick	Rochester
18	Lane, Kyle	Rochester
19	Kislenko, Alex	Monmouth
20	Bell, James	Coppin State
21	Zollicoffer, Nafis	Holy Family
22	Boddie, Bryce	Monmouth
23	Karycki, Tanner	Kutztown
24	Hauf, William	St. Lawrence
25	Jones, Terrance	Holy Family
26	Bacon, Josh	St. Joseph's
---	Goode, Amiri	Coppin State
---	Illesanmi, Michael	St. Peter's
---	Martin, Hunter	Seton Hill

Event 34 Men Long Jump College

Name	School	Finals
Finals		
1	Sample, Gabe	Kutztown
2	Yeager, Malachi	Houghton
3	Wenz, Matthew	Adelphi
4	Love, Nile	Hofstra
5	Ryan, Andrew	Houghton
6	Day, Myles	Montclair St
7	Clarke, Darien	Kutztown
8	Salay, Skyler	Holy Family
9	Julien, Zion	Monroe Colle
10	Robertson, Ernest	Holy Family
11	Angelone, Aeden	Rochester
12	Goode, Amiri	Coppin State
13	Hopkins, Julian	RIT
14	Emile, Jordan	New Haven
15	Laurent, Kenney	Dominican (N)
16	Augustin, Valentin	St. Peter's
17	Holmes, Anthony	Montclair St
18	Charles, Pratt	New Jersey C
19	Bergman, Maxwell	Vassar
20	Dixon, Keyshawn	Montclair St
21	Jenkins, Javon	St. Peter's
22	Deeny, Beck	Montclair St
23	Fenstermaker, Connor	Muhlenberg
24	Gibbard, Thomas	Monmouth
25	Lopez, Brandon	LIU
26	Spera, Luke	Widener
27	Lynett, Bo	Colgate
28	Foster, Bryce	Montclair St
29	Akinwunmi, Akin	New Haven
30	Mehnert, Isaiah	Farmingdale
31	Dinero, Cedric	LIU
32	Triadafilopoulos, Theo	Farmingdale

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

33	Keomanikoth, Dustin	LIU	5.45m
34	Gordon, Adam	Hofstra	5.32m
35	Maxwell, Leelan	St. Thomas A	5.29m
36	Syrett, Chris	Farmingdale	5.22m
37	Oliveira-Nurse, Antonio	CCNY	5.18m
38	Franzetti, Greg	Hofstra	5.17m
39	Smith, Will	CCNY	5.00m
40	Rios, Nathan	CCNY	4.84m
41	Guzman, Andry	CCNY	4.66m
---	Folmer, Ryan	St. Thomas A	FOUL
---	Sow, Zackaria	Queens (N.Y.	DNS

Event 35 Men Triple Jump

	Name	School	Finals
Finals			
1	Aiken, Malachi	St. Francis	15.06m
2	Pierre, Nishorn	Holy Family	14.85m
3	Devero, Jeshurun	Georgian Cou	14.73m
4	Furman, Ilay	Princeton	14.39m
5	DeFusco, Anthony	Kutztown	14.03m
6	Robertson, Ernest	Holy Family	14.01m
7	Bowen, Javon	Holy Family	13.75m
8	Brock, Ahmad	Monmouth	13.62m
9	Floyd, Jordon	Kutztown	13.54m
10	Lauredent, Kenney	Dominican (N	13.46m
11	Goodman, Cole	Rochester	J13.46m
12	Alvarez, Rudy	S.W.I.F.T	13.40m
13	Pierrilus, Mackel	Maryland-Eas	13.25m
14	Lorenzetti, Sam	Rochester	13.20m
15	Eaton, Ravi	Haverford	13.14m
16	Giansante, John	Seton Hill	13.07m
17	Curtin, Quinn	Lafayette	13.02m
18	Jones, Terrance	Holy Family	12.94m
19	Deeny, Beck	Montclair St	12.75m
20	Riobe, Alexander	St. Thomas A	J12.75m
21	Griffiths, Hakeem	Queens (N.Y.	12.42m
22	Love, Nile	Hofstra	12.06m
23	Fisher, Miles	St. Thomas A	11.69m
24	Mills, Ryan	Kutztown	11.55m
25	Folmer, Ryan	St. Thomas A	11.44m
---	Wagnac, James	Adelphi	FOUL
---	Syrett, Chris	Farmingdale	FOUL
---	Martin, Colson	Monmouth	FOUL
---	Chevez, Renzo	Farmingdale	FOUL
---	Doe, McCarthy	Holy Family	FOUL
---	Lane, Kyle	Rochester	FOUL
---	Sow, Zackaria	Queens (N.Y.	DNS
---	Worley, Darnell	Vassar	DNS

Event 36 Women Triple Jump

	Name	School	Finals
Finals			
1	Strachan, Tannekee	Temple	12.63m
2	Warren, Isabelle	Monmouth	11.74m
3	Washington, Kristen	New Haven	11.67m
4	Blake, Beyonce	St. Francis	11.58m

Finals ... (Event 36 Women Triple Jump)

	Name	School	Finals
5	Atolagbe, Tolulope	St. Francis	11.56m
6	Miller, Olivia	St. Francis	11.43m
7	Dennis, Jahmilia	Vassar	11.39m
8	Delmotte, Juliette	Lafayette	11.30m
9	Teel, Gabrielle	New Haven	11.26m
10	Ameele, Violet	RIT	11.20m
11	Hosey, Dahlia	Bloomsburg	11.05m
12	Rayside, Shanae	Georgian Cou	J11.05m
13	Hubler, Devin	Bloomsburg	10.76m
14	Fedor, Claire	Lafayette	10.71m
15	Martinez Rodriguez, Elena	Georgian Cou	10.56m
16	Robinson, Aaliyah	Delaware Sta	10.54m
17	Jones, Brandalyn	La Salle	10.53m
18	Regnante, Allison	RIT	10.48m
19	Hoogs, Alyssa	Rochester	10.47m
20	Dongaris, Sophia	Lafayette	10.40m
21	Barrett, Ashleigh	Rochester	10.39m
22	Richardson, Theresa	La Salle	10.36m
23	John, Shayla	St. Francis	10.31m
24	Gamson, Shira	Muhlenberg	10.26m
25	Rose, Cora	Rochester	10.25m
26	Fortin, Zoe	Rochester	10.17m
27	Gianotti, Anna	Kutztown	10.12m
28	Williams, Shanice	Muhlenberg	10.02m
29	Peguero, Mia	Montclair St	J10.02m
30	Gysin, Nicole	St. Thomas A	9.89m
31	Matthews, Niki	Muhlenberg	9.80m
32	Ferguson, Lily	St. Joseph's	9.70m
33	Camilo, Ashley	New Haven	9.65m
34	Hall, Mikayla	Holy Family	9.51m
35	Weber, Joanna	Adelphi	9.27m
---	Duffus, Lamoy	Next Level A	FOUL
---	Owoh, Lorretta	St. Peter's	FOUL
---	Etong Ntonga, Marie	Fairleigh Di	FOUL
---	Finnegan, Olivia	Farmingdale	FOUL
---	Dyett, Alyssa	Monroe Colle	FOUL
---	Olsson, Anja	LIU	DNS
---	Chu, El	Columbia	DNS
---	Irving, Faithlyn	Maryland-Eas	DNS
---	Staudenmeier, Clare	St. Joseph's	DNS
---	Brown, Kasi	La Salle	DNS

Event 37 Men Shot Put

	Name	School	Finals
Finals			
1	Konopka, Tyler	Princeton	17.32m
2	Helm, Casey	Princeton	16.94m
3	Licata, Joe	Princeton	16.62m
4	Kim, Yoosang	Columbia	16.50m
5	Passalacqua, Patrick	Columbia	16.30m
6	Ali, Mujeeb	Monmouth	16.28m
7	Martin, Tyrell	Delaware Sta	15.54m
8	Washington, Ronde	Monmouth	15.38m
9	Griffith, John	Montclair St	15.37m

2023 FasTrack National Invitational - 2/10/2023

Ocean Breeze Athletic Complex

Results

10	Funicelli, Matthew	RIT	15.12m
11	Johnson, Christopher	Delaware Sta	15.00m
12	Mena-Jimenez, Emmanuel	St. Thomas A	14.84m
13	Perkins, James	Maryland-Eas	14.63m
14	Brunache, Isaiah	Cortland St.	14.51m
15	Pepe, Michael	Wagner	14.47m
16	Bailor, AJ	Monmouth	14.42m
17	O'Neill, James	Rochester	14.33m
18	Gonzalez, Frankie	St. Peter's	14.22m
19	Caudill, Josh	Rowan	14.20m
20	Ferency, Elek	Muhlenberg	13.92m
21	Larocque, Nicholas	Cortland St.	13.71m
22	Patel, Krish	Rowan	13.70m
23	Helmstetter, Anthony	Kutztown	13.69m
24	Paul, Darnell	Stony Brook	13.62m
25	Lenn, Adam	Dominican (N	13.55m
26	Johnson, Jordan	Rochester	13.45m
27	Kinsey, Na'im	Montclair St	13.35m
28	Ambrosiani, Declan	Montclair St	13.24m
29	Powel, Michael	Muhlenberg	13.22m
30	Volkmar, Jan	Georgian Cou	13.17m
31	Orellana, Javier	Wesleyan	13.10m
32	White, Justin	Vassar	12.90m
33	Solonoski, Jacob	Kutztown	12.89m
34	Jaworski, Zachary	St. Lawrence	12.86m
35	Ragland, Nolan	Rochester	12.80m
36	Makowski, Mitchell	Cortland St.	12.66m
37	Moezaw, Adam	Columbia	12.38m
38	Staunton, Jason	Kutztown	12.21m
39	Shoultz, Dorsey	Muhlenberg	12.16m
40	Lacroix, Sebastien	Goldey-Beaco	12.01m
41	Francis, Andre	Adelphi	12.01m
42	Zweigbaum, Ethan	St. Thomas A	12.00m
43	Knight, Connor	LIU	11.82m
44	Dollhopf, Will	Wesleyan	11.09m
45	Semelfort, Dajea	Fairleigh Di	11.05m
46	Harris, Shymir	Holy Family	10.96m
47	Frank, Jeremy	Vassar	10.90m
48	Winston, Mahkai	New Jersey C	10.80m
49	Hayes-Messinger, Rami	Wesleyan	10.56m
50	Gaston, Tyler	CCNY	10.42m
51	Suso, Muhamed	CCNY	10.15m
52	Khader, John	Iona	10.13m
53	Clark, Sirell	New Jersey C	9.63m
54	Ribiero, Lawrence	Dominican (N	9.39m
55	Mesa, Richard	Goldey-Beaco	9.39m
56	Waterson, James	Hofstra	7.69m
57	Pauling, Alex	Gwynedd-Merc	7.46m
58	Faison, Vincent	Dominican (N	7.05m
---	Biggs, Fischer	Lafayette	FOUL
---	Allen, Angelo	Seton Hill	FOUL
---	Burek, Thomas	Cortland St.	FOUL
---	Kelly, Tahola	LIU	DNS
---	Bergman, Maxwell	Vassar	DNS
---	Perpignand, Antoine	LIU	DNS

Event 38 Women Shot Put

Name		School	Finals
Finals			
1	Rolon-Issa, Natalie	Monmouth	13.71m
2	Luciani, Jade	Monmouth	13.09m
3	Morris, McKinlee	Columbia	13.01m
4	Puryear, Jada	Columbia	12.85m
5	Giles, Taniya	Montclair St	12.62m
6	Hansley, Indya	Maryland-Eas	12.21m
7	Baudille, Madison	Bloomsburg	11.87m
8	Braxton-Young, Korryn	Holy Family	11.81m
9	Panton, Sade	LIU	11.53m
10	Brown, Ciara	St. Peter's	11.51m
11	Heichberger, Marinna	RIT	11.48m
12	O'Mara, Grace	Lafayette	11.43m
13	DiMarco, Emily	RIT	11.31m
14	Fakorede, Solape	Lafayette	11.11m
15	Moore, Orianna	Delaware Sta	11.08m
16	Eckley, Leah	Kutztown	11.02m
17	Gilliam, Sarah	Seton Hill	10.94m
18	Baxter, Donya	Holy Family	10.81m
19	Shaw, Faith	LIU	10.78m
20	Rose, Cora	Rochester	10.55m
21	Cornish, Alexia	Goldey-Beaco	10.43m
22	Pointer, Skylar	Staten Islan	10.40m
23	Finkelstein, Aryanna	Staten Islan	10.24m
24	Beaver, Rebecca	Wesleyan	10.19m
25	Galvin, Emily	Rowan	10.17m
26	Ward, Samaria	Holy Family	10.09m
27	Spencer, Megan	Cortland St.	10.06m
28	vit, grace	Rowan	10.02m
29	Adesina, Comfort	Rowan	9.88m
30	Estabine, Guerlourde	St. Thomas A	9.77m
31	McMasters, Hannah	Cortland St.	9.73m
32	Eliezer, Stacy	Dominican (N	9.68m
33	Borbi, Erica	Muhlenberg	9.55m
34	Mcgowan, Madison	Goldey-Beaco	9.31m
35	Siravo, Allison	Neumann	9.13m
36	Krause, Alexis	St. Thomas A	9.07m
37	Edwards, Claire	Wesleyan	9.04m
38	Bender, Alison	Kutztown	9.04m
39	Miller, Lila	Vassar	9.03m
40	Conner, Breyonna	Neumann	9.01m
41	Showa, Rahmat	Monroe Colle	8.97m
42	Eckert, Lacey	St. Lawrence	8.97m
43	Yuong, Soleil	Vassar	8.96m
44	Wilson, Sydney	Neumann	8.89m
45	Fisk, Tessa	Fairleigh Di	8.77m
46	Rosado, Eve	Montclair St	8.60m
47	White, Damia	Goldey-Beaco	8.43m
48	Beirne, Madisyn	Fairleigh Di	8.41m
49	Worrell, Shantel	New Jersey C	8.30m
50	Mulryne, Cassidy	St. Joseph's	8.16m
51	Toussaint, Stephanie	CCNY	8.15m
52	Morris, Akayla	Fairleigh Di	8.05m

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

53	Ivan, April	Hofstra	7.97m
54	Johnson, Elise	Maryland-Eas	7.66m
55	Hare, Breanna	Gwynedd-Merc	7.29m
56	LoStracco, Meghan	Gwynedd-Merc	6.64m
57	Van O'Linda, Emily	Fairleigh Di	5.88m
58	Watson, Camille	LIU	5.66m
---	Flambert, Annabelle	LIU	FOUL
---	Krumwiede, Zoe	Lafayette	FOUL
---	Stevens, Faye	Vassar	FOUL
---	Baxter-Gregory, Cheyenne	Stony Brook	DNS
---	Thornton, Emilia	Wesleyan	DNS
---	Keck, Elena	Georgian Cou	DNS
---	Clay, Camille	Columbia	DNS

Event 39 Men Weight Throw

	Name	School	Finals
Finals			
1	Shunneson, Avery	Princeton	18.92m
2	Ali, Mujeeb	Monmouth	18.10m
3	Williams, Timaui	Garden State	17.94m
4	Swiniarski, Andrew	Lafayette	17.67m
5	Mena-Jimenez, Emmanuel	St. Thomas A	17.34m
6	Perkins, James	Maryland-Eas	17.06m
7	Brunache, Isaiah	Cortland St.	16.78m
8	Bailor, AJ	Monmouth	16.32m
9	O'Neill, James	Rochester	15.99m
10	Okeke, Obiora	Columbia	15.71m
11	Pepe, Michael	Wagner	15.65m
12	Ragland, Nolan	Rochester	15.56m
13	Funicelli, Matthew	RIT	15.47m
14	Bumpus, Joe	Rochester	15.23m
15	Skoumal, Simon	Columbia	15.19m
16	Francis, Andre	Adelphi	14.97m
17	Makowski, Mitchell	Cortland St.	14.85m
18	Solonoski, Jacob	Kutztown	14.83m
19	Ferency, Elek	Muhlenberg	14.80m
20	Kaires, Nick	Cortland St.	14.59m
21	DeMagistris, Dylan	Muhlenberg	14.51m
22	Johnson, Nick	Colgate	14.31m
23	Hughes, Aidan	RIT	14.28m
24	Johnson, Christopher	Delaware Sta	14.20m
25	Dewitt, Caseem	Monmouth	13.97m
26	Stefos, Peter	RIT	13.95m
27	Burek, Thomas	Cortland St.	13.83m
28	Knight, Connor	LIU	13.68m
29	Lopez, Jaden	Seton Hill	13.62m
30	Dollhopf, Will	Wesleyan	13.48m
31	Clark, Connor	Monmouth	13.43m
32	Washington, Ronde	Monmouth	13.41m
33	Zilka, Xander	Seton Hill	13.32m
34	Koomson, Joseph	Montclair St	13.14m
35	Staunton, Jason	Kutztown	12.96m
36	Tan, Toby	Columbia	12.78m
37	Patel, Krish	Rowan	12.77m
38	Auler, Josh	RIT	12.39m
39	Martin, Tyrell	Delaware Sta	12.34m

Finals ... (Event 39 Men Weight Throw)

	Name	School	Finals
40	Grannis, Steven	Farmingdale	12.30m
41	Hailu, Matthew	Montclair St	12.27m
42	Robinson, Tyler	St. Thomas A	12.26m
43	Winston, Mahkai	New Jersey C	12.12m
44	Powel, Michael	Muhlenberg	11.98m
45	Hayes-Messinger, Rami	Wesleyan	11.83m
46	Gaston, Tyler	CCNY	11.49m
47	Larocque, Nicholas	Cortland St.	11.32m
48	Smith, Dan	St. Thomas A	11.26m
49	Suso, Muhamed	CCNY	11.25m
50	Caudill, Josh	Rowan	11.16m
51	Giokaris, James	Wesleyan	11.12m
52	Lacroix, Sebastien	Goldey-Beaco	10.64m
53	Clark, Sirell	New Jersey C	6.75m
54	Mesa, Richard	Goldey-Beaco	6.03m
---	Johnson, Jordan	Rochester	FOUL
---	Jaworski, Zachary	St. Lawrence	FOUL
---	Seidou-Bakari, Ibrahim	St. Peter's	DNS

Event 40 Women Weight Throw

	Name	School	Finals
Finals			
1	Moore, Kyria	Adelphi	18.24m
2	Pelle, Amber	Delaware Sta	16.42m
3	Galvin, Emily	Rowan	16.25m
4	Shaw, Faith	LIU	15.94m
5	Hansley, Indya	Maryland-Eas	15.85m
6	Malone, Lailah	Columbia	15.79m
7	Hilt, Emily	Rutgers-Camd	15.58m
8	Luciani, Jade	Monmouth	15.21m
9	Reeder, Gillian	Rochester	14.98m
10	O'Mara, Grace	Lafayette	14.53m
11	Grogue, Dominique	Colgate	14.45m
12	Panton, Sade	LIU	14.28m
13	O'Leary, Erin	Lafayette	14.22m
14	Gilliam, Sarah	Seton Hill	14.21m
15	Brake, Zarria	St. Peter's	14.04m
16	Marini, Alexis	Rutgers-Camd	14.02m
17	Spencer, Megan	Cortland St.	13.98m
18	Pointer, Skylar	Staten Islan	13.63m
19	Daniszewski, Rebekah	Seton Hill	13.53m
20	Bey, Alexia	Rowan	13.49m
21	Rolon-Issa, Natalie	Monmouth	13.43m
22	Gordon, Kayla-Rae	Columbia	13.39m
23	Wish, Vanessa	Rochester	13.22m
24	Lynn, Kathryn	Adelphi	13.21m
25	Fezenko, Faith	Muhlenberg	13.06m
26	Heichberger, Marinna	RIT	13.01m
27	Thompson, Ava	Staten Islan	13.00m
28	Desmet, Elizabeth	Lafayette	12.91m
29	Baudille, Madison	Bloomsburg	12.86m
30	Braxton-Young, Korryn	Holy Family	12.82m
31	DiMarco, Emily	RIT	12.74m
32	Puryear, Jada	Columbia	12.62m

2023 FasTrack National Invitational - 2/10/2023**Ocean Breeze Athletic Complex****Results**

33	Borbi, Erica	Muhlenberg	12.29m
34	Parr, Sarah	Cortland St.	12.23m
35	Ndukwu, Jennifer	Cortland St.	11.97m
36	Eckert, Lacey	St. Lawrence	11.83m
37	Conners, Suzy	Cortland St.	11.68m
38	McMasters, Hannah	Cortland St.	11.37m
39	Krause, Alexis	St. Thomas A	11.28m
40	Kutz, Molly	Kutztown	10.76m
41	Hodge, Anita	New Haven	10.72m
42	Conner, Breyonna	Neumann	10.70m
43	Adesina, Comfort	Rowan	J10.70m
44	Fleischmann, Rosemary	St. Lawrence	10.67m
45	Mastroianni, Tara	Montclair St	10.37m
46	Thornton, Emilia	Wesleyan	10.21m
47	Zagar, Katherine	Adelphi	10.12m
48	Worrell, Shantel	New Jersey C	10.09m
49	Toussaint, Stephanie	CCNY	10.07m
50	Cornish, Alexia	Goldey-Beaco	9.57m
51	LoStracco, Meghan	Gwynedd-Merc	9.56m
52	Edwards, Claire	Wesleyan	9.23m
53	Siravo, Allison	Neumann	8.86m
54	Wilson, Sydney	Neumann	8.06m
55	White, Damia	Goldey-Beaco	5.70m
56	Bushnell, Megan	Fairleigh Di	5.34m
57	Schmidt, Hannah	Fairleigh Di	5.22m
58	Reasor, Jaden	Fairleigh Di	4.25m
59	Wittholz, Samantha	Fairleigh Di	3.46m
---	Ward, Samaria	Holy Family	FOUL
---	Finkelstein, Aryanna	Staten Islan	FOUL
---	Nolan, Katherine	Kutztown	FOUL
---	Karman, Madelyn	Farmingdale	FOUL
---	Baxter-Gregory, Cheyenne	Stony Brook	DNS
---	Keck, Elena	Georgian Cou	DNS

Event 41 Men 600 Meter Run

	Name	School	Finals
Finals			
1	Jones, Cj	UA Mission r	1:16.94
	24.129 (24.129)	49.626 (25.498)	1:16.940 (27.314)
2	Hitchcock, Luke	Unat-Monmout	1:21.61
	25.280 (25.280)	52.664 (27.385)	1:21.607 (28.944)